



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Lemkowska Ultra-Trail
Fundacja Ultra
2023-10-21
Komańcza
102 km

ŁEMKOWYNA ULTRA-TRAIL® 100

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
1	JENDRYCH Artur	503	BIEGAJACY ŚWIDNIK	Open M	1	01:49:46	04:11:38	05:51:14	07:03:45	07:56:42	08:35:49	09:56:57.45	09:56:57.45		5:51	10.3 (100%)
2	GRZĄDZIEL Dominik	502	ATTIQ TEAM	Open M	2	01:49:43	04:13:28	05:57:19	07:13:53	08:08:22	08:53:10	10:17:28.30	10:17:28.30	+00:20:30 (3.3%)	6:03	9.9 (96.1%)
3	WALKOSZ Mateusz	758	#SOBASTEAM	Open M	3	02:01:48	04:42:58	06:37:32	08:02:11	09:01:35	09:53:02	11:31:17.95	11:31:17.95	+01:34:20 (13.6%)	6:46	8.9 (86.4%)
4	BIELIŃSKI Maciek	516		Open M	4	02:01:24	04:46:49	06:42:31	08:09:11	09:13:47	10:26:24	11:54:44.35	11:54:44.35	+01:57:46 (16.5%)	7:00	8.6 (83.5%)
5	STĘPNIK Paweł	739	SMIGASIE	Open M	5	02:08:25	05:04:23	07:09:48	08:38:11	09:40:19	11:19:38	12:11:37.60	12:11:37.60	+02:14:40 (18.4%)	7:10	8.4 (81.6%)
6	PARDELA Bartosz	684	FZJ TEAM	Open M	6	02:16:00	05:02:03	07:03:56	08:31:01	09:35:13	10:28:07	12:12:53.90	12:12:53.90	+02:15:56 (18.5%)	7:11	8.4 (81.6%)
7	WIERZCHOWIAK Karolina	779		Open K	1		05:18:18	07:20:32	08:53:35	09:59:18	11:20:04	12:30:32.40	12:30:32.40	+02:33:34 (20.5%)	7:21	8.2 (79.6%)
8	PAWLUŚ Mirosław	686	JSC JASŁO	Open M	7	02:07:21	05:01:35	07:10:55	08:45:34	09:54:29	11:19:56	12:36:58.30	12:36:58.30	+02:40:00 (21.1%)	7:25	8.1 (78.6%)
9	WANTUCH Marcin	505		Open M	8	02:08:14	05:04:37	07:14:18	08:47:02	09:52:34	11:19:52	12:36:58.40	12:36:58.40	+02:40:00 (21.1%)	7:25	8.1 (78.6%)
10	WOJTKOWIAK Stefan	766	PNB	Open M	9	02:10:26	05:14:07	07:20:55	08:56:08	10:06:03	11:20:11	13:02:49.95	13:02:49.95	+03:05:52 (23.7%)	7:40	7.8 (75.7%)
11	KURUC Maria	501		Open K	2	02:13:35	05:15:20	07:20:45	08:55:50	10:05:55	11:20:15	13:04:43.10	13:04:43.10	+03:07:45 (23.9%)	7:41	7.8 (75.7%)
12	CHODAKOWSKI Rafał	532		Open M	10	02:12:47	05:26:16	07:38:16	09:12:09	10:21:33	11:20:21	13:14:24.10	13:14:24.10	+03:17:26 (24.9%)	7:47	7.7 (74.8%)
13	ZBORUCKI Jan	772	PRZEDWOJEWSKI TEAM	Open M	11	02:12:57	05:20:28	07:35:34	09:12:08	10:24:36	11:26:31	13:14:35.10	13:14:35.10	+03:17:37 (24.9%)	7:47	7.7 (74.8%)
14	GRYGIEL Marek	568	JACEKBIEGA RUNNING TEAM	Open M	12	02:13:19	05:25:14	07:38:56	09:18:25		11:34:30	13:29:48.85	13:29:48.85	+03:32:51 (26.3%)	7:56	7.6 (73.8%)
15	SOBOTA Filip	734	ADIDAS RUNNERS TRICITY	Open M	13	02:06:21	04:57:31	07:04:04	08:43:29	10:02:44	11:20:08	13:30:05.95	13:30:05.95	+03:33:08 (26.3%)	7:56	7.6 (73.8%)
16	ORZEŁ Michał	680	ADIDAS RUNNERS WARSAW	Open M	14	02:01:45	05:40:54	07:55:33	09:29:43	10:45:36	11:40:06	13:39:13.55	13:39:13.55	+03:42:16 (27.1%)	8:01	7.5 (72.8%)
17	ŁACIAK Marcin	645	BARUNOWCE	Open M	15	02:09:23	05:13:40	07:29:06	09:19:16	10:36:51	11:40:10	13:39:42.90	13:39:42.90	+03:42:45 (27.2%)	8:02	7.5 (72.8%)
18	KOCAJ Jakub	616	BARTOSZ GORCZYCA TEAM	Open M	16	02:16:23	05:22:01	07:41:20	09:29:47	10:48:32	11:47:32	13:43:23.65	13:43:23.65	+03:46:26 (27.5%)	8:04	7.4 (71.8%)
19	SKWARA Dariusz	729	SKWARA TEAM	Open M	17	02:27:03	05:52:39	08:04:27	09:45:23	10:59:38	11:59:25	13:46:52.00	13:46:52.00	+03:49:54 (27.8%)	8:06	7.4 (71.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
20		792														
									09:45:23			13:46:52.15	13:46:52.15	+03:49:54 (27.8%)	8:06	7.4 (71.8%)
21	STOIŃSKI Marcin	740	BAND OD RUNNERS	Open M	18	02:09:46	05:33:30	07:48:25	09:31:30	10:53:25	11:51:45	14:01:33.35	14:01:33.35	+04:04:35 (29.1%)	8:15	7.3 (70.9%)
22	PRZEPIÓRA Mateusz	702	BAND OF RUNNERS	Open M	19	02:09:42	05:34:28	07:48:43	09:31:33	10:53:27	11:53:03	14:01:33.90	14:01:33.90	+04:04:36 (29.1%)	8:15	7.3 (70.9%)
23	MIKOŁAJCZYK Mirosław	664	MIRAZ RACE TEAM	Open M	20	02:10:57	06:02:19	08:15:09	09:55:37	11:16:03	12:09:06	14:02:00.30	14:02:00.30	+04:05:02 (29.1%)	8:15	7.3 (70.9%)
24	MĘDRYKOWSKI Damian	662		Open M	21	02:13:44	05:33:42	07:53:36	09:38:33	11:00:07	12:02:32	14:02:41.35	14:02:41.35	+04:05:43 (29.2%)	8:15	7.3 (70.9%)
25	MARCINKOWSKA-CHOLEWA Katarzyna	655	GÓRAL Z MAZUR RUNNING TEAM	Open K	3	02:27:08	05:51:20	08:03:48	09:45:45	11:00:40	12:03:32	14:03:02.55	14:03:02.55	+04:06:05 (29.2%)	8:15	7.3 (70.9%)
26	ZABORNIAK Paweł	771	KRESOWIANIE/LEŚNA CHATA	Open M	22	02:14:56	05:38:30	07:53:02	09:38:31	10:59:47	12:00:05	14:07:10.25	14:07:10.25	+04:10:12 (29.5%)	8:18	7.2 (69.9%)
27	MATYJASZCZYK Kamil	659	ŁĘCZNA BIEGA	Open M	23	02:15:04	05:38:54	07:55:30	09:37:32	10:54:45	11:52:58	14:13:56.85	14:13:56.85	+04:16:59 (30.1%)	8:22	7.2 (69.9%)
28	ASPERSKI Michal	507	KANDAHAR	Open M	24	02:10:30	05:41:04	08:03:44	09:46:58	11:09:07	12:10:40	14:19:55.70	14:19:55.70	+04:22:58 (30.6%)	8:25	7.1 (68.9%)
29	KUKLA Maciej	633		Open M	25	02:09:34	05:32:46	07:56:37	09:49:22	11:21:18	12:23:46	14:20:51.65	14:20:51.65	+04:23:54 (30.7%)	8:26	7.1 (68.9%)
30	HERDA Ewelina	575	G.O.A.T TEAM MICHALOWICE	Open K	4	02:28:54	06:03:18	08:26:24	10:11:23	11:31:34	12:35:25	14:33:26.80	14:33:26.80	+04:36:29 (31.7%)	8:33	7 (68.0%)
31	PRZEMUS Karol	701	ATOS RUNNING CLUB	Open M	26	02:16:58	05:29:18	07:46:36	09:38:49	10:59:29	12:03:27	14:38:44.15	14:38:44.15	+04:41:46 (32.1%)	8:36	7 (68.0%)
32	KOPPLINGER Grzegorz	618	ASSECO ACTIVE TEAM	Open M	27		05:55:51	08:11:58	09:56:23	11:19:53	12:27:43	14:39:14.85	14:39:14.85	+04:42:17 (32.1%)	8:37	7 (68.0%)
33	BARAN Zbigniew	510		Open M	28	02:14:12	05:38:16	08:03:00	09:49:20	11:15:41	12:23:50	14:39:22.65	14:39:22.65	+04:42:25 (32.1%)	8:37	7 (68.0%)
34	WESOŁEK Marek	760	SENTE	Open M	29	02:25:59	05:47:38	08:15:56	10:06:27	11:24:11	12:32:03	14:40:17.35	14:40:17.35	+04:43:19 (32.2%)	8:37	7 (68.0%)
35	KICH Marek	611		Open M	30	02:25:48	05:51:37	08:16:12	10:06:24	11:24:05	12:30:55	14:40:17.65	14:40:17.65	+04:43:20 (32.2%)	8:37	7 (68.0%)
36	ŁYCZAK Artur	650	KNURÓW MASTERS	Open M	31	02:33:28	06:08:31	08:28:44	10:11:55	11:42:19	12:48:06	14:51:51.20	14:51:51.20	+04:54:53 (33.1%)	8:44	6.9 (67.0%)
37	GAJOS Daniel	554		Open M	32	02:37:37	06:06:00	08:25:54	10:13:16	11:33:14	12:33:32	14:52:32.00	14:52:32.00	+04:55:34 (33.1%)	8:45	6.9 (67.0%)
38	GRZELAK Adrian	570	PĘCINY Z MĘCINY	Open M	33	02:37:40	06:05:58	08:25:36	10:13:15	11:33:11	12:33:23	14:52:32.15	14:52:32.15	+04:55:34 (33.1%)	8:45	6.9 (67.0%)
39	TOPOLSKI Marcin	756	BRZESKI KLUB BIEGACZA CZARNA PERŁA	Open M	34	02:19:29	05:48:10	08:12:09	10:01:15	11:28:14	12:38:13	14:54:48.05	14:54:48.05	+04:57:50 (33.3%)	8:46	6.8 (66.0%)
40	TOMALSKI Marcin	754		Open M	35	02:37:05	06:14:42	08:35:01	10:24:02	11:49:01	12:51:05	14:55:25.05	14:55:25.05	+04:58:27 (33.3%)	8:46	6.8 (66.0%)
41	ADAMSKI Krzysztof	506		Open M	36	02:16:03	05:44:46	08:06:32	09:59:24	11:26:10	12:31:10	14:57:22.00	14:57:22.00	+05:00:24 (33.5%)	8:47	6.8 (66.0%)
42	CHEŁCZOWSKI Norbert	530	GÓRAL Z MAZUR RUNNING TEAM	Open M	37	02:39:08	06:26:31	08:56:04	10:47:03	12:04:30	13:04:43	14:57:25.20	14:57:25.20	+05:00:27 (33.5%)	8:47	6.8 (66.0%)
43	STACHOWIAK Grzegorz	736		Open M	38	02:16:09	05:55:07	08:02:56	09:58:22	11:26:12	12:36:10	15:03:33.15	15:03:33.15	+05:06:35 (33.9%)	8:51	6.8 (66.0%)
44	FILIPIUK Tomasz	552	SZERPOWIE NADZIEI	Open M	39	02:23:15	05:41:11	08:08:34	10:02:47	11:31:24	12:43:15	15:16:51.45	15:16:51.45	+05:19:54 (34.9%)	8:59	6.7 (65.0%)
45	BUJOCZEK Leszek	525	AZS AWF KRAKÓW MASTERS	Open M	40	02:25:13	05:40:05	08:04:30	09:59:44	11:28:24	12:42:48	15:19:05.25	15:19:05.25	+05:22:07 (35.0%)	9:00	6.7 (65.0%)
46	MAZUREK Dariusz	661	RZESZOWSKIE GAZELE I GEPARDY	Open M	41	02:16:19	05:54:16	08:22:42	10:22:16	11:46:02	12:55:20	15:21:15.25	15:21:15.25	+05:24:17 (35.2%)	9:01	6.6 (64.1%)

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						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
47	STRZESAK Patrycja	741	TEK-PAK TEAM	Open K	5	02:37:45	06:06:36	08:31:58	10:13:40	11:33:44	12:37:13	15:21:40.90	15:21:40.90	+05:24:43 (35.2%)	9:02	6.6 (64.1%)
48	KOZŁOWSKI Paweł	625		Open M	42	02:19:53	05:57:08	08:22:59	10:18:36	11:48:16	12:58:29	15:31:16.75	15:31:16.75	+05:34:19 (35.9%)	9:07	6.6 (64.1%)
49	SKOLINIEC Bartłomiej	728	GRUNNERS	Open M	43	02:15:02	05:23:13	07:47:44	09:45:03	11:09:11	12:30:57	15:35:02.20	15:35:02.20	+05:38:04 (36.2%)	9:10	6.5 (63.1%)
50	RAKOWSKI Przemysław	714	SYNERGIA CROSSCAMP	Open M	44	02:32:32	06:18:31	08:41:27	10:38:46	12:09:25	13:23:21	15:39:19.95	15:39:19.95	+05:42:22 (36.4%)	9:12	6.5 (63.1%)
51	MROZOWSKI Piotr	668	KW OPOLE	Open M	45	02:25:08	06:09:39	08:40:24	10:39:23	12:20:23		15:39:20.15	15:39:20.15	+05:42:22 (36.4%)	9:12	6.5 (63.1%)
52	CZEMERYS Piotrek	542	RUCH IZBICA	Open M	46		06:21:42	08:46:50	10:45:38	12:10:50	13:23:13	15:39:39.80	15:39:39.80	+05:42:42 (36.5%)	9:12	6.5 (63.1%)
53	MURZYN Krysia	670	KOP-SERWIS	Open K	6	02:26:50	06:02:52	08:32:33	10:36:05	12:04:10	13:15:02	15:40:21.70	15:40:21.70	+05:43:24 (36.5%)	9:13	6.5 (63.1%)
54	KAMIŃSKI Marcin	604		Open M	47	02:29:06	06:14:13	08:46:47	10:41:42	12:07:07	13:15:58	15:40:49.80	15:40:49.80	+05:43:52 (36.5%)	9:13	6.5 (63.1%)
55	KACZMAREK Jędrzej	598	KP PSP MILICZ	Open M	48		06:03:09	08:34:17	10:31:54	12:07:44	13:20:22	15:43:06.65	15:43:06.65	+05:46:09 (36.7%)	9:14	6.5 (63.1%)
56	SMOLEŃ Piotr	731	PIOTR SMOLEŃ	Open M	49	02:29:03	06:24:49	09:04:42	11:00:20	12:30:31	13:37:53	15:43:33.00	15:43:33.00	+05:46:35 (36.7%)	9:15	6.5 (63.1%)
57	DROCHOMIRECKI Piotr	545	BE ACTIV TRUCKER	Open M	50	02:40:41	06:32:56	09:07:23	11:04:24	12:31:04	13:38:05	15:49:51.15	15:49:51.15	+05:52:53 (37.2%)	9:18	6.4 (62.1%)
58	CHACIŃSKI Mikołaj	529	PROAUTOMATION	Open M	51	02:47:28	06:32:34	09:06:12	11:04:19	12:31:02	13:38:02	15:49:51.30	15:49:51.30	+05:52:53 (37.2%)	9:18	6.4 (62.1%)
59	KRUKAR Adam	628	FINISZ RYMANÓW	Open M	52	02:33:10	06:11:41	08:48:37	10:45:20	12:12:21	13:26:02	15:50:45.85	15:50:45.85	+05:53:48 (37.2%)	9:19	6.4 (62.1%)
60	CHOJNOWSKI Andrzej	534		Open M	53	02:32:24	06:15:41	08:51:55	10:51:51	12:31:25	13:44:53	15:52:23.35	15:52:23.35	+05:55:25 (37.3%)	9:20	6.4 (62.1%)
61	KWARCIAK Mariusz	638	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ.	Open M	54	02:40:17	06:25:07	08:57:00	10:55:49	12:22:55	13:37:08	15:56:37.50	15:56:37.50	+05:59:40 (37.6%)	9:22	6.4 (62.1%)
62	KWIATEK Agnieszka	639		Open K	7	02:44:47	06:40:00	09:21:17	11:19:20	12:41:22	13:45:35	15:57:32.65	15:57:32.65	+06:00:35 (37.7%)	9:23	6.4 (62.1%)
63	ZWIERZYCKI Adam	777	ZDN	Open M	55	02:16:12	06:02:23	08:36:49	10:46:19	12:23:05	13:37:02	15:58:16.95	15:58:16.95	+06:01:19 (37.7%)	9:23	6.4 (62.1%)
64	PAWLUS Marcin	685		Open M	56	02:15:53	06:02:27	08:36:43	10:46:19	12:23:13	13:37:27	15:58:17.30	15:58:17.30	+06:01:19 (37.7%)	9:23	6.4 (62.1%)
65	SWORNOWSKA Anna	745		Open K	8	02:29:16	06:25:02	08:57:01	10:55:49	12:23:00	13:37:31	15:59:41.75	15:59:41.75	+06:02:44 (37.8%)	9:24	6.4 (62.1%)
66	WILCZYŃSKA Oliwia	762		Open K	9		06:25:12	08:57:08	10:55:52	12:23:02	13:37:17	15:59:43.35	15:59:43.35	+06:02:45 (37.8%)	9:24	6.4 (62.1%)
67	BIERNAT Jakub	517	WISEŁKA, PART OF HOOLIRUNS	Open M	57	02:32:41	06:18:18	08:56:20	10:57:41	12:27:33	13:45:23	16:00:03.40	16:00:03.40	+06:03:05 (37.8%)	9:24	6.4 (62.1%)
68	DADEJ Grzegorz	543	JORDAN KRAKÓW B3T	Open M	58	02:32:45	06:18:21	08:55:37	10:58:01	12:27:31	13:45:19	16:00:03.70	16:00:03.70	+06:03:06 (37.8%)	9:24	6.4 (62.1%)
69	MIELECKI Maciej	663	FAT&FUORIUS	Open M	59	02:38:42	06:34:26	09:06:19	11:04:25		13:37:49	16:01:50.85	16:01:50.85	+06:04:53 (37.9%)	9:25	6.4 (62.1%)
70	PUZIO Bartłomiej	709		Open M	60	02:46:52	06:31:37	09:01:50	11:02:56	12:35:57	13:47:10	16:02:21.45	16:02:21.45	+06:05:24 (38.0%)	9:26	6.4 (62.1%)
71	OSTRZYCKI Damian	681	WKB MARATOŃCZYK WŁOCŁAWEK	Open M	61	02:39:36	06:31:27	09:16:04	11:11:44	12:43:28	13:49:06	16:03:09.05	16:03:09.05	+06:06:11 (38.0%)	9:26	6.4 (62.1%)
72	PRAGER Mateusz	698		Open M	62	02:33:03	06:33:00	09:07:05	11:08:58	12:35:24	13:44:40	16:05:31.45	16:05:31.45	+06:08:34 (38.2%)	9:27	6.3 (61.2%)
73	SZREK Michal	746		Open M	63		06:38:21	09:14:53	11:11:37	12:43:42	13:49:25	16:11:07.65	16:11:07.65	+06:14:10 (38.5%)	9:31	6.3 (61.2%)

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						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
74	HETMAŃCZYK Jakub	576	LAMA INŻYNIER KARWOWSKI PRO TEAM (FREE TIBET)	Open M	64		06:38:25	09:14:30	11:11:36	12:43:37		16:11:08.00	16:11:08.00	+06:14:10 (38.5%)	9:31	6.3 (61.2%)
75	ROZPARA Karolina	719		Open K	10		06:28:41	09:01:46	11:04:27	12:39:59	13:45:59	16:12:18.95	16:12:18.95	+06:15:21 (38.6%)	9:31	6.3 (61.2%)
76	CHEŁKOWSKI Adam	531	OLGUNIA	Open M	65	02:29:57	06:31:49	09:15:04	11:11:56	12:43:39	13:49:14	16:15:28.30	16:15:28.30	+06:18:30 (38.8%)	9:33	6.3 (61.2%)
77	KOZIEŁ Jan	623	JAJA NA BOK!	Open M	66	02:38:45	06:39:05	09:14:33	11:11:56	12:43:30	13:49:17	16:16:31.10	16:16:31.10	+06:19:33 (38.9%)	9:34	6.3 (61.2%)
78	WÓJTOWICZ Piotr	768	PODIUM	Open M	67	02:28:50	06:18:26	08:54:49	10:54:31	12:31:13	13:44:47	16:16:52.80	16:16:52.80	+06:19:55 (38.9%)	9:34	6.3 (61.2%)
79	GUTRAL Magdalena	573	WKB MARATOŃCZYK WŁOCŁAWEK	Open K	11	02:30:28	06:05:11	08:39:35	10:40:00	12:20:35	13:45:27	16:18:04.05	16:18:04.05	+06:21:06 (39.0%)	9:35	6.3 (61.2%)
80	BORÓWKA Ryszard	524		Open M	68	02:24:28	06:28:53	09:15:10	11:12:34	12:42:37	13:54:10	16:20:02.05	16:20:02.05	+06:23:04 (39.1%)	9:36	6.2 (60.2%)
81	PRUTA Rafał	699	FATBOYS SPRINT	Open M	69		06:28:28	08:58:20	10:58:09	12:30:41	13:45:31	16:22:08.50	16:22:08.50	+06:25:11 (39.2%)	9:37	6.2 (60.2%)
82	TAŁANDA Daniel	752	STOPKA PILAWA	Open M	70	02:39:31	06:31:35	09:16:01	11:19:26	12:55:18	14:16:40	16:25:04.60	16:25:04.60	+06:28:07 (39.4%)	9:39	6.2 (60.2%)
83	KLAR Marek	614	BEZ	Open M	71	02:49:44	06:42:25	09:19:31	11:22:33	12:47:40	14:00:13	16:25:56.35	16:25:56.35	+06:28:58 (39.5%)	9:39	6.2 (60.2%)
84	ŁUCJANEK Justyna	648	KAJA TEAM	Open K	12	02:45:11	06:43:36	09:30:31	11:24:05	13:03:41	14:16:16	16:26:53.50	16:26:53.50	+06:29:56 (39.5%)	9:40	6.2 (60.2%)
85	ZIENKIEWICZ Agata	774	PIASECZNO RUNNING	Open K	13		06:55:42	09:33:19	11:38:33	13:06:16	14:16:42	16:27:45.20	16:27:45.20	+06:30:47 (39.6%)	9:41	6.2 (60.2%)
86	ZIENKIEWICZ Justyna	775	PIASECZNO RUNNING	Open K	14	02:52:09	06:55:44	09:33:16	11:38:37	13:06:18	14:16:45	16:27:45.40	16:27:45.40	+06:30:47 (39.6%)	9:41	6.2 (60.2%)
87	RYBARCZYK Ilona	721	KOŁO BIEGA/ GRUNT	Open K	15	02:39:20	06:34:09	09:14:57	11:17:47	12:48:48	13:59:32	16:36:07.25	16:36:07.25	+06:39:09 (40.1%)	9:45	6.1 (59.2%)
88	TYŚ Radek	757	NOWA RUDA BIEGA	Open M	72	02:38:34	06:34:12	09:19:59	11:18:29	12:48:50	13:56:02	16:36:07.50	16:36:07.50	+06:39:10 (40.1%)	9:45	6.1 (59.2%)
89	WAŚNIEWSKI Daniel	780	VAMOS RACING TEAM	Open M	73		06:18:55	09:15:13	11:19:26	12:55:23	14:16:34	16:40:34.95	16:40:34.95	+06:43:37 (40.3%)	9:48	6.1 (59.2%)
90	BAJSAROWICZ Marlena	508	IPA WROCŁAW	Open K	16	02:18:12	05:56:01	08:42:37	10:52:47	12:36:15	14:04:21	16:40:59.75	16:40:59.75	+06:44:02 (40.4%)	9:48	6.1 (59.2%)
91	POCHYLSKI Radosław	692	#GRUNNERS	Open M	74	02:16:14	05:39:49	08:39:41	10:50:14	12:24:13	13:46:48	16:42:34.75	16:42:34.75	+06:45:37 (40.5%)	9:49	6.1 (59.2%)
92	MYCIELSKI Mariusz	671	W DRODZE	Open M	75		06:29:37	09:02:12	11:12:06	13:02:32	14:16:38	16:45:07.35	16:45:07.35	+06:48:09 (40.6%)	9:51	6.1 (59.2%)
93	KANIA Paweł	606	PGE NARODOWY / BIEGAM NA TARCHOMINIE	Open M	76	02:44:05	06:29:18	09:03:01	11:02:58	12:38:10	13:59:10	16:46:19.75	16:46:19.75	+06:49:22 (40.7%)	9:51	6.1 (59.2%)
94	KUNZ Tomasz	634		Open M	77	02:37:47	06:40:39	09:14:38	11:17:40	12:49:08	14:03:58	16:50:50.70	16:50:50.70	+06:53:53 (40.9%)	9:54	6.1 (59.2%)
95	WIDERA Karol	761	BRACIA GÓR	Open M	78	02:17:14	06:27:30	09:11:55	11:17:28	12:49:17	14:04:15	16:50:53.15	16:50:53.15	+06:53:55 (40.9%)	9:54	6.1 (59.2%)
96	CEREMUGA Marcin	528	SUSKI KLUB LEKKOATLETYCZNY	Open M	79	02:39:12		09:15:59	11:17:39	12:49:15	14:04:01	16:50:54.05	16:50:54.05	+06:53:56 (40.9%)	9:54	6.1 (59.2%)
97	CIECKIEWICZ Tomasz	536		Open M	80	02:37:31	06:38:47	09:20:25	11:32:51	13:10:31	14:21:54	16:50:58.15	16:50:58.15	+06:54:00 (41.0%)	9:54	6.1 (59.2%)
98	GÓRSKI Tomasz	565		Open M	81	02:37:23	06:20:16	09:12:02	11:23:45	13:02:03	14:17:29	16:51:30.20	16:51:30.20	+06:54:32 (41.0%)	9:55	6.1 (59.2%)
99	MAJOREK Krzysztof	652	ASSECO ACTIVE TEAM	Open M	82	02:37:50	06:38:28	09:30:33	11:28:34	13:03:46	14:20:08	16:53:31.05	16:53:31.05	+06:56:33 (41.1%)	9:56	6 (58.3%)
100	KUŚ Jakub	637		Open M	83	02:49:51	07:21:49	09:47:12	11:52:34		14:43:11	17:00:26.10	17:00:26.10	+07:03:28 (41.5%)	10:00	6 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
101	CISEK Piotr	538	FINISZ RYMANÓW	Open M	84	02:38:38	06:54:53	09:42:20	11:51:25	13:34:44	14:49:47	17:02:00.55	17:02:00.55	+07:05:03 (41.6%)	10:01	6 (58.3%)
102	BANIAK Eryk	509		Open M	85	02:25:53	06:36:50		11:38:38	13:14:27	14:33:47	17:04:37.55	17:04:37.55	+07:07:40 (41.7%)	10:02	6 (58.3%)
103	SAMULSKI Krzysztof	725		Open M	86	02:45:27	06:44:37	09:30:41		13:12:57	14:30:04	17:06:45.00	17:06:45.00	+07:09:47 (41.9%)	10:03	6 (58.3%)
104	WÓŁKIEWICZ Paweł	769	TRAIL IS OUR WAY	Open M	87	02:47:29	06:47:17	09:36:28	11:44:18	13:25:25	14:45:33	17:09:14.00	17:09:14.00	+07:12:16 (42.0%)	10:05	5.9 (57.3%)
105	KACZMAREK Tomasz	601	DZIKI RUNNING TEAM	Open M	88	02:33:58	06:34:15	09:19:28	11:36:47	13:21:45		17:10:09.50	17:10:09.50	+07:13:12 (42.1%)	10:05	5.9 (57.3%)
106	GARSTECKI Michał	555	WMTRISELF / SKAWINA BIEGA	Open M	89	02:36:17	07:00:11	09:31:58	11:36:31	13:20:57	14:43:14	17:14:59.35	17:14:59.35	+07:18:01 (42.3%)	10:08	5.9 (57.3%)
107	FICEK Paweł	551	TOTUS TUUS	Open M	90		06:48:15	09:30:46	12:00:55	13:35:51	14:53:31	17:15:53.75	17:15:53.75	+07:18:56 (42.4%)	10:09	5.9 (57.3%)
108	PODODEMSKA-ZABDYR Izabela	694	KS PEGAZ	Open K	17	02:51:06	06:58:43	09:44:33	12:01:01	13:35:46	14:49:55	17:28:01.75	17:28:01.75	+07:31:04 (43.0%)	10:16	5.8 (56.3%)
109	ZABDYR Marcin	770	KS PEGAZ	Open M	91	02:50:55	06:58:19	09:44:17	12:00:49	13:35:42	14:49:18	17:28:01.85	17:28:01.85	+07:31:04 (43.0%)	10:16	5.8 (56.3%)
110	WOJEWODA Michał	764	KAZIKI	Open M	92	02:53:52	06:49:43	09:33:48	11:42:02	13:25:20	14:48:31	17:29:43.20	17:29:43.20	+07:32:45 (43.1%)	10:17	5.8 (56.3%)
111	KURASZ Piotr	635	PANDAAMANDA	Open M	93	02:38:25	06:54:37	09:34:39	11:45:59	13:21:05	14:44:18	17:31:16.75	17:31:16.75	+07:34:19 (43.2%)	10:18	5.8 (56.3%)
112	PIĘTKA Jarosław	690	KKB KOŁBIEL BIEGA	Open M	94	02:29:38	06:25:20	09:14:59	11:17:17	12:55:47	14:20:12	17:35:31.55	17:35:31.55	+07:38:34 (43.4%)	10:20	5.8 (56.3%)
113	LU Lily	644	PSYLAND 25	Open K	18	02:29:34	07:01:04	09:33:46	11:44:28	13:21:10	14:32:19	17:35:34.85	17:35:34.85	+07:38:37 (43.4%)	10:20	5.8 (56.3%)
114	MAKOWCZENKO Mariusz	654	KLUB BIEGACZA T2/4	Open M	95	02:32:38	06:56:57	09:42:26	11:51:25	13:26:35	14:45:55	17:43:10.60	17:43:10.60	+07:46:13 (43.9%)	10:25	5.8 (56.3%)
115	SKŁODOWSKI Piotr	727	BRYGADA RR	Open M	96	02:36:21	06:41:44	09:23:36	11:34:18	13:17:28	14:35:23	17:45:54.25	17:45:54.25	+07:48:56 (44.0%)	10:27	5.7 (55.3%)
116	PYCHA Grzegorz	710	BRYGADA RR	Open M	97		06:41:47	09:21:58	11:34:14	13:17:26	14:37:48	17:45:54.30	17:45:54.30	+07:48:56 (44.0%)	10:27	5.7 (55.3%)
117	PYCHA Piotr	711		Open M	98		06:41:41	09:23:40	11:34:21	13:17:37	14:35:48	17:45:54.55	17:45:54.55	+07:48:57 (44.0%)	10:27	5.7 (55.3%)
118	ŁATWIŃSKI Łukasz	646	MOCNA GRUPA CEZARA	Open M	99		07:22:07	09:55:48	12:10:29	13:39:23	14:58:43	17:46:45.95	17:46:45.95	+07:49:48 (44.0%)	10:27	5.7 (55.3%)
119	WÓJCIK Łukasz	767		Open M	100	02:33:21	07:21:37	09:42:22	11:56:14	13:48:23	15:05:57	17:48:11.85	17:48:11.85	+07:51:14 (44.1%)	10:28	5.7 (55.3%)
120	LEYK Daniel	642	LEYK TEAM	Open M	101	02:52:29	07:29:37	10:03:07	12:09:39	13:50:51	15:07:29	17:51:14.10	17:51:14.10	+07:54:16 (44.3%)	10:30	5.7 (55.3%)
121	BURZYŃSKA Ewelina	526	SIŁA KOBIEC	Open K	19	02:48:13	06:52:20	09:39:48	11:50:28	13:27:33	14:56:20	17:55:50.75	17:55:50.75	+07:58:53 (44.5%)	10:32	5.7 (55.3%)
122	RĄB Agnieszka	716	OBA Z GLIWIC	Open K	20	02:57:43	07:36:15	10:19:36	12:30:31	14:06:15	15:22:51	18:01:31.20	18:01:31.20	+08:04:33 (44.8%)	10:36	5.7 (55.3%)
123	SURMIAK Piotr	743	CISNĘ ILE MOGEM.	Open M	102	02:51:24	07:23:26	10:00:09	12:11:13	13:57:43	15:16:58	18:03:16.05	18:03:16.05	+08:06:18 (44.9%)	10:37	5.6 (54.4%)
124	GŁÓWKA Maciej	563		Open M	103	02:50:33	07:21:52	09:53:45	12:13:03	13:54:19	15:15:09	18:05:01.75	18:05:01.75	+08:08:04 (45.0%)	10:38	5.6 (54.4%)
125	MAZERSKI Grzegorz	660		Open M	104	02:50:58	07:21:46	09:50:40	12:12:20	13:53:47	15:19:12	18:05:47.15	18:05:47.15	+08:08:49 (45.0%)	10:38	5.6 (54.4%)
126	JURECZKO Damian	595		Open M	105	02:54:11	07:23:01	10:06:43	12:16:47	13:54:36	15:17:03	18:07:39.60	18:07:39.60	+08:10:42 (45.1%)	10:39	5.6 (54.4%)
127	GAWOT Piotr	557	SATISFLY	Open M	106	02:43:35	07:00:44	09:45:46	12:05:23	13:49:29	15:19:44	18:16:08.45	18:16:08.45	+08:19:11 (45.5%)	10:44	5.6 (54.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
128	BARTOSIK Artur	512		Open M	107	02:45:00	06:42:34	09:36:53	11:46:29	13:36:56	15:07:54	18:17:54.15	18:17:54.15	+08:20:56 (45.6%)	10:45	5.6 (54.4%)
129	GÓRNIAK Adam	564	SPOTKANIA MAŁŻEŃSKIE _ TRES AMIGOS	Open M	108	02:57:21	07:44:49	10:24:28	12:29:46	14:05:04	15:19:03	18:21:26.50	18:21:26.50	+08:24:29 (45.8%)	10:47	5.6 (54.4%)
130	JUROSZEK Józef	596		Open M	109	02:54:29	07:23:19	10:37:43	12:36:35	14:04:39	15:22:55	18:23:48.80	18:23:48.80	+08:26:51 (45.9%)	10:49	5.5 (53.4%)
131	BEKAS Jędrzej	515	NIGHT RUNNERS	Open M	110		07:21:44	10:08:05	12:29:19	14:09:54	15:37:27	18:25:30.30	18:25:30.30	+08:28:32 (46.0%)	10:50	5.5 (53.4%)
132	MADEYSKI Tomasz	651		Open M	111		07:23:23	10:13:42	12:31:44	14:14:45	15:38:26	18:30:00.00	18:30:00.00	+08:33:02 (46.2%)	10:52	5.5 (53.4%)
133	CHRONOWSKI Marek	535		Open M	112	02:43:43	07:00:52	09:49:28	12:14:28	14:06:20	15:37:21	18:35:24.85	18:35:24.85	+08:38:27 (46.5%)	10:56	5.5 (53.4%)
134	IMIOŁEK Dominik	583		Open M	113		07:23:32	10:33:05	12:31:53	14:22:29	15:53:06	18:36:23.65	18:36:23.65	+08:39:26 (46.5%)	10:56	5.5 (53.4%)
135	JOHNA Adam	594	PRESS-GLASS BIEGAMY I WSPIERAMY	Open M	114	02:43:13	07:21:55	10:16:58	12:33:13	14:14:15	15:40:22	18:36:25.05	18:36:25.05	+08:39:27 (46.5%)	10:56	5.5 (53.4%)
136	BEDNARSKA Joanna	514	BIEGNĘ ŻEBY BARTEK MÓGL BIEGAĆ , PURAVIDATEAM	Open K	21	03:13:11	07:39:23	10:34:55	12:47:02	14:23:00	15:50:52	18:36:40.75	18:36:40.75	+08:39:43 (46.5%)	10:56	5.5 (53.4%)
137	KACZMAREK Tomek	599	PIEROGIATAKKE	Open M	115	02:37:52	07:23:11	10:14:16	12:47:40	14:35:39	15:59:35	18:46:32.00	18:46:32.00	+08:49:34 (47.0%)	11:02	5.4 (52.4%)
138	ŚCIBOR Marcin	750	RUCH IZBICA	Open M	116		07:42:04	10:40:13	12:57:30	14:35:12	15:56:09	18:46:33.40	18:46:33.40	+08:49:35 (47.0%)	11:02	5.4 (52.4%)
139	ZMELONEK Piotr	776	TOWARZYSTWO WISŁA DLA WIOŚLARZY	Open M	117	02:38:51	07:21:41	09:53:50	12:13:14	13:59:46	15:36:45	18:48:13.20	18:48:13.20	+08:51:15 (47.1%)	11:03	5.4 (52.4%)
140	KORYTEK Piotr	619	WITKOWO BIEGA	Open M	118	02:40:53	07:21:59	10:16:37	12:32:16	14:34:42	15:57:37	18:49:10.20	18:49:10.20	+08:52:12 (47.1%)	11:04	5.4 (52.4%)
141	GINTER Grzegorz	561	AZS COLLEGIUM MEDICUM UJ	Open M	119	02:53:30	07:23:45	10:18:45	12:39:31	14:27:46	15:51:27	18:54:15.75	18:54:15.75	+08:57:18 (47.4%)	11:07	5.4 (52.4%)
142	POPCZYK Ewelina	697	HEALTHY BODY ŻELAZNY&ŻELAZNY	Open K	22		07:23:36	10:43:00	13:05:53	14:58:08	16:20:22	18:56:42.60	18:56:42.60	+08:59:45 (47.5%)	11:08	5.4 (52.4%)
143	PYZIK Tomasz	712	DRUŻYNA MOJACUKRZYCA.PL	Open M	120		07:34:38	10:34:48	13:00:57	14:43:57	16:16:57	18:58:54.15	18:58:54.15	+09:01:56 (47.6%)	11:09	5.4 (52.4%)
144	CZACHOWSKI Michał	541		Open M	121	03:22:20	07:46:46	10:51:42	13:08:29	14:50:38	16:17:58	19:03:45.25	19:03:45.25	+09:06:47 (47.8%)	11:12	5.4 (52.4%)
145	ŁÓJ-KONIECZNA Edyta	647	INFINITY GYM ŁUKASZ SZAPORÓW	Open K	23	02:57:12	07:50:06	10:32:30	12:43:18	15:16:27	16:42:55	19:08:24.15	19:08:24.15	+09:11:26 (48.0%)	11:15	5.3 (51.5%)
146	JAWORSKI Jarosław	591		Open M	122		07:35:53	10:47:05	13:32:01	15:25:06	16:38:30	19:09:14.50	19:09:14.50	+09:12:17 (48.1%)	11:16	5.3 (51.5%)
147	ŁUKASIK Rafał	649		Open M	123	02:58:32	07:23:29	10:13:36	12:33:40	14:17:40	15:55:56	19:10:33.85	19:10:33.85	+09:13:36 (48.1%)	11:16	5.3 (51.5%)
148	PTASZYŃSKA Eliza	708	PNB	Open K	24	02:50:53	07:22:13	10:20:57	12:40:30	14:30:42	15:53:59	19:11:02.45	19:11:02.45	+09:14:05 (48.1%)	11:17	5.3 (51.5%)
149	WOJTKOWIAK Renata	765	PIĄTKOWO NA BIEGOWO	Open K	25	02:50:49	07:22:59	10:21:03	12:40:29	14:30:38	16:05:45	19:11:02.50	19:11:02.50	+09:14:05 (48.1%)	11:17	5.3 (51.5%)
150	BARSKA-GRABOWSKA Barbara	511		Open K	26	03:01:38	07:39:04	10:37:38	13:03:34	14:52:04	16:21:58	19:13:45.50	19:13:45.50	+09:16:48 (48.3%)	11:18	5.3 (51.5%)
151	MARGAS Grzegorz	657		Open M	124	02:53:49	07:26:57	10:32:26	13:01:07	14:46:57	16:19:43	19:15:22.85	19:15:22.85	+09:18:25 (48.3%)	11:19	5.3 (51.5%)
152	HUBNER Antoni	582	TLENOWA RADOŚĆ TEAM	Open M	125	03:13:29	07:49:28	10:46:42	13:00:26	14:48:42	16:20:03	19:15:51.90	19:15:51.90	+09:18:54 (48.4%)	11:19	5.3 (51.5%)
153	HUBNER Ilona	581	TLENOWA RADOŚĆ TEAM	Open K	27	03:13:37	07:48:59	10:46:46	13:00:49	14:48:39	16:20:16	19:15:51.95	19:15:51.95	+09:18:54 (48.4%)	11:19	5.3 (51.5%)
154	KACZMAREK Maciej	597	BROS TEAM	Open M	126	02:32:50	07:23:17	10:10:50	12:33:55	14:51:14	16:17:43	19:20:28.20	19:20:28.20	+09:23:30 (48.6%)	11:22	5.3 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
155	RĄB Łukasz	715	OBA Z GLIWIC	Open M	127	02:58:04	07:44:52	10:54:11	13:38:16	15:34:30	16:51:46	19:22:56.50	19:22:56.50	+09:25:59 (48.7%)	11:24	5.3 (51.5%)
156	HOLIK Iwona	578	GGB	Open K	28	03:12:17	07:41:24	10:44:28	13:23:38	14:56:09	16:33:55	19:24:15.15	19:24:15.15	+09:27:17 (48.7%)	11:24	5.3 (51.5%)
157	DYLAĞ Katarzyna	548	GGB	Open K	29	03:12:35	07:41:28	10:44:44	13:23:41	14:56:13	16:34:03	19:24:15.40	19:24:15.40	+09:27:17 (48.7%)	11:24	5.3 (51.5%)
158	BODZIOCH Grzegorz	521	GORLICKA GRUPA BIEGOWA	Open M	128	03:12:24	07:42:10	10:44:41	13:23:42	14:56:16	16:36:30	19:24:15.75	19:24:15.75	+09:27:18 (48.7%)	11:24	5.3 (51.5%)
159	NAWORYTA Wojciech	674		Open M	129	02:46:07	07:52:47	11:10:06	13:39:50	15:21:40	16:45:01	19:26:51.95	19:26:51.95	+09:29:54 (48.8%)	11:26	5.2 (50.5%)
160	SASIN-SKRZYŃSKA Anna	726	VEGE RUNNERS	Open K	30		07:23:40	10:43:03	13:06:11	14:58:44	16:25:55	19:30:26.75	19:30:26.75	+09:33:29 (49.0%)	11:28	5.2 (50.5%)
160	GROCHOWSKI Wojciech	567	KLUB WYSOKOGÓRSKI WARSZAWA	Open M	130	02:56:52	07:26:46	10:47:37	13:06:15	14:58:46	16:26:53	19:30:26.75	19:30:26.75	+09:33:29 (49.0%)	11:28	5.2 (50.5%)
162	MROZIK Magdalena	667	POWER TRAINING	Open K	31	03:04:47	07:35:58	10:34:52	13:06:43	15:01:36	16:27:07	19:33:19.45	19:33:19.45	+09:36:22 (49.1%)	11:30	5.2 (50.5%)
163	BOBINSKA Marta	518		Open K	32	03:05:07	07:36:02	10:34:50	13:06:36	15:01:45	16:27:02	19:33:19.65	19:33:19.65	+09:36:22 (49.1%)	11:30	5.2 (50.5%)
164	JĘZYK Bartłomiej	593	MY ENDURANCE COACHING	Open M	131		07:21:25	09:50:36	12:30:44	14:14:41	15:57:54	19:36:21.65	19:36:21.65	+09:39:24 (49.3%)	11:31	5.2 (50.5%)
165	KRAUZE Tomasz	627	GRUPA BIEGOWA WROCŁAWSKIE MORSY	Open M	132	03:10:57	07:44:30	10:50:24	13:09:28	14:57:52	16:30:42	19:37:22.95	19:37:22.95	+09:40:25 (49.3%)	11:32	5.2 (50.5%)
166	KISIAŁA Filip	613	TATA WOJTUSIA	Open M	133	02:53:23	07:25:37	10:34:57	13:01:45	15:01:14	16:35:23	19:37:54.30	19:37:54.30	+09:40:56 (49.3%)	11:32	5.2 (50.5%)
167	KANDEFER Beata	605	KB ATHLETIC ZRĘCIN	Open K	33	02:43:46		11:07:37	13:33:18	15:29:53	17:01:53	19:38:29.35	19:38:29.35	+09:41:31 (49.3%)	11:33	5.2 (50.5%)
168	SAMEK Aleksander	723		Open M	134		08:01:18	11:10:25	13:40:03	15:21:43	16:47:31	19:46:39.70	19:46:39.70	+09:49:42 (49.7%)	11:38	5.2 (50.5%)
169	BOKSA Bartłomiej	522	BOXA TEAM	Open M	135	02:47:59	07:52:43	11:13:46	13:39:56	15:21:46	16:50:40	19:46:55.10	19:46:55.10	+09:49:57 (49.7%)	11:38	5.2 (50.5%)
170	HANGIEL Urszula	574	ŻWAWE ŻÓŁWIE	Open K	34	03:20:45	08:25:06	12:01:07	14:26:00	16:02:50	17:20:26	19:48:42.55	19:48:42.55	+09:51:45 (49.8%)	11:39	5.1 (49.5%)
171	PTAK Dorota	707		Open K	35		07:57:50	11:12:10	13:34:33	15:27:55	17:07:22	19:49:18.95	19:49:18.95	+09:52:21 (49.8%)	11:39	5.1 (49.5%)
172	NOWAK Marcin	676		Open M	136	02:57:58	07:27:05	10:31:55	13:12:12	14:57:26	16:31:17	19:50:59.95	19:50:59.95	+09:54:02 (49.9%)	11:40	5.1 (49.5%)
173	JAROSŁAWSKI Piotr	588		Open M	137		07:22:01	10:31:59	13:12:12	14:57:23	16:31:07	19:51:00.45	19:51:00.45	+09:54:03 (49.9%)	11:40	5.1 (49.5%)
174	NAPIERAŁA Katarzyna	673		Open K	36	03:13:24	07:42:36	10:38:27	12:59:07	14:59:28	16:41:58	20:01:28.80	20:01:28.80	+10:04:31 (50.3%)	11:46	5.1 (49.5%)
175	MAREK Jacek	656		Open M	138	03:00:28	07:41:53	10:32:35	12:59:07	14:59:30	16:41:55	20:03:25.80	20:03:25.80	+10:06:28 (50.4%)	11:47	5.1 (49.5%)
176	PONIATOWSKI Kordian	696	NO NAME PRASZKA	Open M	139		07:22:10	10:04:05	12:54:16	15:02:14	16:48:49	20:04:06.95	20:04:06.95	+10:07:09 (50.4%)	11:48	5.1 (49.5%)
177	KINOWSKA Katarzyna	612	ULTRA WAY TEAM	Open K	37	02:50:27	07:48:19		13:19:28	15:18:52		20:07:10.35	20:07:10.35	+10:10:12 (50.5%)	11:50	5.1 (49.5%)
178	OLSZAŃSKI Krzysztof	678	RUNNING FREE	Open M	140	03:11:24	07:44:12	10:46:53	13:19:27	15:19:07	16:56:34	20:07:10.40	20:07:10.40	+10:10:12 (50.5%)	11:50	5.1 (49.5%)
179	SZYMANKIEWICZ Kalina	749	PROJEKT1000UP	Open K	38	03:10:14	07:52:06	10:50:20	13:20:11	15:19:02	16:56:45	20:07:11.35	20:07:11.35	+10:10:13 (50.5%)	11:50	5.1 (49.5%)
180	RUBINOWSKI Jarek	720		Open M	141	03:11:43	08:01:23	11:09:39	13:34:20	15:35:28	17:01:17	20:07:27.40	20:07:27.40	+10:10:29 (50.6%)	11:50	5.1 (49.5%)
181	KRUPA Daniel	629	STARGARD JA SIĘ NIE ŚCIGAM	Open M	142	03:11:46	08:01:25	11:09:52	13:34:24	15:35:27	17:01:05	20:07:28.25	20:07:28.25	+10:10:30 (50.6%)	11:50	5.1 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
182	TOMASZEK Grzegorz	755	NOWA HUTA TEAM	Open M	143	02:55:49	07:49:04	11:00:55	13:29:07	15:25:11	15:53:56	20:12:54.65	20:12:54.65	+10:15:57 (50.8%)	11:53	5 (48.5%)
183	GIERSZEWSKI Cezary	559	BURE FUTRO	Open M	144	03:11:11	07:44:08	11:01:22	13:29:08	15:24:53	17:06:22	20:12:54.75	20:12:54.75	+10:15:57 (50.8%)	11:53	5 (48.5%)
184	KOWALSKI Krzysztof	622	STS BIEGATON MIKOŁÓW	Open M	145	03:12:50	07:45:17	10:51:08	13:30:35	15:36:48	17:06:46	20:21:59.95	20:21:59.95	+10:25:02 (51.1%)	11:58	5 (48.5%)
185	JASEK Wioletta	589	KOBIETY WATAHY	Open K	39	03:04:38	07:49:36	11:07:40	13:38:47	15:28:36	17:06:32	20:22:02.15	20:22:02.15	+10:25:04 (51.2%)	11:58	5 (48.5%)
186	GRZELAK Łukasz	569	WWW.GRZELAK-KANCELARIA.PL	Open M	146	02:57:05	08:06:25	11:12:00	13:50:48	15:52:30	17:26:02	20:29:14.10	20:29:14.10	+10:32:16 (51.4%)	12:03	5 (48.5%)
186	SAMPIR Mariusz	724	WWW.ARNEON.COM	Open M	146	02:54:00	08:06:21	11:11:56	13:50:42	15:52:36	17:25:58	20:29:14.10	20:29:14.10	+10:32:16 (51.4%)	12:03	5 (48.5%)
188	PSZONAK Damian	706		Open M	148	02:57:26	07:54:37	10:56:00	13:38:42	15:51:50	17:27:41	20:30:34.90	20:30:34.90	+10:33:37 (51.5%)	12:03	5 (48.5%)
189	SZTURC Łukasz	748		Open M	149		08:07:43	11:17:49	13:54:02	15:50:22	17:22:49	20:35:13.70	20:35:13.70	+10:38:16 (51.7%)	12:06	5 (48.5%)
189	NOWICKA Katarzyna	677		Open K	40	03:09:31	08:07:37	11:17:44	13:53:53	15:50:14	17:22:46	20:35:13.70	20:35:13.70	+10:38:16 (51.7%)	12:06	5 (48.5%)
191	SMORAWIŃSKI Marcin	732	SQUASHTeam KONIN	Open M	150	03:10:10	08:11:19	11:32:21	14:05:43	15:57:45	17:36:17	20:37:09.80	20:37:09.80	+10:40:12 (51.7%)	12:07	4.9 (47.6%)
192	RYMARZ Robert	722	BYCHAWA RUNNER'S	Open M	151	03:02:08	08:34:21	12:05:26	14:33:42	16:24:57	17:57:02	20:38:58.40	20:38:58.40	+10:42:00 (51.8%)	12:08	4.9 (47.6%)
193	PRYSTUPA Krzysztof	700		Open M	152	03:05:59	08:10:57		13:56:35	15:57:12	17:31:03	20:48:13.65	20:48:13.65	+10:51:16 (52.2%)	12:14	4.9 (47.6%)
194	BODZIAKOWSKI Bartosz	520	LKS MAKÓW MAZOWIECKI	Open M	153	03:12:14	07:52:11	11:14:32	13:30:26	15:24:34	17:02:02	20:48:44.35	20:48:44.35	+10:51:46 (52.2%)	12:14	4.9 (47.6%)
195	FELKEL Ewa	550	PIĄTKOWO NA BIEGOWO	Open K	41	03:10:29	08:36:32	12:11:15	14:44:46	16:35:04	18:06:43	20:59:53.35	20:59:53.35	+11:02:55 (52.6%)	12:21	4.9 (47.6%)
196	KEGEL Zbigniew	610	PIĄTKOWO NA BIEGOWO	Open M	154	03:13:06	08:36:37	12:11:10	14:44:50	16:35:05	18:06:34	20:59:53.70	20:59:53.70	+11:02:56 (52.6%)	12:21	4.9 (47.6%)
197	JANKOWSKI Jakub	587		Open M	155	02:38:08	07:58:53	10:54:46	13:29:36	15:22:10	17:16:41	21:00:59.70	21:00:59.70	+11:04:02 (52.7%)	12:21	4.9 (47.6%)
198	CEBO Katarzyna	527	RUNPROGRESS.PL TEAM	Open K	42	03:00:32	07:35:40	11:12:08	13:47:06	15:57:30	17:41:33	21:01:03.10	21:01:03.10	+11:04:05 (52.7%)	12:21	4.9 (47.6%)
199	PAK Paweł	687	PENKUPENKU	Open M	156	02:59:29	07:35:49	10:47:02	13:46:58	15:47:17	17:15:56	21:01:04.00	21:01:04.00	+11:04:06 (52.7%)	12:21	4.9 (47.6%)
200	KLUZ Robert	615		Open M	157	03:27:11	08:17:41	11:43:02	13:57:31	16:27:00	18:00:20	21:01:13.65	21:01:13.65	+11:04:16 (52.7%)	12:21	4.9 (47.6%)
201	MASZEWSKA-WACH Mariola	658		Open K	43	03:21:37	08:31:11	11:51:51	14:24:17	16:33:46	18:07:02	21:12:42.50	21:12:42.50	+11:15:45 (53.1%)	12:28	4.8 (46.6%)
202	NIEDŹWIEDŹ Grzegorz	675	STS BIEGATON MIKOŁÓW	Open M	158	02:56:28	08:31:22	12:05:23	14:42:24	16:32:30	18:07:12	21:18:37.85	21:18:37.85	+11:21:40 (53.3%)	12:32	4.8 (46.6%)
203	KOZŁOWSKI Piotr	624	KLUB SPORTOWY HUSARIA SZCZECINEK	Open M	159	03:27:13	08:40:24	12:16:07	15:16:46	16:55:14	18:24:16	21:20:34.85	21:20:34.85	+11:23:37 (53.4%)	12:33	4.8 (46.6%)
204	TEREBECKI Kamil	753	ULTRAS	Open M	160	03:22:44	08:29:08	12:08:48	14:47:21	16:43:40	18:20:55	21:20:36.05	21:20:36.05	+11:23:38 (53.4%)	12:33	4.8 (46.6%)
205	KOWALIK Marcin	621	MOVADO RUNNERS	Open M	161	03:21:05	08:29:14	12:08:26	14:47:07	16:43:35	18:20:49	21:20:40.65	21:20:40.65	+11:23:43 (53.4%)	12:33	4.8 (46.6%)
206	GAWORECKI Sławomir	556	KLUB SPORTOWY HUSARIA SZCZECINEK	Open M	162	03:13:16	08:15:55	11:35:20	14:31:37	16:25:32	17:57:36	21:27:30.90	21:27:30.90	+11:30:33 (53.6%)	12:37	4.8 (46.6%)
207	POCIĘGIEL Michał	693	SKAWINA BIEGA	Open M	163	02:47:51	08:15:52	11:50:28	14:42:10	16:47:59	18:24:06	21:29:46.20	21:29:46.20	+11:32:48 (53.7%)	12:38	4.7 (45.6%)
208	KOTULA Weronika	620		Open K	44	03:00:18	07:46:50	11:12:23	14:24:26	16:33:53	18:24:11	21:37:38.95	21:37:38.95	+11:40:41 (54.0%)	12:43	4.7 (45.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
						Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km					
209	KARWACKI Łukasz	607	PIĘKNI MŁODZIEŃCY	Open M	164	03:12:27	08:19:47	11:52:06	14:31:27	16:48:09	18:28:37	21:38:11.00	21:38:11.00	+11:41:13 (54.0%)	12:43	4.7 (45.6%)
210	HOROSZCZAK Adrian	580	RUSYNLEM	Open M	165	03:14:24	08:31:25	12:17:20	14:56:05	16:54:20	18:40:23	21:38:31.35	21:38:31.35	+11:41:33 (54.0%)	12:43	4.7 (45.6%)
211	CIOSEK Beata	537	AUGUSTEAM	Open K	45	03:23:11	08:29:56	12:05:17	14:51:06	16:50:40	18:45:38	21:59:49.95	21:59:49.95	+12:02:52 (54.8%)	12:56	4.6 (44.7%)
212	MURCHA Paweł	669		Open M	166	03:23:21	08:29:58	12:05:19	14:51:07	16:50:45	18:45:30	21:59:50.15	21:59:50.15	+12:02:52 (54.8%)	12:56	4.6 (44.7%)
Przekroczony limit czasu: 22:00:00																
213	JABŁCZYŃSKI Paweł	584	HURAGAN JÓZEFOWO	Open M	167	03:27:20	08:47:06	12:18:57	15:01:27	17:19:34	19:13:16	22:13:11.40	22:13:11.40	+12:16:13 (55.2%)	13:04	4.6 (44.7%)
214	HORN Rafał	579		Open M	168	03:21:02	08:28:08	12:18:42	15:01:23	17:19:41	19:13:12	22:18:37.65	22:18:37.65	+12:21:40 (55.4%)	13:07	4.6 (44.7%)
215	SOBOL Jerzy	733	NIEZRZESZONY	Open M	169	03:19:11	08:59:19	12:48:39	15:23:12	17:36:16	19:19:15	22:34:15.35	22:34:15.35	+12:37:17 (55.9%)	13:16	4.5 (43.7%)
216	MZYK Fabian	672	STS BIEGATON	Open M	170	03:29:31	09:05:50	12:48:43	15:50:42	18:02:54	19:56:04	23:36:48.10	23:36:48.10	+13:39:50 (57.9%)	13:53	4.3 (41.7%)
	ZIELIŃSKI Tomasz	773	ULTRAPIOTRKÓW	Open M		03:21:52 DNF	08:31:30 DNF	DNF	DNF	12:31:28 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SOLAREWICZ Tomasz	735	ANTYDEPRESANT RUNNING CLUB	Open M		03:11:18 DNF	07:44:16 DNF	11:13:49 DNF	13:46:26 DNF	15:57:34 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KRAJEWSKI Łukasz	626		Open M		DNF	07:43:23 DNF	11:14:28 DNF	13:46:28 DNF	15:57:39 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GAWRYLCZYK Andrzej	558		Open M		03:19:12 DNF	08:37:23 DNF	12:11:13 DNF	14:44:19 DNF	16:35:11 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CZABAN Katarzyna	540	KULAM SIĘ JAK GUMIKLYJZY	Open K		03:12:20 DNF	07:50:47 DNF	11:43:06 DNF	14:36:53 DNF	16:55:23 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	POGODA Kamil	695	ACCENTURE RUNNERS CLUB	Open M		02:29:47 DNF	06:17:16 DNF	08:54:09 DNF	11:22:16 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KUDŁA Joanna	631	KUDŁATE MAKARONY/ GÓRAL Z MAZUR RUNNING TEAM	Open K		02:41:44 DNF	07:23:14 DNF	10:02:54 DNF	12:17:44 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	SUSMARSKA Ewa	744	TM IRON TEAM	Open K		02:36:12 DNF	07:22:05 DNF	10:32:05 DNF	13:12:32 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GILEWSKI Bartłomiej	560	#NIEZESRAJSIE	Open M		03:10:26 DNF	08:18:51 DNF	11:44:34 DNF	14:36:51 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	CHOJNOWSKA Dominika	533	#NIEZESRAJSIE	Open K		03:11:36 DNF	08:17:47 DNF	11:43:13 DNF	14:36:57 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DYCKOWSKI Andrzej	547	KLUB SPORTOWY HUSARIA SZCZECINEK	Open M		03:32:59 DNF	08:41:15 DNF	12:18:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	KACZMAREK Maciej	602	WLKP MOUNTAINS ULTRA	Open M		02:24:31 DNF	06:05:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PRZYBYŁ Zbigniew	703	SZURKOWO TEŻ BIEGA!	Open M		02:37:26 DNF	06:20:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GRANOPS Maciej	566		Open M		02:37:28 DNF	06:20:53 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	ONÁČILA Marek	679		Open M		02:54:14 DNF	08:06:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BOCHNAK Jan	519		Open M		03:19:02 DNF	08:10:41 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	JĘDRZEJEWSKA Beata	592	MIRAZ RACE TEAM	Open K		03:28:21 DNF	09:12:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WILK Maciej	504	RAMBO 3	Open M		01:52:40 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	DUDEK Adam	546		Open M		02:26:55 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Stasiana 18km	Jasiel 43km	Chałupa Elektryków 63km	Puławy Górne 74km	Wilcze Budy 81.5km	Przybyszów 88km	Czas netto 102km	Czas brutto 102km	Różn	Tempo min/km	Tempo km/h
	JAKIMIEC Tadeusz	585	KLUB SPORTOWY HUSARIA SZCZECINEK	Open	M	02:27:43 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MAKAREWICZ Wiktor	653	KUDŁATE MAKARONY/GÓRAL Z MAZUR RUNNING TEAM	Open	M	02:41:00 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SŁOCIAK Rafał	730	PRZEDWOJEWSKI TEAM	Open	M	02:42:46 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KACZMAREK Adam	600		Open	M	02:46:11 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WALKOWSKI Tomasz	759		Open	M	03:01:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	LOSOR Andrzej	643		Open	M	03:23:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RAFA Asia	713		Open	K	03:28:49 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JASIŃSKI Marcin	590		Open	M	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	HOLECZEK Olimpia	577	STS BIEGATON	Open	K	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PAPP Tünde	683	HETÉNYI DARÁLÓ	Open	K	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 245 wynik(ów)