ŁEMKOWYNA TRAIL 70

Organizator: Fundacja Ultra
Data: 2026-10-17
Miejsce: Komańcza
Dystans: 70 km
Klasyfikacja wg czasów brutto.

ŁEMKOWYNA TRAIL 70, OPEN ALL

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
1	PYSZEL FLORIAN	1236	BROOKS TRAIL TEAM	GDAŃSK	POL	OPEN M	1	M 1	00:00:01	01:51:04		04:30:59	05:35:20.70	05:35:20.70	4:47	12.5
2	SZUMLIŃSKI PIOTR	1010	ATTIQ TEAM	BALICE	POL	OPEN M	2	M 2	00:00:01	02:03:49	03:45:52	05:11:13	06:29:39.70	06:29:39.70	5:33	10.8
3	KASZA MATEUSZ	1004	BIEGI W ROGOŹNIKU	GLIWICE	POL	OPEN M	3	M 3	00:00:01	02:04:24	03:47:32	05:14:42	06:30:30.75	06:30:30.75	5:34	10.8
4	TARNOWSKA ALEKSANDRA	1001		KATOWICE	POL	OPEN K	1	K 1	00:00:02	02:11:02	03:54:59	05:20:23	06:33:17.50	06:33:17.50	5:37	10.7
5	LECZOWICZ PATRYK	1115	PRZEDWOJEWSKI TEAM	WROCŁAW	POL	OPEN M	4	M 4	00:00:03	02:04:41	03:47:29	05:15:02	06:34:01.75	06:34:01.75	5:37	10.7
6	PTAK MATEUSZ	1159	TRAIL IS OUR WAY	NIENASZÓW	POL	OPEN M	5	M 5		02:04:41	03:47:52	05:17:48	06:35:12.00	06:35:12.00	5:38	10.6
7	KOCZWARA TOMASZ	1006		RADOMYŚL WIELKI	POL	OPEN M	6	M 6	00:00:01	01:54:10		05:10:35	06:52:46.80	06:52:46.80	5:53	10.2
8	GAWIN MAREK	1008	INFINITY-GYM	KRAKÓW	POL	OPEN M	7	M 7	00:00:01	02:07:25	03:53:50		06:53:50.95	06:53:50.95	5:54	10.1
9	ŚCIBOR ADRIAN	1199	LEPIEJBIEGAC.PL	PRZYSIETNICA	POL	OPEN M	8	M 8	00:00:02	02:25:49	04:18:07	05:51:39	07:10:36.10	07:10:36.10	6:09	9.8
10	RĄCZKA JANUSZ	1167		SKOMIELNA	POL	OPEN M	9	M 9	00:00:01	02:04:18	03:56:18	05:41:14	07:13:03.45	07:13:03.45	6:11	9.7
11	JANOWSKI ADRIAN	1064	JEBAĆ BIEDĘ	BĘCZARKA	POL	OPEN M	10	M 10	00:00:03	02:14:14	04:09:27	05:53:06	07:21:04.95	07:21:04.95	6:18	9.5
12	KRZAK RAFAŁ	1100		SIEMIANOWICE ŚLĄSKIE	POL	OPEN M	11	M 11	00:00:03	02:15:42	04:13:04	05:53:47	07:21:23.70	07:21:23.70	6:18	9.5
13	TOKARZ MICHAŁ	1206	GORLICKA GRUPA BIEGOWA	GORLICE	POL	OPEN M	12	M 12	00:00:01	02:22:24	04:21:10	06:01:59	07:26:28.50	07:26:28.50	6:22	9.4
14	WILCZYŃSKI PIOTR	1217		POBIEDZISKA	POL	OPEN M	13	M 13	00:00:03	02:17:10	04:19:16	06:06:14	07:31:02.75	07:31:02.75	6:26	9.3
15	BLUMENFELD JACEK	1020		ŁÓDŹ	POL	OPEN M	14	M 14	00:00:02	02:18:07	04:14:46	06:01:39	07:33:32.15	07:33:32.15	6:28	9.3
16	MALECKA-LEŃ PATRYCJA	1003	KLUB SPORTOWY ULTRA	KRASNE	POL	OPEN K	2	K 2	00:00:02	02:22:17	04:24:13	06:05:10	07:34:17.40	07:34:17.40	6:29	9.2
17	BĄK-PUCHAŁKA MICHALINA	1007		MIKOŁÓW	POL	OPEN K	3	K 3	00:00:02	02:27:00	04:32:01	06:19:49	07:42:59.65	07:42:59.65	6:36	9.1
18	GOŁĘBIEWSKA OLIWIA	1005		WARSZAWA	POL	OPEN K	4	K 4	00:00:02	02:22:08	04:29:25	06:19:35	07:43:06.05	07:43:06.05	6:36	9.1
19	KUNA KRZYSZTOF	1104	GÓRSKIE KUNY	KRYG	POL	OPEN M	15	M 15	00:00:01	02:23:22	04:28:44	06:18:00	07:44:11.15	07:44:11.15	6:37	9
20	RADEK WOJCIECH	1163	LETSRUN.PL / ŚPOT	NOWA DĘBA	POL	OPEN M	16	M 16	00:00:03	02:26:26	04:33:13	06:19:41	07:47:47.55	07:47:47.55	6:40	9
21	DUDEK GABRIEL	1040		KIELCE	POL	OPEN M	17	M 17	00:00:02	02:29:00	04:33:37	06:20:46	07:49:01.80	07:49:01.80	6:42	9
22	OKUPNIAK MARTYNA	1138	PROJEKT BREJDACZKI * ASICS FRONTRUNNER * AW SZYBCIEJ	LUBLIN	POL	OPEN K	5	K 5	00:00:05	02:39:34	04:45:45	06:25:17	07:50:05.80	07:50:05.80	6:42	8.9
23	GAŁĘCKI KAMIL	1049	MJK	OSTRZESZÓW	POL	OPEN M	18	M 18	00:00:05	02:23:09	04:30:47	06:26:12	08:00:41.25	08:00:41.25	6:52	8.7
24	URANT SZYMON	1211		GNIEZNO	POL	OPEN M	19	M 19	00:00:03	02:31:35	04:34:34	06:29:06	08:06:43.95	08:06:43.95	6:57	8.6
25	KURASZ PIOTR	1107	PODEST_TEAM	KRAKÓW	POL	OPEN M	20	M 20	00:00:04	02:26:15	04:37:49	06:31:18	08:08:34.30	08:08:34.30	6:58	8.6
26	KOCHANOWSKI MICHAŁ	1083	LASKOWE LUDKI	KRAKÓW	POL	OPEN M	21	M 21	00:00:02	02:26:45	04:33:23	06:28:39	08:08:51.15	08:08:51.15	6:59	8.6
27	DZIADOWIEC JOANNA	1041		TYCHY	POL	OPEN K	6	K 6	00:00:03	02:37:39	04:48:56	06:38:18	08:09:49.30	08:09:49.30	6:59	8.6
28	KOZIOŁ WERONIKA	1009		KRAKÓW	POL	OPEN K	7	K 7	00:00:04	02:35:34	04:41:20	06:34:26	08:12:34.60	08:12:34.60	7:02	8.5
29	ZALEWSKA ANNA	1229		SKRZESZEW	POL	OPEN K	8	K 8	00:00:03	02:34:35	04:43:15	06:34:30	08:12:34.75	08:12:34.75	7:02	8.5
30	KRAWCZYK ARTUR	1097		WROCŁAW	POL	OPEN M	22	M 22	00:00:07	02:24:30	04:35:09	06:36:42	08:19:17.85	08:19:17.85	7:07	8.4
31	JERMAKOWICZ BARTŁOMIEJ	1068	ABART TEAM	WARSZAWA	POL	OPEN M	23	M 23	00:00:03	02:23:09	04:41:13	06:48:51	08:30:55.50	08:30:55.50	7:17	8.2
32	SOCHA NORBERT	1187	KALLIPSO RUNNERS TEAM	MAKÓW	POL	OPEN M	24	M 24	00:00:04	02:22:17	04:38:48	06:41:51	08:35:49.05	08:35:49.05	7:22	8.1
33	KRETOWICZ PAWEŁ	1098	GORLICKA GRUPA BIEGOWA	GORLICE	POL	OPEN M	25	M 25	00:00:01	02:30:15	04:48:33	06:53:34	08:36:22.75	08:36:22.75	7:22	8.1
34	GŁOWACKI EMIL	1056	BENEFITSYSTEMSTEAM / BARTOSZGORCZYCATEAM	WARSZAWA	POL	OPEN M	26	M 26	00:00:02	02:34:35	04:41:07	06:42:04	08:39:11.50	08:39:11.50	7:25	8.1
35	OLSZEWSKI MICHAŁ	1139		TARNÓW	POL	OPEN M	27	M 27		02:49:56	05:03:51	07:07:13	08:42:32.55	08:42:32.55	7:27	8
36	JASEK ANNA	1067		DOBCZYCE	POL	OPEN K	9	K 9	00:00:04	02:43:51	04:59:40	06:56:33	08:42:47.25	08:42:47.25	7:28	8
37	MATUSIK ANETA	1128	GRYBOWSKA GRUPA BIEGOWA MOSIR	STRÓŻE	POL	OPEN K	10	K 10	00:00:07	02:51:41	05:06:18	07:07:32	08:45:02.00	08:45:02.00	7:30	8
38	TROKHYMENKO YAROSLAV	1210		LUBLIN	POL	OPEN M	28	M 28	00:00:16	02:45:19	04:58:18	07:00:23	08:45:36.80	08:45:36.80	7:30	8
39	SIERŻĘGA KEWIN	1174		GAĆ	POL	OPEN M	29	M 29	00:00:04	02:55:10	05:12:52	07:10:04	08:47:33.10	08:47:33.10	7:32	8
40	WOLIŃSKI RYSZARD	1224	NOWYSTYL RUNNING TEAM	JEDLICZE	POL	OPEN M	30	M 30	00:00:04	02:35:50	04:53:52	07:03:07	08:49:02.70	08:49:02.70	7:33	7.9
41	WIECZOREK AGATA	1216	BIEGOWE CZWARTKI	TARNOBRZEG	POL	OPEN K	11	K 11	00:00:02	02:38:02	04:56:34	07:09:06	08:52:24.45	08:52:24.45	7:36	7.9
42	KAZMIERCZAK MATEUSZ	1082	JAJUWOMAT	RYBIE	POL	OPEN M	31	M 31			04:43:15	06:57:36	08:52:29.00	08:52:29.00	7:36	7.9

ŁEMKOWYNA TRAIL 70, OPEN ALL c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
43	KURANT ELENA	1106	BARTOSZ GORCZYCA TEAM	KRAKÓW	POL	OPEN K	12	K 12	00:00:08	02:44:47	05:04:26	07:07:26	08:52:48.75	08:52:48.75	7:36	7.9
44	PUCHAŁA WITOLD	1160		WARSZAWA	POL	OPEN M	32	M 32	00:00:07	02:39:36	04:54:01	07:05:00	08:54:40.10	08:54:40.10	7:38	7.9
45	KULA MARCIN	1103		WROCLAW	POL	OPEN M	33	M 33	00:00:04	02:38:26	04:55:36	06:59:25	08:55:53.45	08:55:53.45	7:39	7.8
46	MALINOWSKA ANNA	1126		GDAŃSK	POL	OPEN K	13	K 13	00:00:11	02:44:55	05:14:33	07:15:12	08:58:19.30	08:58:19.30	7:41	7.8
47	DAUKSZO MACIEJ	1036	KAMIL LEŚNIAK RUNNING TEAM	WARSZAWA	POL	OPEN M	34	M 34	00:00:03	02:35:40	04:58:11	07:11:02	08:58:39.45	08:58:39.45	7:41	7.8
48	TOMALSKI MARCIN	1208		KRAKÓW	POL	OPEN M	35	M 35	00:00:05	02:43:26	05:07:54	07:17:03	08:59:22.30	08:59:22.30	7:42	7.8
49	ANTOLAK ADAM	1011		WARSZAWA	POL	OPEN M	36	M 36	00:00:18	02:44:59	05:00:11	07:10:58	08:59:22.50	08:59:22.50	7:42	7.8
50	DOŁŻYCKI PAWEŁ	1038		BORZĘCINKO	POL	OPEN M	37	M 37	00:00:04	02:39:32	05:08:31	07:15:50	09:00:15.25	09:00:15.25	7:43	7.8
51	LIPIŃSKI BARTOSZ	1118	LONG ISLAND ICED TEAM	MIŃSK MAZOWIECKI	POL	OPEN M	38	M 38	00:00:16	02:43:33	05:04:49	07:16:54	09:04:47.85	09:04:47.85	7:46	7.7
52	POLEK EWA	1155	BARTOSZ GORCZYCA TEAM	KRAKÓW	POL	OPEN K	14	K 14	00:00:08	02:48:29	05:08:56	07:14:22	09:06:54.05	09:06:54.05	7:48	7.7
53	STEMPLEWSKI ŁUKASZ	1192	TEAM BIEDRONKI/GCT	GNIEZNO	POL	OPEN M	39	M 39	00:00:18	02:42:43	05:04:12	07:17:38	09:11:21.00	09:11:21.00	7:52	7.6
54	WISNIEWSKI MACIEJ	1219		KAMIŃSKO	POL	OPEN M	40	M 40	00:00:11	02:39:10	05:04:48	07:16:50	09:12:22.05	09:12:22.05	7:53	7.6
55	BĄK KAROL	1016		DĘBICA	POL	OPEN M	41	M 41	00:00:16	02:47:23	05:08:03	07:32:12	09:12:48.85	09:12:48.85	7:53	7.6
56	FICEK PAWEŁ	1043	TOTUS TUUS - BIEGNĘ ZA WODZEM	PACZYNA	POL	OPEN M	42	M 42	00:00:07	02:37:11	05:04:16	07:28:50	09:13:08.90	09:13:08.90	7:54	7.6
57	LANGE ŁUKASZ	1112	TOP.THIMM	TYCHY	POL	OPEN M	43	M 43	00:00:21	03:00:12	05:21:07	07:35:15	09:13:18.00	09:13:18.00	7:54	7.6
58	SOBCZAK GRZEGORZ	1184		ŁOMIANKI	POL	OPEN M	44	M 44	00:00:10	02:50:50	05:17:50	07:28:52	09:13:30.20	09:13:30.20	7:54	7.6
59	RADOMSKI ARTUR	1164	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	OPEN M	45	M 45	00:00:14	02:50:53	05:16:07	07:20:37	09:13:36.60	09:13:36.60	7:54	7.6
60	WRÓBLEWSKI ADRIAN	1227	KS MASTERS KOLBUDY	BĄKOWO	POL	OPEN M	46	M 46	00:00:12	02:44:49	05:05:47	07:17:48	09:14:35.05	09:14:35.05	7:55	7.6
61	MILEWSKI MATEUSZ	1132	ASSECO ACTIVE TEAM	MIŃSK MAZOWIECKI	POL	OPEN M	47	M 47	00:00:15	02:48:22	05:09:44	07:28:15	09:15:23.95	09:15:23.95	7:56	7.6
62	LALEWICZ WERONIKA	1111		RADONIE	POL	OPEN K	15	K 15	00:00:18	02:55:08	05:15:11	07:23:30	09:15:58.05	09:15:58.05	7:56	7.6
63	KOWALSKA MAGDALENA	1093	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	OPEN K	16	K 16	00:00:18	02:53:54	05:19:44	07:27:54	09:17:45.15	09:17:45.15	7:58	7.5
64	ZWOLIŃSKI MARIUSZ	1232		WARSZAWA	POL	OPEN M	48	M 48	00:00:07	02:39:31	05:02:49	07:21:42	09:18:09.50	09:18:09.50	7:58	7.5
65	SŁOWIK MARIUSZ	1179	ROM TEAM	BORKOWICE	POL	OPEN M	49	M 49	00:00:05	02:38:34	05:01:44	07:04:50	09:18:26.20	09:18:26.20	7:58	7.5
66	BORYSŁAWSKI MICHAŁ	1024		SIERADZ	POL	OPEN M	50	M 50	00:00:15	02:53:38	05:21:08	07:29:37	09:19:08.95	09:19:08.95	7:59	7.5
67	SOCHA KRZYSZTOF	1188	RZESZOWSKIE GAZELE I GEPARDY	MALAWA	POL	OPEN M	51	M 51	00:00:07	02:41:59	05:19:25	07:34:48	09:23:39.35	09:23:39.35	8:03	7.5
68	BEDNARZ TOMEK	1018		CHRZANÓW	POL	OPEN M	52	M 52	00:00:10	02:39:32	05:04:59	07:29:33	09:26:11.40	09:26:11.40	8:05	7.4
69	BEDNARZ WOJCIECH	1017		ANDRYCHÓW	POL	OPEN M	53	M 53	00:00:10	02:39:32	05:05:06	07:30:00	09:26:24.95	09:26:24.95	8:05	7.4
70	STEFAŃCZYK MONIKA	1191		WAPIENNE	POL	OPEN K	17	K 17	00:00:12	02:58:05	05:27:40	07:39:08	09:26:55.55	09:26:55.55	8:05	7.4
71	FILIPEK WOJCIECH	1044	OPTIM TRAVEL ULTRA	RZESZOW	POL	OPEN M	54	M 54	00:00:14	02:51:29	05:12:00	07:30:01	09:28:08.05	09:28:08.05	8:06	7.4
72	CHMIEL MAŁGORZATA	1028		RZESZÓW	POL	OPEN K	18	K 18		02:50:46	05:13:53	07:35:11	09:29:11.05	09:29:11.05	8:07	7.4
73	JURKOWSKI PIOTR	1073	POLARIS RUNNING TEAM	OPOLE	POL	OPEN M	55	M 55		02:52:17	05:24:14	07:36:44	09:30:43.25	09:30:43.25	8:09	7.4
74	SZPUNAR DANIEL	1198	CARPATHIAN RUNNERS	RZESZÓW	POL	OPEN M	56	M 56	00:00:09	02:51:40	05:13:35	07:38:21	09:32:11.55	09:32:11.55	8:10	7.3
75	SUMARA PAWEŁ	1194		LUBLIN	POL	OPEN M	57	M 57		02:42:41	05:10:13	07:36:26	09:33:13.50	09:33:13.50	8:11	7.3
76	WOJCIECHOWSKI MACIEJ	1222		WARSZAWA	POL	OPEN M	58	M 58	00:00:08	02:48:21	05:14:36	07:34:05	09:33:50.90	09:33:50.90	8:11	7.3
77	BUŁAWKA ŁUKASZ	1027		KRAKÓW	POL	OPEN M	59	M 59	00:00:03	02:50:52	05:20:57	07:23:46	09:33:54.15	09:33:54.15	8:11	7.3
78	WALAK ADAM	1212		ŁÓDŹ	POL	OPEN M	60	M 60	00:00:12	03:07:49	05:41:29	07:44:52	09:36:03.30	09:36:03.30	8:13	7.3
79	DZIADUŁA DARIUSZ	1042	DRUM&RUN	LUSINA	POL	OPEN M	61	M 61	00:00:04	02:59:03	05:30:22	07:44:12	09:36:47.60	09:36:47.60	8:14	7.3
80	ORĘZIAK MACIEJ	1140		STALOWA WOLA	POL	OPEN M	62	M 62	00:00:03	02:51:17	05:25:38	07:47:14	09:37:10.25	09:37:10.25	8:14	7.3
81	KWIECIŃSKI KRYSTIAN	1109		JAWORZNO	POL	OPEN M	63	M 63	00:00:15	02:50:45	05:24:14	07:41:24	09:37:24.65	09:37:24.65	8:14	7.3
82	PSZENNY ŁUKASZ	1158	ULTRINO AMATEUR	LUBLIN	POL	OPEN M	64	M 64	00:00:21	02:51:34	05:23:48	07:42:02	09:38:29.15	09:38:29.15	8:15	7.3
83	JAREMA ANDRZEJ	1065		JASŁO	POL	OPEN M	65	M 65	00:00:03	02:39:26	05:09:17	07:31:21	09:41:34.65	09:41:34.65	8:18	7.2
84	ORŁOWSKI JAKUB	1237	BIEGANIE.PL	WROCLAW	POL	OPEN M	66	M 66		02:50:42	05:25:20	07:44:13	09:42:23.30	09:42:23.30	8:19	7.2
85	RZESZUTKO RAFAŁ	1171	UNIQA RUNNING TEAM	WARSZAWA	POL	OPEN M	67	M 67	00:00:05	02:47:13	05:24:05	07:43:50	09:42:43.90	09:42:43.90	8:19	7.2
86	FRYC MONIKA	1047		KRAKÓW	POL	OPEN K	19	K 19	00:00:08	02:57:19	05:36:07	07:57:03	09:44:39.90	09:44:39.90	8:21	7.2
87	SKWIROWSKI KAROL	1178	KS MASTERS KOLBUDY	CZAPIELSK	POL	OPEN M	68	M 68	00:00:12	02:54:10	05:23:45	07:56:30	09:45:12.20	09:45:12.20	8:21	7.2
88	PASTOR KAMIL	1143		WARSZAWA	POL	OPEN M	69	M 69	00:00:06	02:55:09	05:23:24	07:47:32	09:45:34.95	09:45:34.95	8:21	7.2
89	PIETRZYK JAROSŁAW	1150	JEST LEPIEJ RUN TEAM	CZĘSTOCHOWA	POL	OPEN M	70	M 70	00:00:11	02:42:41	05:15:45	07:48:39	09:45:53.65	09:45:53.65	8:22	7.2
90	KOWALKOW KRZYSZTOF	1092		CZĘSTOCHOWA	POL	OPEN M	70	M 70	00:00:10	02:42:42	05:15:01	07:47:52	09:45:53.65	09:45:53.65	8:22	7.2
91	MYŚLIŃSKI MARCIN	1136		WARSZAWA	POL	OPEN M	72	M 72	00:00:13	02:58:50	05:26:01	07:51:22	09:47:24.70	09:47:24.70	8:23	7.2
92	PIETRZAK BARTŁOMIEJ	1148		LUBLIN	POL	OPEN M	73	M 73	00:00:06	02:48:49	05:21:54	07:43:22	09:47:50.70	09:47:50.70	8:23	7.1
93	CYBULSKI FILIP	1033	BENEFIT SYSTEMS	WARSZAWA	POL	OPEN M	74	M 74	00:00:16	02:50:43	05:13:26	07:39:30	09:49:42.65	09:49:42.65	8:25	7.1
94	SKWIROWSKA ALICJA	1177		CZAPIELSK	POL	OPEN K	20	K 20	00:00:12	03:02:24	05:38:29	08:02:28	09:50:51.25	09:50:51.25	8:26	7.1
95	SMOLAK RAFAŁ	1180		DUKLA	POL	OPEN M	75	M 75	00:00:08	03:00:22	05:41:12	08:05:06	09:52:43.90	09:52:43.90	8:28	7.1

ŁEMKOWYNA TRAIL 70, OPEN ALL c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
96	KOCIÁN TOMÁŠ	1084		TROJANOVICE	CZE	OPEN M	76	M 76	00:00:20	02:56:05	05:30:59	07:58:21	09:53:09.30	09:53:09.30	8:28	7.1
97	PAPIEWSKA MARZENA	1142		RADOM	POL	OPEN K	21	K 21	00:00:14	02:53:01	05:30:52	07:54:15	09:54:18.70	09:54:18.70	8:29	7.1
98	FLORCZAK MACIEJ	1045	MTB 4 FUN MUMIAKI	GORZÓW WLKP.	POL	OPEN M	77	M 77	00:00:11	02:58:08	05:30:33	07:55:08	09:56:44.10	09:56:44.10	8:31	7
99	SZEWCZYK MONIKA	1197	KKM KALORYFER	KRAKÓW	POL	OPEN K	22	K 22	00:00:06	03:09:16	05:44:07	08:01:37	09:57:11.85	09:57:11.85	8:31	7
100	DORCZUK AGATA	1039		WARSZAWA	POL	OPEN K	23	K 23		03:00:05	05:36:41	07:58:40	09:57:17.30	09:57:17.30	8:31	7
101	WOJTCZAK MATEUSZ	1223		WARSZAWA	POL	OPEN M	78	M 78	00:00:05	02:48:28	05:21:07	07:58:50	09:58:49.60	09:58:49.60	8:33	7
102	GRZĘBSKA-BUJA MAŁGORZATA	1057	GOSIA.SIE.BUJA	WŁADYSŁAWOWO	POL	OPEN K	24	K 24	00:00:11	03:01:30	05:36:11	08:01:58	10:01:29.95	10:01:29.95	8:35	7
103	SIKORA GRZEGORZ	1175	KKM KALORYFER	KRAKÓW	POL	OPEN M	79	M 79	00:00:05	03:05:21	05:44:03	08:07:00	10:03:38.20	10:03:38.20	8:37	7
104	WÓJCIK BOGDAN	1226	WŁÓCZYKIJE	DĘBICA	POL	OPEN M	80	M 80	00:00:21	03:10:45	05:55:27	08:13:47	10:04:38.10	10:04:38.10	8:38	6.9
105	LEWANDOWSKI DAWID	1117		KRAKÓW	POL	OPEN M	81	M 81	00:00:20	03:00:59	05:39:13	08:12:15	10:05:10.50	10:05:10.50	8:38	6.9
106	CZABAN EWA	1034		KRAKÓW	POL	OPEN K	25	K 25	00:00:11	03:09:08	05:41:16	08:03:06	10:05:22.70	10:05:22.70	8:38	6.9
107	KUREK MARIUSZ	1108	MARATOŃCZYK DĘBICA	DĘBICA	POL	OPEN M	82	M 82	00:00:06	03:04:01	05:39:56	08:05:15	10:07:50.50	10:07:50.50	8:41	6.9
108	RYBKA SŁAWOMIR	1168	PĘDZĄCE ŚLIMAKI	DĘBICA	POL	OPEN M	83	M 83	00:00:06	03:03:41	05:39:54	08:05:16	10:07:50.55	10:07:50.55	8:41	6.9
109	ŁATKOWSKI ŁUKASZ	1121	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN M	84	M 84	00:00:14	03:09:23	05:47:21	08:08:36	10:08:56.85	10:08:56.85	8:41	6.9
110	PIETRZELA KACPER	1149	SZTYWNE GITY	WARSZAWA	POL	OPEN M	85	M 85	00:00:09	02:58:09	05:39:38	08:07:20	10:09:26.50	10:09:26.50	8:42	6.9
111	ŁĘGOWSKI TOMASZ	1122	SZTYWNE GITY	BIENIEWICE	POL	OPEN M	86	M 86	00:00:08	02:58:08	05:39:40	08:07:15	10:09:51.85	10:09:51.85	8:42	6.9
112	LASEK LESZEK	1113	KALIPSO RUNERS TEAM	MAŁĘCZYN	POL	OPEN M	87	M 87	00:00:05	02:52:53	05:32:36	07:59:59	10:11:32.15	10:11:32.15	8:44	6.9
113	WISIOREK MARIUSZ	1218	HAPPYLIFE FAMILY	CHEŁM ŚLĄSKI	POL	OPEN M	88	M 88	00:00:10	02:53:39	05:31:49	08:04:08	10:11:43.60	10:11:43.60	8:44	6.9
114	GURGACZ DOMINIK	1058		STOBIERNA	POL	OPEN M	89	M 89	00:00:10	03:02:27	05:43:31	08:13:05	10:13:56.35	10:13:56.35	8:46	6.8
115	MUŻYCZUK ERWIN	1135		RZĄŚNIK	POL	OPEN M	90	M 90	00:00:17	03:14:13	06:00:07	08:14:27	10:14:23.10	10:14:23.10	8:46	6.8
116	KOZIK PATRYK	1094	PĘDZĄCE ŚLIMAKI ULTRA TRAIL	DĘBICA	POL	OPEN M	91	M 91	00:00:06	03:22:11	06:08:47	08:20:53	10:14:52.05	10:14:52.05	8:47	6.8
117	KOSOWICZ KRZYSZTOF	1088		WARSZAWA	POL	OPEN M	92	M 92		02:45:39	05:24:26	07:55:34	10:14:59.90	10:14:59.90	8:47	6.8
118	JOZWIAK RAFAL	1070	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	OPEN M	93	M 93	00:00:23	02:59:08	05:48:35	08:15:29	10:16:05.30	10:16:05.30	8:48	6.8
119	RYCHLICKI WALDEMAR	1170		KOWALA	POL	OPEN M	94	M 94	00:00:12	03:01:32	05:53:58	08:21:04	10:16:13.40	10:16:13.40	8:48	6.8
120	SADKOWSKI PAWEŁ	1172	BIEGIEM RADOM	MAKÓW	POL	OPEN M	95	M 95	00:00:11	03:01:31	05:53:56	08:21:01	10:16:13.45	10:16:13.45	8:48	6.8
121	MURGRABIA KLAUDIA	1134		WARSZAWA	POL	OPEN K	26	K 26	00:00:15	03:01:32	05:53:58	08:13:47	10:16:34.35	10:16:34.35	8:48	6.8
122	SUBOCZ ŁUKASZ	1193		KOZIENICE	POL	OPEN M	96	M 96	00:00:15	03:07:56	05:52:07	08:15:21	10:18:09.60	10:18:09.60	8:49	6.8
123	WIĄCEK MARCIN	1215	JASIELSKIE STOWARZYSZENIE CYKLISTÓW	JASŁO	POL	OPEN M	97	M 97	00:00:18	03:02:09	05:43:55	08:12:40	10:18:51.50	10:18:51.50	8:50	6.8
124	BARTOSIEWICZ ADAM	1015		GRYFINO	POL	OPEN M	98	M 98	00:00:09	03:16:29	05:55:11	08:15:02	10:20:14.95	10:20:14.95	8:51	6.8
125	BREMER HELENA	1026		KONSTANCIN	POL	OPEN K	27	K 27	00:00:16	03:06:57	05:51:21	08:18:47	10:22:12.30	10:22:12.30	8:53	6.8
126	KUCHARSKI ŁUKASZ	1101		MODLNICZKA	POL	OPEN M	99	M 99	00:02:02	03:15:04	06:01:26	08:28:06	10:23:02.05	10:23:02.05	8:54	6.7
127	SKOMRA KRZYSZTOF	1176	BANDA LULUSIA	RADOM	POL	OPEN M	100	M 100	00:00:15	03:08:04	05:53:21	08:21:15	10:24:38.20	10:24:38.20	8:55	6.7
128	HOLIK IWONA	1059	GORLICKA GRUPA BIEGOWA	BIECZ	POL	OPEN K	28	K 28	00:00:09	03:10:04	05:55:02	08:22:33	10:24:56.10	10:24:56.10	8:55	6.7
129	HOLIK MACIEJ	1060	GORLICKA GRUPA BIEGOWA	BIECZ	POL	OPEN M	101	M 101		03:10:04	05:55:02	08:18:42	10:24:56.65	10:24:56.65	8:55	6.7
130	PŁUCIŚ MAŁGORZATA	1153	GRUPA BIEGOWA CHTMO	POLSKA	POL	OPEN K	29	K 29	00:00:12	03:10:47	05:57:02	08:25:34	10:25:15.80	10:25:15.80	8:55	6.7
131	ŁATKOWSKA MONIKA	1120	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN K	30	K 30	00:00:14	03:09:23	05:57:02	08:27:20	10:25:15.90	10:25:15.90	8:55	6.7
132	SZACHNOWSKA- ĆMOCH JOANNA	1196	PKO BP	BYDGOSZCZ	POL	OPEN K	31	K 31	00:00:09	03:00:03	05:39:44	08:07:20	10:27:44.95	10:27:44.95	8:58	6.7
133	KOSOWSKA-PAWLOWICZ PATRYCJA	1089		TYCHY	POL	OPEN K	32	K 32	00:00:20	03:06:13	05:55:12	08:25:56	10:27:58.05	10:27:58.05	8:58	6.7
134	KOCUREK ROBERT	1085		TYCHY	POL	OPEN M	102	M 102	00:00:20	03:06:13	05:55:49	08:26:12	10:27:58.85	10:27:58.85	8:58	6.7
135	TOMCZYK GRZEGORZ	1209	PALARNIA KAWY GREGORIO	STRZYŻÓW	POL	OPEN M	103	M 103	00:00:17	03:05:26	05:52:36	08:20:45	10:29:29.85	10:29:29.85	8:59	6.7
136	ŚLEMP TOMASZ	1201	JTCNW	KROSNO	POL	OPEN M	104	M 104	00:00:09	03:00:57	05:53:07	08:29:14	10:30:15.80	10:30:15.80	9:00	6.7
137	KARAŚ-GMITRZUK MARZENA	1075		LEGIONOWO	POL	OPEN K	33	K 33	00:00:13	03:12:19	05:56:50	08:33:38	10:32:57.25	10:32:57.25	9:02	6.6
138	ZYCH KLAUDIUSZ	1234	KBT	WARSAW	POL	OPEN M	105	M 105	00:00:16	03:00:03	05:39:58	08:13:58	10:36:12.15	10:36:12.15	9:05	6.6
139	PIEJAK TOMASZ	1146	(NIE)ZDROWA RYWALIZACJA	WARSZAWA	POL	OPEN M	106	M 106	00:00:16	03:24:20	06:45:28	09:45:20	10:38:40.90	10:38:40.90	9:07	6.6
140	JOP MARTA	1069	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	OPEN K	34	K 34	00:00:09	03:10:13	05:56:16	08:28:43	10:38:52.95	10:38:52.95	9:07	6.6
141	SMORAWINSKI MARCIN	1182		KONIN	POL	OPEN M	107	M 107	00:00:13	03:07:42	05:57:00	08:30:17	10:39:14.20	10:39:14.20	9:07	6.6
142	ŽAK ROBERT	1228	CZECH SKYRUNNING	MOHELNICE - UJEZD	CZE	OPEN M	108	M 108	00:00:19	03:11:25	05:54:55	08:19:34	10:40:37.05	10:40:37.05	9:09	6.6
143	SOBCZAK MAGDALENA	1185		ŁOMIANKI	POL	OPEN K	35	K 35	00:00:10	03:08:00	06:01:56	08:31:12	10:40:54.35	10:40:54.35	9:09	6.6
144	ŚWITALSKI ADAM	1203	CHSBD "W RUCHU"	KATOWICE	POL	OPEN M	109	M 109	00:00:12	03:08:59	05:56:17	08:33:25	10:41:00.30	10:41:00.30	9:09	6.6
145	ZEMANEK GABRIELA	1230		BIELSKO-BIAŁA	POL	OPEN K	36	K 36	00:00:19	03:22:12	06:08:39	08:34:15	10:41:07.45	10:41:07.45	9:09	6.6
146	PIOTROWSKI ŁUKASZ	1151		WIELICZKA	POL	OPEN M	110	M 110	00:00:24	02:54:16	05:35:36	08:14:48	10:42:12.15	10:42:12.15	9:10	6.5

ŁEMKOWYNA TRAIL 70, OPEN ALL c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
147	KRAJEWSKA EWELINA	1096	AW SZYBCIEJ TEAM	GOCZAŁKÓW	POL	OPEN K	37	K 37	00:00:02	03:11:22	05:59:43	08:31:06	10:46:20.40	10:46:20.40	9:14	6.5
148	ILCZUK PAWEŁ	1061	WATAHA	WARSZAWA	POL	OPEN M	111	M 111	00:00:07	02:55:09	05:40:25	08:27:35	10:46:53.15	10:46:53.15	9:14	6.5
149	TKACZYK JACEK	1205		WARSZAWA	POL	OPEN M	112	M 112	00:00:09	03:09:54	06:06:49	08:43:58	10:49:04.70	10:49:04.70	9:16	6.5
150	PYZIK TOMASZ	1162	DRUŻYNA MOJACUKRZYCA.PL	GLIWICE	POL	OPEN M	113	M 113	00:00:08	03:05:53	05:56:28	08:33:43	10:49:42.15	10:49:42.15	9:16	6.5
151	LALEWICZ WOJCIECH	1110	ASSECO ACTIVE TEAM	RADONIE	POL	OPEN M	114	M 114	00:00:18	03:09:21	06:05:38	08:44:10	10:50:48.35	10:50:48.35	9:17	6.5
152	PRONOBIS-PROŃSKI MICHAŁ	1157		WARSZAWA	POL	OPEN M	115	M 115	00:00:07	03:01:28	06:00:21	08:35:14	10:51:00.45	10:51:00.45	9:18	6.5
153	ŁUSZCZ WOJCIECH	1124	SBŻ	LEGIONOWO	POL	OPEN M	116	M 116	00:00:14	03:12:20	06:00:25	08:37:49	10:54:12.50	10:54:12.50	9:20	6.4
154	ŚCIUBEŁ MARCIN	1200		KIELCE	POL	OPEN M	117	M 117	00:00:10	03:08:48	06:02:24	08:40:24	10:58:27.40	10:58:27.40	9:24	6.4
155	MAZURKIEWICZ BARBARA	1129	OPOLSKA GRUPA BIEGOWA	OPOLE	POL	OPEN K	38	K 38	00:00:16	03:14:03	06:09:08	08:43:09	10:58:41.85	10:58:41.85	9:24	6.4
156	BABICKI STANISŁAW	1014		JÓZEFOSŁAW	POL	OPEN M	118	M 118	00:00:10	03:02:35	06:03:00	08:48:21	11:04:13.95	11:04:13.95	9:29	6.3
157	PIECUCH LESZEK	1145	AZS AKF KRAKÓW MASTERS	KRAKÓW	POL	OPEN M	119	M 119	00:00:07	03:08:23	06:00:20	08:44:05	11:04:43.30	11:04:43.30	9:29	6.3
158	TOKARZ ADRIAN	1207	DZIKIE MUSTANGI	PASZCZYNA	POL	OPEN M	120	M 120	00:00:17	03:05:18	05:51:37	08:33:03	11:05:19.20	11:05:19.20	9:30	6.3
159	KOZIOŁ KRZYSZTOF	1095	DZIKIE MUSTANGI	PASZCZYNA	POL	OPEN M	121	M 121	00:00:17	03:05:16	05:51:32	08:33:11	11:05:19.40	11:05:19.40	9:30	6.3
160	TARCZYŃSKI BARTŁOMIEJ	1204	#BIEGAMWOLNOALEDOKŁADNIE	KRAKÓW	POL	OPEN M	122	M 122	00:00:01	03:22:11	06:27:45	08:59:18	11:07:21.55	11:07:21.55	9:32	6.3
161	KAWA WIOLETTA	1079		ZALASOWA	POL	OPEN K	39	K 39	00:00:13	03:23:10	06:18:46	08:58:16	11:09:13.20	11:09:13.20	9:33	6.3
162	MUCHA ŁUKASZ	1133		PASZCZYNA	POL	OPEN M	123	M 123	00:00:17	03:05:20	06:00:34	08:38:40	11:09:34.05	11:09:34.05	9:33	6.3
163	FUDAŁA PIOTR	1048	GROSZEK I MARCHEWKA	BALIN	POL	OPEN M	124	M 124	00:00:14	03:18:12	06:10:37	08:37:36	11:12:33.60	11:12:33.60	9:36	6.2
164	JÓZWIAK MIKOŁAJ	1071	STG-WARSZAWA	WARSZAWA	POL	OPEN M	125	M 125	00:00:15	03:17:45	06:21:57	08:54:05	11:15:13.15	11:15:13.15	9:38	6.2
165	KARCZEWSKA-RĄCZKA JUSTYNA	1076	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	OPEN K	40	K 40	00:00:15	03:25:40	06:19:46	08:57:24	11:18:28.65	11:18:28.65	9:41	6.2
166	KRÓL MICHAŁ	1099		WARSZAWA	POL	OPEN M	126	M 126	00:00:12	03:22:14	06:25:18	09:02:16	11:18:49.90	11:18:49.90	9:41	6.2
167	KOWAL KAROL	1090		ZIELONA GÓRA	POL	OPEN M	127	M 127	00:00:09	02:45:38	05:23:09	08:09:39	11:20:02.15	11:20:02.15	9:42	6.2
168	GERLIK PAWEŁ	1050	DOGOŃ GRODZISK MAZOWIECKI	HUTA ŻABIOWOLSKA	POL	OPEN M	128	M 128	00:00:17	02:48:56	05:38:02	08:34:17	11:20:43.70	11:20:43.70	9:43	6.2
169	KALISZ-DZIK AGNIESZKA	1074	SKPB KATOWICE	SIEMIANOWICE ŚLĄSKIE	POL	OPEN K	41	K 41	00:00:12	03:19:07	06:16:53	09:01:02	11:23:11.95	11:23:11.95	9:45	6.1
170	WÓJCIK ADRIAN	1225	WŁÓCZYKIJ PROJEKTOWANIE PODRÓŻY	KIELANÓWKA	POL	OPEN M	129	M 129	00:00:21	03:29:07	06:33:50	09:15:09	11:25:14.95	11:25:14.95	9:47	6.1
171	PODSADNY MAREK	1154		KRAKÓW	POL	OPEN M	130	M 130	00:00:24	03:17:42	06:18:38	09:03:06	11:25:45.15	11:25:45.15	9:47	6.1
172	SANIAK PRZEMYSŁAW	1173		LUBLIN	POL	OPEN M	131	M 131	00:00:16	03:13:53	06:35:47	09:15:09	11:28:32.95	11:28:32.95	9:50	6.1
173	PYSZ ALEKSANDER	1161	SPIDERS GYM	DĘBICA	POL	OPEN M	132	M 132	00:00:06	03:08:03	06:15:04	09:03:26	11:28:47.05	11:28:47.05	9:50	6.1
174	ZIARNIAK ŁUKASZ	1231	L.FORCE SPEDYCJA TEAM	TYCHY	POL	OPEN M	133	M 133	00:00:22	03:23:48	06:23:24	09:03:55	11:29:40.70	11:29:40.70	9:51	6.1
175	WERLE MICHAŁ	1214		KONSTANCIN JEZIORNA	POL	OPEN M	134	M 134	00:00:22	03:08:21	06:09:26	09:08:45	11:35:46.45	11:35:46.45	9:56	6
176	WERCE NELLY	1239		KONSTANCIN JEZIORNA	POL	OPEN K	42	K 42			06:09:23	08:58:02	11:35:46.55	11:35:46.55	9:56	6
177	OSIECKI EDWIN	1141	KUŹNIA TRIATHLONU	KONSTANCIN JEZIORNA	POL	OPEN M	135	M 135	00:00:22	03:08:59	06:01:44	08:48:14	11:35:46.75	11:35:46.75	9:56	6
178	KUNIKOWSKA ALEKSANDRA	1105		WARSZAWA	POL	OPEN K	43	K 43	00:00:08	03:12:44	06:15:49	09:07:41	11:45:47.25	11:45:47.25	10:04	6
179	SOLAK JOANNA	1189		LUBLIN	POL	OPEN K	44	K 44	00:00:11	03:15:36	06:18:01	09:14:27	11:46:45.25	11:46:45.25	10:05	5.9
180	BABICKI GRZEGORZ	1013	UCZELNIA KORCZAKA	JÓZEFOSŁAW	POL	OPEN M	136	M 136	00:00:10	03:06:12	06:11:56	09:07:53	11:46:46.50	11:46:46.50	10:05	5.9
181	MIKUSEK PAWEŁ	1130		WARSZAWA	POL	OPEN M	137	M 137	00:00:13	03:24:17	06:31:52	09:22:25	11:52:31.45	11:52:31.45	10:10	5.9
182	ŚNIEG PAULINA	1202		ŁÓDŹ	POL	OPEN K	45	K 45	00:00:08	03:22:25	06:33:58	09:29:31	11:53:12.20	11:53:12.20	10:11	5.9
183	MILEWSKA DOMINIKA	1131		ŁÓDŹ	POL	OPEN K	46	K 46	00:00:08	03:24:34	06:35:18	09:30:19	11:53:12.40	11:53:12.40	10:11	5.9
184	ŻYWCZYŃSKA AGNIESZKA	1235		WARSZAWA	POL	OPEN K	47	K 47	00:00:07	03:23:08	06:26:19	09:26:09	11:53:40.75	11:53:40.75	10:11	5.9
185	GĘBSKI SŁAWOMIR	1051	KKM KALORYFER	KRAKOW	POL	OPEN M	138	M 138	00:00:05	03:24:54	06:30:27	09:21:30	11:56:27.75	11:56:27.75	10:14	5.9
186	NAUSIELECKI SEBASTIAN	1137	S3	SUŁKOWICE	POL	OPEN M	139	M 139	00:00:20	03:09:49	06:19:20	09:16:11	11:57:36.60	11:57:36.60	10:15	5.9
187	PÓŁCHŁOPEK JAGODA	1156		HACZÓW	GBR	OPEN K	48	K 48	00:00:21	03:09:49	06:19:19	09:16:07	11:57:36.85	11:57:36.85	10:15	5.9
188	WISZNIEWSKI ROMAN	1220		NAMYSŁÓW	POL	OPEN M	140	M 140	00:00:13	03:29:06	06:39:46	09:30:46	11:59:52.45	11:59:52.45	10:17	5.8
189	BODZIOCH ROBERT	1022	PARKRUN KĘDZIERZYN-KOŹLE	KĘDZIERZYN-KOŹLE	POL	OPEN M	141	M 141	00:00:18	03:14:23	06:35:23	09:30:48	12:01:10.15	12:01:10.15	10:18	5.8
190	JAGUSTYN SZYMON	1062	ŻOŁYŃSKA GRUPA BIEGOWA "ZOŚKA"	KRAKÓW	POL	OPEN M	142	M 142	00:00:08	03:08:55	06:15:46	09:23:28	12:01:47.00	12:01:47.00	10:18	5.8
191	DOBROWOLSKA GRAŻYNA	1037	MARATOŃCZYK DĘBICA	DĘBICA	POL	OPEN K	49	K 49	00:00:18	03:37:02	06:49:50	09:46:00	12:10:52.35	12:10:52.35	10:26	5.7
192	KUCIŃSKI TOMASZ	1102	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	OPEN M	143	M 143	00:00:16	03:18:25	06:33:51	09:23:36	12:16:25.35	12:16:25.35	10:31	5.7
193	GIBAS MICHAŁ	1052		GNIEZNO	POL	OPEN M	144	M 144	00:00:03	03:04:05	06:21:15	09:38:36	12:25:02.20	12:25:02.20	10:38	5.6
194	GIENIECZKO MARCIN	1053	NORTHOUSE	KETRZYN	POL	OPEN M	145	M 145	00:00:09	03:41:34	07:10:52	09:57:21	12:34:14.05	12:34:14.05	10:46	5.6
195	PIWOWARCZYK WERONIKA	1152	ROZBIEGANE DOBCZYCE	CZASŁAW	POL	OPEN K	50	K 50	00:00:05	03:42:38	06:50:56	10:01:00	12:44:18.90	12:44:18.90	10:55	5.5
196	FOREMNIAK SZADURA BEATA	1046	SISTERSDUO	WROCŁAW	POL	OPEN K	51	K 51	00:00:23	03:35:07	06:53:04		12:51:14.10	12:51:14.10	11:01	5.4

ŁEMKOWYNA TRAIL 70, OPEN ALL c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
197	DARSKI RAFAŁ	1238		WARSZAWA	POL	OPEN M	146	M 146	00:00:11	03:29:08	06:52:50	10:08:11	12:51:17.55	12:51:17.55	11:01	5.4
198	ŁUKASIEWICZ ALEKSANDRA	1123	ZABIEGANY SKARYSZEW	SKARYSZEW	POL	OPEN K	52	K 52	00:00:12	03:45:33	07:30:55	10:14:37	12:57:28.65	12:57:28.65	11:06	5.4
199	CHMURA-SKERCZYŃSKA NATALIA	1029	ULTRAWAY	WOŁOMIN	POL	OPEN K	52	K 52	00:00:11	03:45:30	07:05:21	10:14:48	12:57:28.65	12:57:28.65	11:06	5.4
200	KAWA BARBARA	1080	MARATOŃCZYK DĘBICA	ŻYRAKÓW	POL	OPEN K	54	K 54	00:00:18	03:59:25	07:37:38	10:39:22	13:14:31.40	13:14:31.40	11:21	5.3
	PIETRASZEK MARTA	1147		GIEBUŁTÓW	POL	OPEN K			00:00:19 DNF	03:23:11 DNF	06:39:45 DNF	09:51:59 DNF	DNF	DNF	-	-
	LATAŁA WOJCIECH	1114	LEŚNE GRUBASY	KRAKÓW	POL	OPEN M			00:00:15 DNF	03:58:25 DNF	07:36:41 DNF	10:45:45 DNF	DNF	DNF	-	-
	STAŃCZYK HUBERT	1190	AW - SZYBCIEJ - TEAM	SANOK	POL	OPEN M			DNF	02:16:52 DNF	04:12:46 DNF	DNF	DNF	DNF	-	-
	GIEZEK MARCIN	1055	ZALINIĄMATY	SUCHY LAS	POL	OPEN M			00:00:03 DNF	02:17:10 DNF	04:21:59 DNF	DNF	DNF	DNF	-	-
	SNARSKI WOJCIECH	1183	JAJUWOMAT	WARSZAWA	POL	OPEN M			00:00:17 DNF	02:36:38 DNF	05:44:30 DNF	DNF	DNF	DNF	-	-
	DARŁAK RAFAŁ	1035		GNOJNICA	POL	OPEN M			00:00:19 DNF	03:45:28 DNF	07:14:40 DNF	DNF	DNF	DNF	-	-
	SUSKI LUCJAN	1195	CZARNE DOMKI KREMPNA	WROCŁAW	POL	OPEN M			00:00:02 DNF	02:22:12 DNF	DNF	DNF	DNF	DNF	-	-
	SOBCZYK-SPYT AGATA	1186		ZABRZE	POL	OPEN K			00:00:13 DNF	03:18:10 DNF	DNF	DNF	DNF	DNF	-	-
	RAPANICZ-ROŚKIEWICZ KATARZYNA	1166		WOLA RADZISZOWSKA	POL	OPEN K			00:00:10 DNF	03:32:37 DNF	DNF	DNF	DNF	DNF	-	-
	BŁASZCZAK JAROSŁAW	1021	IMPERIAL BRANDS RUNNING TEAM	JANUSZOWICE	POL	OPEN M			00:02:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-

ŁEMKOWYNA TRAIL 70, Łemkowie K

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
1	SZACHNOWSKA- ĆMOCH JOANNA	1196	PKO BP	BYDGOSZCZ	POL	OPEN K	31	K 31	00:00:09	03:00:03	05:39:44	08:07:20	10:27:44.95	10:27:44.95	8:58	6.7
2	ŚNIEG PAULINA	1202		ŁÓDŹ	POL	OPEN K	45	K 45	00:00:08	03:22:25	06:33:58	09:29:31	11:53:12.20	11:53:12.20	10:11	5.9
3	PÓŁCHŁOPEK JAGODA	1156		HACZÓW	GBR	OPEN K	48	K 48	00:00:21	03:09:49	06:19:19	09:16:07	11:57:36.85	11:57:36.85	10:15	5.9

ŁEMKOWYNA TRAIL 70, Open K

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
1	TARNOWSKA ALEKSANDRA	1001		KATOWICE	POL	OPEN K	1	K 1	00:00:02	02:11:02	03:54:59	05:20:23	06:33:17.50	06:33:17.50	5:37	10.7
2	MALECKA-LEŃ PATRYCJA	1003	KLUB SPORTOWY ULTRA	KRASNE	POL	OPEN K	2	K 2	00:00:02	02:22:17	04:24:13	06:05:10	07:34:17.40	07:34:17.40	6:29	9.2
3	BĄK-PUCHAŁKA MICHALINA	1007		MIKOŁÓW	POL	OPEN K	3	K 3	00:00:02	02:27:00	04:32:01	06:19:49	07:42:59.65	07:42:59.65	6:36	9.1
4	GOŁĘBIEWSKA OLIWIA	1005		WARSZAWA	POL	OPEN K	4	K 4	00:00:02	02:22:08	04:29:25	06:19:35	07:43:06.05	07:43:06.05	6:36	9.1
5	OKUPNIAK MARTYNA	1138	PROJEKT BREJDACZKI * ASICS FRONTRUNNER * AW SZYBCIEJ	LUBLIN	POL	OPEN K	5	K 5	00:00:05	02:39:34	04:45:45	06:25:17	07:50:05.80	07:50:05.80	6:42	8.9
6	DZIADOWIEC JOANNA	1041		TYCHY	POL	OPEN K	6	K 6	00:00:03	02:37:39	04:48:56	06:38:18	08:09:49.30	08:09:49.30	6:59	8.6
7	KOZIOŁ WERONIKA	1009		KRAKÓW	POL	OPEN K	7	K 7	00:00:04	02:35:34	04:41:20	06:34:26	08:12:34.60	08:12:34.60	7:02	8.5
8	ZALEWSKA ANNA	1229		SKRZESZEW	POL	OPEN K	8	K 8	00:00:03	02:34:35	04:43:15	06:34:30	08:12:34.75	08:12:34.75	7:02	8.5
9	JASEK ANNA	1067		DOBCZYCE	POL	OPEN K	9	K 9	00:00:04	02:43:51	04:59:40	06:56:33	08:42:47.25	08:42:47.25	7:28	8
10	MATUSIK ANETA	1128	GRYBOWSKA GRUPA BIEGOWA MOSIR	STRÓŻE	POL	OPEN K	10	K 10	00:00:07	02:51:41	05:06:18	07:07:32	08:45:02.00	08:45:02.00	7:30	8
11	WIECZOREK AGATA	1216	BIEGOWE CZWARTKI	TARNOBRZEG	POL	OPEN K	11	K 11	00:00:02	02:38:02	04:56:34	07:09:06	08:52:24.45	08:52:24.45	7:36	7.9
12	KURANT ELENA	1106	BARTOSZ GORCZYCA TEAM	KRAKÓW	POL	OPEN K	12	K 12	00:00:08	02:44:47	05:04:26	07:07:26	08:52:48.75	08:52:48.75	7:36	7.9
13	MALINOWSKA ANNA	1126		GDAŃSK	POL	OPEN K	13	K 13	00:00:11	02:44:55	05:14:33	07:15:12	08:58:19.30	08:58:19.30	7:41	7.8
14	POLEK EWA	1155	BARTOSZ GORCZYCA TEAM	KRAKÓW	POL	OPEN K	14	K 14	00:00:08	02:48:29	05:08:56	07:14:22	09:06:54.05	09:06:54.05	7:48	7.7
15	LALEWICZ WERONIKA	1111		RADONIE	POL	OPEN K	15	K 15	00:00:18	02:55:08	05:15:11	07:23:30	09:15:58.05	09:15:58.05	7:56	7.6
16	KOWALSKA MAGDALENA	1093	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	OPEN K	16	K 16	00:00:18	02:53:54	05:19:44	07:27:54	09:17:45.15	09:17:45.15	7:58	7.5

ŁEMKOWYNA TRAIL 70, Open K c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
17	STEFAŃCZYK MONIKA	1191		WAPIENNE	POL	OPEN K	17	K 17	00:00:12	02:58:05	05:27:40	07:39:08	09:26:55.55	09:26:55.55	8:05	7.4
18	CHMIEL MAŁGORZATA	1028		RZESZÓW	POL	OPEN K	18	K 18		02:50:46	05:13:53	07:35:11	09:29:11.05	09:29:11.05	8:07	7.4
19	FRYC MONIKA	1047		KRAKÓW	POL	OPEN K	19	K 19	00:00:08	02:57:19	05:36:07	07:57:03	09:44:39.90	09:44:39.90	8:21	7.2
20	SKWIROWSKA ALICJA	1177		CZAPIELSK	POL	OPEN K	20	K 20	00:00:12	03:02:24	05:38:29	08:02:28	09:50:51.25	09:50:51.25	8:26	7.1
21	PAPIEWSKA MARZENA	1142		RADOM	POL	OPEN K	21	K 21	00:00:14	02:53:01	05:30:52	07:54:15	09:54:18.70	09:54:18.70	8:29	7.1
22	SZEWCZYK MONIKA	1197	KKM KALORYFER	KRAKÓW	POL	OPEN K	22	K 22	00:00:06	03:09:16	05:44:07	08:01:37	09:57:11.85	09:57:11.85	8:31	7
23	DORCZUK AGATA	1039		WARSZAWA	POL	OPEN K	23	K 23		03:00:05	05:36:41	07:58:40	09:57:17.30	09:57:17.30	8:31	7
24	GRZĘBSKA-BUJA MAŁGORZATA	1057	GOSIA.SIE.BUJA	WŁADYSŁAWOWO	POL	OPEN K	24	K 24	00:00:11	03:01:30	05:36:11	08:01:58	10:01:29.95	10:01:29.95	8:35	7
25	CZABAN EWA	1034		KRAKÓW	POL	OPEN K	25	K 25	00:00:11	03:09:08	05:41:16	08:03:06	10:05:22.70	10:05:22.70	8:38	6.9
26	MURGRABIA KLAUDIA	1134		WARSZAWA	POL	OPEN K	26	K 26	00:00:15	03:01:32	05:53:58	08:13:47	10:16:34.35	10:16:34.35	8:48	6.8
27	BREMER HELENA	1026		KONSTANCIN	POL	OPEN K	27	K 27	00:00:16	03:06:57	05:51:21	08:18:47	10:22:12.30	10:22:12.30	8:53	6.8
28	HOLIK IWONA	1059	GORLICKA GRUPA BIEGOWA	BIECZ	POL	OPEN K	28	K 28	00:00:09	03:10:04	05:55:02	08:22:33	10:24:56.10	10:24:56.10	8:55	6.7
29	PŁUCIŚ MAŁGORZATA	1153	GRUPA BIEGOWA CHTMO	POLSKA	POL	OPEN K	29	K 29	00:00:12	03:10:47	05:57:02	08:25:34	10:25:15.80	10:25:15.80	8:55	6.7
30	ŁATKOWSKA MONIKA	1120	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN K	30	K 30	00:00:14	03:09:23	05:57:02	08:27:20	10:25:15.90	10:25:15.90	8:55	6.7
31	SZACHNOWSKA- ĆMOCH JOANNA	1196	PKO BP	BYDGOSZCZ	POL	OPEN K	31	K 31	00:00:09	03:00:03	05:39:44	08:07:20	10:27:44.95	10:27:44.95	8:58	6.7
32	KOSOWSKA-PAWLOWICZ PATRYCJA	1089		TYCHY	POL	OPEN K	32	K 32	00:00:20	03:06:13	05:55:12	08:25:56	10:27:58.05	10:27:58.05	8:58	6.7
33	KARAŚ-GMITRZUK MARZENA	1075		LEGIONOWO	POL	OPEN K	33	K 33	00:00:13	03:12:19	05:56:50	08:33:38	10:32:57.25	10:32:57.25	9:02	6.6
34	JOP MARTA	1069	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	JAROSŁAW	POL	OPEN K	34	K 34	00:00:09	03:10:13	05:56:16	08:28:43	10:38:52.95	10:38:52.95	9:07	6.6
35	SOBCZAK MAGDALENA	1185		ŁOMIANKI	POL	OPEN K	35	K 35	00:00:10	03:08:00	06:01:56	08:31:12	10:40:54.35	10:40:54.35	9:09	6.6
36	ZEMANEK GABRIELA	1230		BIELSKO-BIAŁA	POL	OPEN K	36	K 36	00:00:19	03:22:12	06:08:39	08:34:15	10:41:07.45	10:41:07.45	9:09	6.6
37	KRAJEWSKA EWELINA	1096	AW SZYBCIEJ TEAM	GOCZAŁKÓW	POL	OPEN K	37	K 37	00:00:02	03:11:22	05:59:43	08:31:06	10:46:20.40	10:46:20.40	9:14	6.5
38	MAZURKIEWICZ BARBARA	1129	OPOLSKA GRUPA BIEGOWA	OPOLE	POL	OPEN K	38	K 38	00:00:16	03:14:03	06:09:08	08:43:09	10:58:41.85	10:58:41.85	9:24	6.4
39	KAWA WIOLETTA	1079		ZALASOWA	POL	OPEN K	39	K 39	00:00:13	03:23:10	06:18:46	08:58:16	11:09:13.20	11:09:13.20	9:33	6.3
40	KARCZEWSKA-RĄCZKA JUSTYNA	1076	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	OPEN K	40	K 40	00:00:15	03:25:40	06:19:46	08:57:24	11:18:28.65	11:18:28.65	9:41	6.2
41	KALISZ-DZIK AGNIESZKA	1074	SKPB KATOWICE	SIEMIANOWICE ŚLĄSKIE	POL	OPEN K	41	K 41	00:00:12	03:19:07	06:16:53	09:01:02	11:23:11.95	11:23:11.95	9:45	6.1
42	WERCE NELLY	1239		KONSTANCIN JEZIORNA	POL	OPEN K	42	K 42			06:09:23	08:58:02	11:35:46.55	11:35:46.55	9:56	6
43	KUNIKOWSKA ALEKSANDRA	1105		WARSZAWA	POL	OPEN K	43	K 43	00:00:08	03:12:44	06:15:49	09:07:41	11:45:47.25	11:45:47.25	10:04	6
44	SOLAK JOANNA	1189		LUBLIN	POL	OPEN K	44	K 44	00:00:11	03:15:36	06:18:01	09:14:27	11:46:45.25	11:46:45.25	10:05	5.9
45	ŚNIEG PAULINA	1202		ŁÓDŹ	POL	OPEN K	45	K 45	00:00:08	03:22:25	06:33:58	09:29:31	11:53:12.20	11:53:12.20	10:11	5.9
46	MILEWSKA DOMINIKA	1131		ŁÓDŹ	POL	OPEN K	46	K 46	00:00:08	03:24:34	06:35:18	09:30:19	11:53:12.40	11:53:12.40	10:11	5.9
47	ŻYWCZYŃSKA AGNIESZKA	1235		WARSZAWA	POL	OPEN K	47	K 47	00:00:07	03:23:08	06:26:19	09:26:09	11:53:40.75	11:53:40.75	10:11	5.9
48	PÓŁCHŁOPEK JAGODA	1156		HACZÓW	GBR	OPEN K	48	K 48	00:00:21	03:09:49	06:19:19	09:16:07	11:57:36.85	11:57:36.85	10:15	5.9
49	DOBROWOLSKA GRAŻYNA	1037	MARATOŃCZYK DĘBICA	DĘBICA	POL	OPEN K	49	K 49	00:00:18	03:37:02	06:49:50	09:46:00	12:10:52.35	12:10:52.35	10:26	5.7
50	PIWOWARCZYK WERONIKA	1152	ROZBIEGANE DOBCZYCE	CZASŁAW	POL	OPEN K	50	K 50	00:00:05	03:42:38	06:50:56	10:01:00	12:44:18.90	12:44:18.90	10:55	5.5
51	FOREMNIAK SZADURA BEATA	1046	SISTERSDUO	WROCŁAW	POL	OPEN K	51	K 51	00:00:23	03:35:07	06:53:04		12:51:14.10	12:51:14.10	11:01	5.4
52	CHMURA-SKERCZYŃSKA NATALIA	1029	ULTRAWAY	WOŁOMIN	POL	OPEN K	52	K 52	00:00:11	03:45:30	07:05:21	10:14:48	12:57:28.65	12:57:28.65	11:06	5.4
53	ŁUKASIEWICZ ALEKSANDRA	1123	ZABIEGANY SKARYSZEW	SKARYSZEW	POL	OPEN K	52	K 52	00:00:12	03:45:33	07:30:55	10:14:37	12:57:28.65	12:57:28.65	11:06	5.4
54	KAWA BARBARA	1080	MARATOŃCZYK DĘBICA	ŻYRAKÓW	POL	OPEN K	54	K 54	00:00:18	03:59:25	07:37:38	10:39:22	13:14:31.40	13:14:31.40	11:21	5.3
	PIETRASZEK MARTA	1147		GIEBUŁTÓW	POL	OPEN K			00:00:19 DNF	03:23:11 DNF	06:39:45 DNF	09:51:59 DNF	DNF	DNF	-	-
	SOBCZYK-SPYT AGATA	1186		ZABRZE	POL	OPEN K			00:00:13 DNF	03:18:10 DNF	DNF	DNF	DNF	DNF	-	-
	RAPANICZ-ROŚKIEWICZ KATARZYNA	1166		WOLA RADZISZOWSKA	POL	OPEN K			00:00:10 DNF	03:32:37 DNF	DNF	DNF	DNF	DNF	-	-

ŁEMKOWYNA TRAIL 70, Łemkowie M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
1	PTAK MATEUSZ	1159	TRAIL IS OUR WAY	NIENASZÓW	POL	OPEN M	5	M 5		02:04:41	03:47:52	05:17:48	06:35:12.00	06:35:12.00	5:38	10.6
2	LASEK LESZEK	1113	KALIPSO RUNERS TEAM	MAŁĘCZYN	POL	OPEN M	87	M 87	00:00:05	02:52:53	05:32:36	07:59:59	10:11:32.15	10:11:32.15	8:44	6.9
3	WERLE MICHAŁ	1214		KONSTANCIN JEZIORNA	POL	OPEN M	134	M 134	00:00:22	03:08:21	06:09:26	09:08:45	11:35:46.45	11:35:46.45	9:56	6

ŁEMKOWYNA TRAIL 70, Open M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
1	PYSZEL FLORIAN	1236	BROOKS TRAIL TEAM	GDAŃSK	POL	OPEN M	1	M 1	00:00:01	01:51:04		04:30:59	05:35:20.70	05:35:20.70	4:47	12.5
2	SZUMLIŃSKI PIOTR	1010	ATTIQ TEAM	BALICE	POL	OPEN M	2	M 2	00:00:01	02:03:49	03:45:52	05:11:13	06:29:39.70	06:29:39.70	5:33	10.8
3	KASZA MATEUSZ	1004	BIEGI W ROGOŹNIKU	GLIWICE	POL	OPEN M	3	M 3	00:00:01	02:04:24	03:47:32	05:14:42	06:30:30.75	06:30:30.75	5:34	10.8
4	LECZOWICZ PATRYK	1115	PRZEDWOJEWSKI TEAM	WROCŁAW	POL	OPEN M	4	M 4	00:00:03	02:04:41	03:47:29	05:15:02	06:34:01.75	06:34:01.75	5:37	10.7
5	PTAK MATEUSZ	1159	TRAIL IS OUR WAY	NIENASZÓW	POL	OPEN M	5	M 5		02:04:41	03:47:52	05:17:48	06:35:12.00	06:35:12.00	5:38	10.6
6	KOCZWARA TOMASZ	1006		RADOMYŚL WIELKI	POL	OPEN M	6	M 6	00:00:01	01:54:10		05:10:35	06:52:46.80	06:52:46.80	5:53	10.2
7	GAWIN MAREK	1008	INFINITY-GYM	KRAKÓW	POL	OPEN M	7	M 7	00:00:01	02:07:25	03:53:50		06:53:50.95	06:53:50.95	5:54	10.1
8	ŚCIBOR ADRIAN	1199	LEPIEJBIEGAC.PL	PRZYSIETNICA	POL	OPEN M	8	M 8	00:00:02	02:25:49	04:18:07	05:51:39	07:10:36.10	07:10:36.10	6:09	9.8
9	RĄCZKA JANUSZ	1167		SKOMIELNA	POL	OPEN M	9	M 9	00:00:01	02:04:18	03:56:18	05:41:14	07:13:03.45	07:13:03.45	6:11	9.7
10	JANOWSKI ADRIAN	1064	JEBAĆ BIEDĘ	BĘCZARKA	POL	OPEN M	10	M 10	00:00:03	02:14:14	04:09:27	05:53:06	07:21:04.95	07:21:04.95	6:18	9.5
11	KRZAK RAFAŁ	1100		SIEMIANOWICE ŚLĄSKIE	POL	OPEN M	11	M 11	00:00:03	02:15:42	04:13:04	05:53:47	07:21:23.70	07:21:23.70	6:18	9.5
12	TOKARZ MICHAŁ	1206	GORLICKA GRUPA BIEGOWA	GORLICE	POL	OPEN M	12	M 12	00:00:01	02:22:24	04:21:10	06:01:59	07:26:28.50	07:26:28.50	6:22	9.4
13	WILCZYŃSKI PIOTR	1217		POBIEDZISKA	POL	OPEN M	13	M 13	00:00:03	02:17:10	04:19:16	06:06:14	07:31:02.75	07:31:02.75	6:26	9.3
14	BLUMENFELD JACEK	1020		ŁÓDŹ	POL	OPEN M	14	M 14	00:00:02	02:18:07	04:14:46	06:01:39	07:33:32.15	07:33:32.15	6:28	9.3
15	KUNA KRZYSZTOF	1104	GÓRSKIE KUNY	KRYG	POL	OPEN M	15	M 15	00:00:01	02:23:22	04:28:44	06:18:00	07:44:11.15	07:44:11.15	6:37	9
16	RADEK WOJCIECH	1163	LETSRUN.PL / ŚPOT	NOWA DĘBA	POL	OPEN M	16	M 16	00:00:03	02:26:26	04:33:13	06:19:41	07:47:47.55	07:47:47.55	6:40	9
17	DUDEK GABRIEL	1040		KIELCE	POL	OPEN M	17	M 17	00:00:02	02:29:00	04:33:37	06:20:46	07:49:01.80	07:49:01.80	6:42	9
18	GAŁĘCKI KAMIL	1049	MJK	OSTRZESZÓW	POL	OPEN M	18	M 18	00:00:05	02:23:09	04:30:47	06:26:12	08:00:41.25	08:00:41.25	6:52	8.7
19	URANT SZYMON	1211		GNIEZNO	POL	OPEN M	19	M 19	00:00:03	02:31:35	04:34:34	06:29:06	08:06:43.95	08:06:43.95	6:57	8.6
20	KURASZ PIOTR	1107	PODEST_TEAM	KRAKÓW	POL	OPEN M	20	M 20	00:00:04	02:26:15	04:37:49	06:31:18	08:08:34.30	08:08:34.30	6:58	8.6
21	KOCHANOWSKI MICHAŁ	1083	LASKOWE LUDKI	KRAKÓW	POL	OPEN M	21	M 21	00:00:02	02:26:45	04:33:23	06:28:39	08:08:51.15	08:08:51.15	6:59	8.6
22	KRAWCZYK ARTUR	1097		WROCŁAW	POL	OPEN M	22	M 22	00:00:07	02:24:30	04:35:09	06:36:42	08:19:17.85	08:19:17.85	7:07	8.4
23	JERMAKOWICZ BARTŁOMIEJ	1068	ABART TEAM	WARSZAWA	POL	OPEN M	23	M 23	00:00:03	02:23:09	04:41:13	06:48:51	08:30:55.50	08:30:55.50	7:17	8.2
24	SOCHA NORBERT	1187	KALLIPSO RUNNERS TEAM	MAKÓW	POL	OPEN M	24	M 24	00:00:04	02:22:17	04:38:48	06:41:51	08:35:49.05	08:35:49.05	7:22	8.1
25	KRETOWICZ PAWEŁ	1098	GORLICKA GRUPA BIEGOWA	GORLICE	POL	OPEN M	25	M 25	00:00:01	02:30:15	04:48:33	06:53:34	08:36:22.75	08:36:22.75	7:22	8.1
26	GŁOWACKI EMIL	1056	BENEFITSYSTEMSTEAM / BARTOSZGORCZYCATEAM	WARSZAWA	POL	OPEN M	26	M 26	00:00:02	02:34:35	04:41:07	06:42:04	08:39:11.50	08:39:11.50	7:25	8.1
27	OLSZEWSKI MICHAŁ	1139		TARNÓW	POL	OPEN M	27	M 27		02:49:56	05:03:51	07:07:13	08:42:32.55	08:42:32.55	7:27	8
28	TROKHYMENKO YAROSLAV	1210		LUBLIN	POL	OPEN M	28	M 28	00:00:16	02:45:19	04:58:18	07:00:23	08:45:36.80	08:45:36.80	7:30	8
29	SIERŻĘGA KEWIN	1174		GAĆ	POL	OPEN M	29	M 29	00:00:04	02:55:10	05:12:52	07:10:04	08:47:33.10	08:47:33.10	7:32	8
30	WOLIŃSKI RYSZARD	1224	NOWYSTYL RUNNING TEAM	JEDLICZE	POL	OPEN M	30	M 30	00:00:04	02:35:50	04:53:52	07:03:07	08:49:02.70	08:49:02.70	7:33	7.9
31	KAZMIERCZAK MATEUSZ	1082	JAJUWOMAT	RYBIE	POL	OPEN M	31	M 31			04:43:15	06:57:36	08:52:29.00	08:52:29.00	7:36	7.9
32	PUCHAŁA WITOLD	1160		WARSZAWA	POL	OPEN M	32	M 32	00:00:07	02:39:36	04:54:01	07:05:00	08:54:40.10	08:54:40.10	7:38	7.9
33	KULA MARCIN	1103		WROCLAW	POL	OPEN M	33	M 33	00:00:04	02:38:26	04:55:36	06:59:25	08:55:53.45	08:55:53.45	7:39	7.8
34	DAUKSZO MACIEJ	1036	KAMIL LEŚNIAK RUNNING TEAM	WARSZAWA	POL	OPEN M	34	M 34	00:00:03	02:35:40	04:58:11	07:11:02	08:58:39.45	08:58:39.45	7:41	7.8
35	TOMALSKI MARCIN	1208		KRAKÓW	POL	OPEN M	35	M 35	00:00:05	02:43:26	05:07:54	07:17:03	08:59:22.30	08:59:22.30	7:42	7.8
36	ANTOLAK ADAM	1011		WARSZAWA	POL	OPEN M	36	M 36	00:00:18	02:44:59	05:00:11	07:10:58	08:59:22.50	08:59:22.50	7:42	7.8
37	DOŁŻYCKI PAWEŁ	1038		BORZĘCINKO	POL	OPEN M	37	M 37	00:00:04	02:39:32	05:08:31	07:15:50	09:00:15.25	09:00:15.25	7:43	7.8
38	LIPIŃSKI BARTOSZ	1118	LONG ISLAND ICED TEAM	MIŃSK MAZOWIECKI	POL	OPEN M	38	M 38	00:00:16	02:43:33	05:04:49	07:16:54	09:04:47.85	09:04:47.85	7:46	7.7
39	STEMPLEWSKI ŁUKASZ	1192	TEAM BIEDRONKI/GCT	GNIEZNO	POL	OPEN M	39	M 39	00:00:18	02:42:43	05:04:12	07:17:38	09:11:21.00	09:11:21.00	7:52	7.6
40	WISNIEWSKI MACIEJ	1219		KAMIŃSKO	POL	OPEN M	40	M 40	00:00:11	02:39:10	05:04:48	07:16:50	09:12:22.05	09:12:22.05	7:53	7.6
41	BĄK KAROL	1016		DĘBICA	POL	OPEN M	41	M 41	00:00:16	02:47:23	05:08:03	07:32:12	09:12:48.85	09:12:48.85	7:53	7.6
42	FICEK PAWEŁ	1043	TOTUS TUUS - BIEGNĘ ZA WODZEM	PACZYNA	POL	OPEN M	42	M 42	00:00:07	02:37:11	05:04:16	07:28:50	09:13:08.90	09:13:08.90	7:54	7.6
43	LANGE ŁUKASZ	1112	TOP.THIMM	TYCHY	POL	OPEN M	43	M 43	00:00:21	03:00:12	05:21:07	07:35:15	09:13:18.00	09:13:18.00	7:54	7.6
44	SOBCZAK GRZEGORZ	1184		ŁOMIANKI	POL	OPEN M	44	M 44	00:00:10	02:50:50	05:17:50	07:28:52	09:13:30.20	09:13:30.20	7:54	7.6
45	RADOMSKI ARTUR	1164	GRUPA BIEGOWA CHTMO	JABŁONNA	POL	OPEN M	45	M 45	00:00:14	02:50:53	05:16:07	07:20:37	09:13:36.60	09:13:36.60	7:54	7.6
46	WRÓBLEWSKI ADRIAN	1227	KS MASTERS KOLBUDY	BĄKOWO	POL	OPEN M	46	M 46	00:00:12	02:44:49	05:05:47	07:17:48	09:14:35.05	09:14:35.05	7:55	7.6
47	MILEWSKI MATEUSZ	1132	ASSECO ACTIVE TEAM	MIŃSK MAZOWIECKI	POL	OPEN M	47	M 47	00:00:15	02:48:22	05:09:44	07:28:15	09:15:23.95	09:15:23.95	7:56	7.6
48	ZWOLIŃSKI MARIUSZ	1232		WARSZAWA	POL	OPEN M	48	M 48	00:00:07	02:39:31	05:02:49	07:21:42	09:18:09.50	09:18:09.50	7:58	7.5
49	SŁOWIK MARIUSZ	1179	ROM TEAM	BORKOWICE	POL	OPEN M	49	M 49	00:00:05	02:38:34	05:01:44	07:04:50	09:18:26.20	09:18:26.20	7:58	7.5
50	BORYSŁAWSKI MICHAŁ	1024		SIERADZ	POL	OPEN M	50	M 50	00:00:15	02:53:38	05:21:08	07:29:37	09:19:08.95	09:19:08.95	7:59	7.5
51	SOCHA KRZYSZTOF	1188	RZESZOWSKIE GAZELE I GEPARDY	MALAWA	POL	OPEN M	51	M 51	00:00:07	02:41:59	05:19:25	07:34:48	09:23:39.35	09:23:39.35	8:03	7.5
52	BEDNARZ TOMEK	1018		CHRZANÓW	POL	OPEN M	52	M 52	00:00:10	02:39:32	05:04:59	07:29:33	09:26:11.40	09:26:11.40	8:05	7.4
53	BEDNARZ WOJCIECH	1017		ANDRYCHÓW	POL	OPEN M	53	M 53	00:00:10	02:39:32	05:05:06	07:30:00	09:26:24.95	09:26:24.95	8:05	7.4

ŁEMKOWYNA TRAIL 70, Open M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
54	FILIPEK WOJCIECH	1044	OPTIM TRAVEL ULTRA	RZESZOW	POL	OPEN M	54	M 54	00:00:14	02:51:29	05:12:00	07:30:01	09:28:08.05	09:28:08.05	8:06	7.4
55	JURKOWSKI PIOTR	1073	POLARIS RUNNING TEAM	OPOLE	POL	OPEN M	55	M 55		02:52:17	05:24:14	07:36:44	09:30:43.25	09:30:43.25	8:09	7.4
56	SZPUNAR DANIEL	1198	CARPATHIAN RUNNERS	RZESZÓW	POL	OPEN M	56	M 56	00:00:09	02:51:40	05:13:35	07:38:21	09:32:11.55	09:32:11.55	8:10	7.3
57	SUMARA PAWEŁ	1194		LUBLIN	POL	OPEN M	57	M 57		02:42:41	05:10:13	07:36:26	09:33:13.50	09:33:13.50	8:11	7.3
58	WOJCIECHOWSKI MACIEJ	1222		WARSZAWA	POL	OPEN M	58	M 58	00:00:08	02:48:21	05:14:36	07:34:05	09:33:50.90	09:33:50.90	8:11	7.3
59	BUŁAWKA ŁUKASZ	1027		KRAKÓW	POL	OPEN M	59	M 59	00:00:03	02:50:52	05:20:57	07:23:46	09:33:54.15	09:33:54.15	8:11	7.3
60	WALAK ADAM	1212		ŁÓDŹ	POL	OPEN M	60	M 60	00:00:12	03:07:49	05:41:29	07:44:52	09:36:03.30	09:36:03.30	8:13	7.3
61	DZIADUŁA DARIUSZ	1042	DRUM&RUN	LUSINA	POL	OPEN M	61	M 61	00:00:04	02:59:03	05:30:22	07:44:12	09:36:47.60	09:36:47.60	8:14	7.3
62	ORĘZIAK MACIEJ	1140		STALOWA WOLA	POL	OPEN M	62	M 62	00:00:03	02:51:17	05:25:38	07:47:14	09:37:10.25	09:37:10.25	8:14	7.3
63	KWIECIŃSKI KRYSTIAN	1109		JAWORZNO	POL	OPEN M	63	M 63	00:00:15	02:50:45	05:24:14	07:41:24	09:37:24.65	09:37:24.65	8:14	7.3
64	PSZENNY ŁUKASZ	1158	ULTRINO AMATEUR	LUBLIN	POL	OPEN M	64	M 64	00:00:21	02:51:34	05:23:48	07:42:02	09:38:29.15	09:38:29.15	8:15	7.3
65	JAREMA ANDRZEJ	1065		JASŁO	POL	OPEN M	65	M 65	00:00:03	02:39:26	05:09:17	07:31:21	09:41:34.65	09:41:34.65	8:18	7.2
66	ORŁOWSKI JAKUB	1237	BIEGANIE.PL	WROCLAW	POL	OPEN M	66	M 66		02:50:42	05:25:20	07:44:13	09:42:23.30	09:42:23.30	8:19	7.2
67	RZESZUTKO RAFAŁ	1171	UNIQA RUNNING TEAM	WARSZAWA	POL	OPEN M	67	M 67	00:00:05	02:47:13	05:24:05	07:43:50	09:42:43.90	09:42:43.90	8:19	7.2
68	SKWIROWSKI KAROL	1178	KS MASTERS KOLBUDY	CZAPIELSK	POL	OPEN M	68	M 68	00:00:12	02:54:10	05:23:45	07:56:30	09:45:12.20	09:45:12.20	8:21	7.2
69	PASTOR KAMIL	1143		WARSZAWA	POL	OPEN M	69	M 69	00:00:06	02:55:09	05:23:24	07:47:32	09:45:34.95	09:45:34.95	8:21	7.2
70	PIETRZYK JAROSŁAW	1150	JEST LEPIEJ RUN TEAM	CZĘSTOCHOWA	POL	OPEN M	70	M 70	00:00:11	02:42:41	05:15:45	07:48:39	09:45:53.65	09:45:53.65	8:22	7.2
71	KOWALKOW KRZYSZTOF	1092		CZĘSTOCHOWA	POL	OPEN M	70	M 70	00:00:10	02:42:42	05:15:01	07:47:52	09:45:53.65	09:45:53.65	8:22	7.2
72	MYŚLIŃSKI MARCIN	1136		WARSZAWA	POL	OPEN M	72	M 72	00:00:13	02:58:50	05:26:01	07:51:22	09:47:24.70	09:47:24.70	8:23	7.2
73	PIETRZAK BARTŁOMIEJ	1148		LUBLIN	POL	OPEN M	73	M 73	00:00:06	02:48:49	05:21:54	07:43:22	09:47:50.70	09:47:50.70	8:23	7.1
74	CYBULSKI FILIP	1033	BENEFIT SYSTEMS	WARSZAWA	POL	OPEN M	74	M 74	00:00:16	02:50:43	05:13:26	07:39:30	09:49:42.65	09:49:42.65	8:25	7.1
75	SMOLAK RAFAŁ	1180		DUKLA	POL	OPEN M	75	M 75	00:00:08	03:00:22	05:41:12	08:05:06	09:52:43.90	09:52:43.90	8:28	7.1
76	KOCIÁN TOMÁŠ	1084		TROJANOVICE	CZE	OPEN M	76	M 76	00:00:20	02:56:05	05:30:59	07:58:21	09:53:09.30	09:53:09.30	8:28	7.1
77	FLORCZAK MACIEJ	1045	MTB 4 FUN MUMIAKI	GORZÓW WLKP.	POL	OPEN M	77	M 77	00:00:11	02:58:08	05:30:33	07:55:08	09:56:44.10	09:56:44.10	8:31	7
78	WOJTCZAK MATEUSZ	1223		WARSZAWA	POL	OPEN M	78	M 78	00:00:05	02:48:28	05:21:07	07:58:50	09:58:49.60	09:58:49.60	8:33	7
79	SIKORA GRZEGORZ	1175	KKM KALORYFER	KRAKÓW	POL	OPEN M	79	M 79	00:00:05	03:05:21	05:44:03	08:07:00	10:03:38.20	10:03:38.20	8:37	7
80	WÓJCIK BOGDAN	1226	WŁÓCZYKIJE	DĘBICA	POL	OPEN M	80	M 80	00:00:21	03:10:45	05:55:27	08:13:47	10:04:38.10	10:04:38.10	8:38	6.9
81	LEWANDOWSKI DAWID	1117		KRAKÓW	POL	OPEN M	81	M 81	00:00:20	03:00:59	05:39:13	08:12:15	10:05:10.50	10:05:10.50	8:38	6.9
82	KUREK MARIUSZ	1108	MARATOŃCZYK DĘBICA	DĘBICA	POL	OPEN M	82	M 82	00:00:06	03:04:01	05:39:56	08:05:15	10:07:50.50	10:07:50.50	8:41	6.9
83	RYBKA SŁAWOMIR	1168	PĘDZĄCE ŚLIMAKI	DĘBICA	POL	OPEN M	83	M 83	00:00:06	03:03:41	05:39:54	08:05:16	10:07:50.55	10:07:50.55	8:41	6.9
84	ŁATKOWSKI ŁUKASZ	1121	GRUPA BIEGOWA CHTMO	CHOTOMÓW	POL	OPEN M	84	M 84	00:00:14	03:09:23	05:47:21	08:08:36	10:08:56.85	10:08:56.85	8:41	6.9
85	PIETRZELA KACPER	1149	SZTYWNE GITY	WARSZAWA	POL	OPEN M	85	M 85	00:00:09	02:58:09	05:39:38	08:07:20	10:09:26.50	10:09:26.50	8:42	6.9
86	ŁĘGOWSKI TOMASZ	1122	SZTYWNE GITY	BIENIEWICE	POL	OPEN M	86	M 86	00:00:08	02:58:08	05:39:40	08:07:15	10:09:51.85	10:09:51.85	8:42	6.9
87	LASEK LESZEK	1113	KALIPSO RUNERS TEAM	MAŁĘCZYN	POL	OPEN M	87	M 87	00:00:05	02:52:53	05:32:36	07:59:59	10:11:32.15	10:11:32.15	8:44	6.9
88	WISIOREK MARIUSZ	1218	HAPPYLIFE FAMILY	CHEŁM ŚLĄSKI	POL	OPEN M	88	M 88	00:00:10	02:53:39	05:31:49	08:04:08	10:11:43.60	10:11:43.60	8:44	6.9
89	GURGACZ DOMINIK	1058		STOBIERNA	POL	OPEN M	89	M 89	00:00:10	03:02:27	05:43:31	08:13:05	10:13:56.35	10:13:56.35	8:46	6.8
90	MUŻYCZUK ERWIN	1135		RZĄŚNIK	POL	OPEN M	90	M 90	00:00:17	03:14:13	06:00:07	08:14:27	10:14:23.10	10:14:23.10	8:46	6.8
91	KOZIK PATRYK	1094	PĘDZĄCE ŚLIMAKI ULTRA TRAIL	DĘBICA	POL	OPEN M	91	M 91	00:00:06	03:22:11	06:08:47	08:20:53	10:14:52.05	10:14:52.05	8:47	6.8
92	KOSOWICZ KRZYSZTOF	1088		WARSZAWA	POL	OPEN M	92	M 92		02:45:39	05:24:26	07:55:34	10:14:59.90	10:14:59.90	8:47	6.8
93	JOZWIAK RAFAL	1070	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	OPEN M	93	M 93	00:00:23	02:59:08	05:48:35	08:15:29	10:16:05.30	10:16:05.30	8:48	6.8
94	RYCHLICKI WALDEMAR	1170		KOWALA	POL	OPEN M	94	M 94	00:00:12	03:01:32	05:53:58	08:21:04	10:16:13.40	10:16:13.40	8:48	6.8
95	SADKOWSKI PAWEŁ	1172	BIEGIEM RADOM	MAKÓW	POL	OPEN M	95	M 95	00:00:11	03:01:31	05:53:56	08:21:01	10:16:13.45	10:16:13.45	8:48	6.8
96	SUBOCZ ŁUKASZ	1193		KOZIENICE	POL	OPEN M	96	M 96	00:00:15	03:07:56	05:52:07	08:15:21	10:18:09.60	10:18:09.60	8:49	6.8
97	WIĄCEK MARCIN	1215	JASIELSKIE STOWARZYSZENIE CYKLISTÓW	JASŁO	POL	OPEN M	97	M 97	00:00:18	03:02:09	05:43:55	08:12:40	10:18:51.50	10:18:51.50	8:50	6.8
98	BARTOSIEWICZ ADAM	1015		GRYFINO	POL	OPEN M	98	M 98	00:00:09	03:16:29	05:55:11	08:15:02	10:20:14.95	10:20:14.95	8:51	6.8
99	KUCHARSKI ŁUKASZ	1101		MODLNICZKA	POL	OPEN M	99	M 99	00:02:02	03:15:04	06:01:26	08:28:06	10:23:02.05	10:23:02.05	8:54	6.7
100	SKOMRA KRZYSZTOF	1176	BANDA LULUSIA	RADOM	POL	OPEN M	100	M 100	00:00:15	03:08:04	05:53:21	08:21:15	10:24:38.20	10:24:38.20	8:55	6.7
101	HOLIK MACIEJ	1060	GORLICKA GRUPA BIEGOWA	BIECZ	POL	OPEN M	101	M 101		03:10:04	05:55:02	08:18:42	10:24:56.65	10:24:56.65	8:55	6.7
102	KOCUREK ROBERT	1085		TYCHY	POL	OPEN M	102	M 102	00:00:20	03:06:13	05:55:49	08:26:12	10:27:58.85	10:27:58.85	8:58	6.7
103	TOMCZYK GRZEGORZ	1209	PALARNIA KAWY GREGORIO	STRZYŻÓW	POL	OPEN M	103	M 103	00:00:17	03:05:26	05:52:36	08:20:45	10:29:29.85	10:29:29.85	8:59	6.7
104	ŚLEMP TOMASZ	1201	JTCNW	KROSNO	POL	OPEN M	104	M 104	00:00:09	03:00:57	05:53:07	08:29:14	10:30:15.80	10:30:15.80	9:00	6.7
105	ZYCH KLAUDIUSZ	1234	KBT	WARSAW	POL	OPEN M	105	M 105	00:00:16	03:00:03	05:39:58	08:13:58	10:36:12.15	10:36:12.15	9:05	6.6
106	PIEJAK TOMASZ	1146	(NIE)ZDROWA RYWALIZACJA	WARSZAWA	POL	OPEN M	106	M 106	00:00:16	03:24:20	06:45:28	09:45:20	10:38:40.90	10:38:40.90	9:07	6.6

ŁEMKOWYNA TRAIL 70, Open M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
107	SMORAWINSKI MARCIN	1182		KONIN	POL	OPEN M	107	M 107	00:00:13	03:07:42	05:57:00	08:30:17	10:39:14.20	10:39:14.20	9:07	6.6
108	ŽAK ROBERT	1228	CZECH SKYRUNNING	MOHELNICE - UJEZD	CZE	OPEN M	108	M 108	00:00:19	03:11:25	05:54:55	08:19:34	10:40:37.05	10:40:37.05	9:09	6.6
109	ŚWITALSKI ADAM	1203	CHSBD "W RUCHU"	KATOWICE	POL	OPEN M	109	M 109	00:00:12	03:08:59	05:56:17	08:33:25	10:41:00.30	10:41:00.30	9:09	6.6
110	PIOTROWSKI ŁUKASZ	1151		WIELICZKA	POL	OPEN M	110	M 110	00:00:24	02:54:16	05:35:36	08:14:48	10:42:12.15	10:42:12.15	9:10	6.5
111	ILCZUK PAWEŁ	1061	WATAHA	WARSZAWA	POL	OPEN M	111	M 111	00:00:07	02:55:09	05:40:25	08:27:35	10:46:53.15	10:46:53.15	9:14	6.5
112	TKACZYK JACEK	1205		WARSZAWA	POL	OPEN M	112	M 112	00:00:09	03:09:54	06:06:49	08:43:58	10:49:04.70	10:49:04.70	9:16	6.5
113	PYZIK TOMASZ	1162	DRUŻYNA MOJACUKRZYCA.PL	GLIWICE	POL	OPEN M	113	M 113	00:00:08	03:05:53	05:56:28	08:33:43	10:49:42.15	10:49:42.15	9:16	6.5
114	LALEWICZ WOJCIECH	1110	ASSECO ACTIVE TEAM	RADONIE	POL	OPEN M	114	M 114	00:00:18	03:09:21	06:05:38	08:44:10	10:50:48.35	10:50:48.35	9:17	6.5
115	PRONOBIS-PROŃSKI MICHAŁ	1157		WARSZAWA	POL	OPEN M	115	M 115	00:00:07	03:01:28	06:00:21	08:35:14	10:51:00.45	10:51:00.45	9:18	6.5
116	ŁUSZCZ WOJCIECH	1124	SBŻ	LEGIONOWO	POL	OPEN M	116	M 116	00:00:14	03:12:20	06:00:25	08:37:49	10:54:12.50	10:54:12.50	9:20	6.4
117	ŚCIUBEŁ MARCIN	1200		KIELCE	POL	OPEN M	117	M 117	00:00:10	03:08:48	06:02:24	08:40:24	10:58:27.40	10:58:27.40	9:24	6.4
118	BABICKI STANISŁAW	1014		JÓZEFOSŁAW	POL	OPEN M	118	M 118	00:00:10	03:02:35	06:03:00	08:48:21	11:04:13.95	11:04:13.95	9:29	6.3
119	PIECUCH LESZEK	1145	AZS AKF KRAKÓW MASTERS	KRAKÓW	POL	OPEN M	119	M 119	00:00:07	03:08:23	06:00:20	08:44:05	11:04:43.30	11:04:43.30	9:29	6.3
120	TOKARZ ADRIAN	1207	DZIKIE MUSTANGI	PASZCZYNA	POL	OPEN M	120	M 120	00:00:17	03:05:18	05:51:37	08:33:03	11:05:19.20	11:05:19.20	9:30	6.3
121	KOZIOŁ KRZYSZTOF	1095	DZIKIE MUSTANGI	PASZCZYNA	POL	OPEN M	121	M 121	00:00:17	03:05:16	05:51:32	08:33:11	11:05:19.40	11:05:19.40	9:30	6.3
122	TARCZYŃSKI BARTŁOMIEJ	1204	#BIEGAMWOLNOALEDOKŁADNIE	KRAKÓW	POL	OPEN M	122	M 122	00:00:01	03:22:11	06:27:45	08:59:18	11:07:21.55	11:07:21.55	9:32	6.3
123	MUCHA ŁUKASZ	1133		PASZCZYNA	POL	OPEN M	123	M 123	00:00:17	03:05:20	06:00:34	08:38:40	11:09:34.05	11:09:34.05	9:33	6.3
124	FUDAŁA PIOTR	1048	GROSZEK I MARCHEWKA	BALIN	POL	OPEN M	124	M 124	00:00:14	03:18:12	06:10:37	08:37:36	11:12:33.60	11:12:33.60	9:36	6.2
125	JÓZWIAK MIKOŁAJ	1071	STG-WARSZAWA	WARSZAWA	POL	OPEN M	125	M 125	00:00:15	03:17:45	06:21:57	08:54:05	11:15:13.15	11:15:13.15	9:38	6.2
126	KRÓL MICHAŁ	1099		WARSZAWA	POL	OPEN M	126	M 126	00:00:12	03:22:14	06:25:18	09:02:16	11:18:49.90	11:18:49.90	9:41	6.2
127	KOWAL KAROL	1090		ZIELONA GÓRA	POL	OPEN M	127	M 127	00:00:09	02:45:38	05:23:09	08:09:39	11:20:02.15	11:20:02.15	9:42	6.2
128	GERLIK PAWEŁ	1050	DOGOŃ GRODZISK MAZOWIECKI	HUTA ŻABIOWOLSKA	POL	OPEN M	128	M 128	00:00:17	02:48:56	05:38:02	08:34:17	11:20:43.70	11:20:43.70	9:43	6.2
129	WÓJCIK ADRIAN	1225	WŁÓCZYKIJ PROJEKTOWANIE PODRÓŻY	KIELANÓWKA	POL	OPEN M	129	M 129	00:00:21	03:29:07	06:33:50	09:15:09	11:25:14.95	11:25:14.95	9:47	6.1
130	PODSADNY MAREK	1154		KRAKÓW	POL	OPEN M	130	M 130	00:00:24	03:17:42	06:18:38	09:03:06	11:25:45.15	11:25:45.15	9:47	6.1
131	SANIAK PRZEMYSŁAW	1173		LUBLIN	POL	OPEN M	131	M 131	00:00:16	03:13:53	06:35:47	09:15:09	11:28:32.95	11:28:32.95	9:50	6.1
132	PYSZ ALEKSANDER	1161	SPIDERS GYM	DĘBICA	POL	OPEN M	132	M 132	00:00:06	03:08:03	06:15:04	09:03:26	11:28:47.05	11:28:47.05	9:50	6.1
133	ZIARNIAK ŁUKASZ	1231	L.FORCE SPEDYCJA TEAM	TYCHY	POL	OPEN M	133	M 133	00:00:22	03:23:48	06:23:24	09:03:55	11:29:40.70	11:29:40.70	9:51	6.1
134	WERLE MICHAŁ	1214		KONSTANCIN JEZIORNA	POL	OPEN M	134	M 134	00:00:22	03:08:21	06:09:26	09:08:45	11:35:46.45	11:35:46.45	9:56	6
135	OSIECKI EDWIN	1141	KUŹNIA TRIATHLONU	KONSTANCIN JEZIORNA	POL	OPEN M	135	M 135	00:00:22	03:08:59	06:01:44	08:48:14	11:35:46.75	11:35:46.75	9:56	6
136	BABICKI GRZEGORZ	1013	UCZELNIA KORCZAKA	JÓZEFOSŁAW	POL	OPEN M	136	M 136	00:00:10	03:06:12	06:11:56	09:07:53	11:46:46.50	11:46:46.50	10:05	5.9
137	MIKUSEK PAWEŁ	1130		WARSZAWA	POL	OPEN M	137	M 137	00:00:13	03:24:17	06:31:52	09:22:25	11:52:31.45	11:52:31.45	10:10	5.9
138	GĘBSKI SŁAWOMIR	1051	KKM KALORYFER	KRAKOW	POL	OPEN M	138	M 138	00:00:05	03:24:54	06:30:27	09:21:30	11:56:27.75	11:56:27.75	10:14	5.9
139	NAUSIELECKI SEBASTIAN	1137	S3	SUŁKOWICE	POL	OPEN M	139	M 139	00:00:20	03:09:49	06:19:20	09:16:11	11:57:36.60	11:57:36.60	10:15	5.9
140	WISZNIEWSKI ROMAN	1220		NAMYSŁÓW	POL	OPEN M	140	M 140	00:00:13	03:29:06	06:39:46	09:30:46	11:59:52.45	11:59:52.45	10:17	5.8
141	BODZIOCH ROBERT	1022	PARKRUN KĘDZIERZYN-KOŹLE	KĘDZIERZYN-KOŹLE	POL	OPEN M	141	M 141	00:00:18	03:14:23	06:35:23	09:30:48	12:01:10.15	12:01:10.15	10:18	5.8
142	JAGUSTYN SZYMON	1062	ŻOŁYŃSKA GRUPA BIEGOWA "ZOŚKA"	KRAKÓW	POL	OPEN M	142	M 142	00:00:08	03:08:55	06:15:46	09:23:28	12:01:47.00	12:01:47.00	10:18	5.8
143	KUCIŃSKI TOMASZ	1102	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	OPEN M	143	M 143	00:00:16	03:18:25	06:33:51	09:23:36	12:16:25.35	12:16:25.35	10:31	5.7
144	GIBAS MICHAŁ	1052		GNIEZNO	POL	OPEN M	144	M 144	00:00:03	03:04:05	06:21:15	09:38:36	12:25:02.20	12:25:02.20	10:38	5.6
145	GIENIECZKO MARCIN	1053	NORTHOUSE	KETRZYN	POL	OPEN M	145	M 145	00:00:09	03:41:34	07:10:52	09:57:21	12:34:14.05	12:34:14.05	10:46	5.6
146	DARSKI RAFAŁ	1238		WARSZAWA	POL	OPEN M	146	M 146	00:00:11	03:29:08	06:52:50	10:08:11	12:51:17.55	12:51:17.55	11:01	5.4
	LATAŁA WOJCIECH	1114	LEŚNE GRUBASY	KRAKÓW	POL	OPEN M			00:00:15 DNF	03:58:25 DNF	07:36:41 DNF	10:45:45 DNF	DNF	DNF	-	-
	STAŃCZYK HUBERT	1190	AW - SZYBCIEJ - TEAM	SANOK	POL	OPEN M			DNF	02:16:52 DNF	04:12:46 DNF	DNF	DNF	DNF	-	-
	GIEZEK MARCIN	1055	ZALINIĄMATY	SUCHY LAS	POL	OPEN M			00:00:03 DNF	02:17:10 DNF	04:21:59 DNF	DNF	DNF	DNF	-	-
	SNARSKI WOJCIECH	1183	JAJUWOMAT	WARSZAWA	POL	OPEN M			00:00:17 DNF	02:36:38 DNF	05:44:30 DNF	DNF	DNF	DNF	-	-
	DARŁAK RAFAŁ	1035		GNOJNICA	POL	OPEN M			00:00:19 DNF	03:45:28 DNF	07:14:40 DNF	DNF	DNF	DNF	-	-
	SUSKI LUCJAN	1195	CZARNE DOMKI KREMPNA	WROCŁAW	POL	OPEN M			00:00:02 DNF	02:22:12 DNF	DNF	DNF	DNF	DNF	-	-

ŁEMKOWYNA TRAIL 70, Open M c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.001km	22.5km	41km	57.7km	Netto	Brutto	min/km	km/h
	BŁASZCZAK JAROSŁAW	1021	IMPERIAL BRANDS RUNNING TEAM	JANUSZOWICE	POL	OPEN M			00:02:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-