



ŁEMKO TRAIL 30

B4SPORT

Wydarzenie: Łemkowyna Ultra-Trail
Organizator: Fundacja Ultra
Data: 2023-10-21
Miejsce: Komańcza
Dystans: 29 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
1	SIOŁA Karol	3345		Open M	1	01:11:12	02:15:01.45	02:15:01.45		4:39	12.9 (100%)
2	BALIGA Cezary	3002	TEAM HOKA GARMIN	Open M	2	01:12:40	02:20:34.40	02:20:34.40	+00:05:32 (3.9%)	4:50	12.4 (96.1%)
3	POPŁAWSKI Jan	3310	RELENTLESS TRIATHLON TEAM	Open M	3	01:11:08	02:22:26.60	02:22:26.60	+00:07:25 (5.2%)	4:54	12.2 (94.6%)
4	ZYGMUNT Tomasz	3460		Open M	4	01:15:31	02:25:32.35	02:25:32.35	+00:10:30 (7.2%)	5:01	12 (93.0%)
5	KOCIOŁEK Witold	3165	INŻYNIERIA BIEGANIA	Open M	5	01:15:49	02:27:17.05	02:27:17.05	+00:12:15 (8.3%)	5:04	11.8 (91.5%)
6	ZAKRZYŃSKI Paweł	3447	CSC ADVENTURE ACADEMY	Open M	6	01:16:53	02:31:05.25	02:31:05.25	+00:16:03 (10.6%)	5:12	11.5 (89.1%)
7	STANGRECIAK Adam	3364		Open M	7	01:18:36	02:31:38.20	02:31:38.20	+00:16:36 (11.0%)	5:13	11.5 (89.1%)
8	KNAPIK Sebastian	3163	BUTYJANA.PL	Open M	8	01:14:55	02:32:15.25	02:32:15.25	+00:17:13 (11.3%)	5:15	11.4 (88.4%)
9	DUCZMAL Dominika	3072	AW SZYBCIEJ TEAM	Open K	1	01:18:42	02:32:54.95	02:32:54.95	+00:17:53 (11.7%)	5:16	11.4 (88.4%)
10	GAIK Natalia	3085	ŚLIWKA TUITAM	Open K	2	01:21:49	02:34:53.35	02:34:53.35	+00:19:51 (12.8%)	5:20	11.2 (86.8%)
11	ZAJĄC Marcin	3445	MOUNTAIN RUNNING GUIDES	Open M	9	01:19:26	02:38:58.00	02:38:58.00	+00:23:56 (15.1%)	5:28	10.9 (84.5%)
12	ŁASKI Tomasz	3224		Open M	10	01:20:02	02:40:13.90	02:40:13.90	+00:25:12 (15.7%)	5:31	10.9 (84.5%)
13	KWIATKOWSKA Kinga	3001	HOKA GARMIN TEAM	Open K	3	01:24:46	02:41:06.90	02:41:06.90	+00:26:05 (16.2%)	5:33	10.8 (83.7%)
14	MARCHUK Wioletta	3238		Open K	4	01:23:11	02:41:29.20	02:41:29.20	+00:26:27 (16.4%)	5:34	10.8 (83.7%)
15	ZĄBKIEWICZ Szymon	3453		Open M	11	01:22:31	02:41:50.05	02:41:50.05	+00:26:48 (16.6%)	5:34	10.8 (83.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
16	MANJURA Tomasz	3237	CSC ADVENTURE ACADEMY	Open M	12	01:23:24	02:42:16.40	02:42:16.40	+00:27:14 (16.8%)	5:35	10.7 (82.9%)
17	GALIK Piotr	3088		Open M	13	01:22:10	02:42:35.35	02:42:35.35	+00:27:33 (17.0%)	5:36	10.7 (82.9%)
18	WALAG Rafał	3411		Open M	14	01:22:41	02:45:09.05	02:45:09.05	+00:30:07 (18.2%)	5:41	10.5 (81.4%)
19	FRANCUZ Konrad	3080	VEGE RUNNERS	Open M	15		02:45:53.50	02:45:53.50	+00:30:52 (18.6%)	5:43	10.5 (81.4%)
20	ALTEWĘGIER Jarosław	3005	AW - SZYBCIEJ - TEAM	Open M	16	01:24:49	02:46:17.85	02:46:17.85	+00:31:16 (18.8%)	5:44	10.5 (81.4%)
21	STRZĘPEK Dariusz	3368		Open M	17	01:25:12	02:46:46.45	02:46:46.45	+00:31:45 (19.0%)	5:45	10.4 (80.6%)
22	PIOSIK Emil	3302	ON	Open M	18	01:28:54	02:48:36.00	02:48:36.00	+00:33:34 (19.9%)	5:48	10.3 (79.8%)
23	RAFA Dominik	3322	ANIA I CHŁOPAKI	Open M	19	01:27:07	02:51:28.00	02:51:28.00	+00:36:26 (21.3%)	5:54	10.1 (78.3%)
24	MAJEWSKA Agata	3229		Open K	5	01:27:59	02:51:35.05	02:51:35.05	+00:36:33 (21.3%)	5:55	10.1 (78.3%)
25	ZALEWSKI Bartłomiej	3449	BBL ZDUŃSKA WOLA	Open M	20	01:27:21	02:51:47.65	02:51:47.65	+00:36:46 (21.4%)	5:55	10.1 (78.3%)
26	MAJORCZYK Gerard	3230		Open M	21		02:54:29.70	02:54:29.70	+00:39:28 (22.6%)	6:01	10 (77.5%)
27	SZYDŁAK Dariusz	3381		Open M	22	01:26:26	02:54:50.05	02:54:50.05	+00:39:48 (22.8%)	6:01	10 (77.5%)
28	OBERWAN Marek	3277	PANFOTOGRAF.EU	Open M	23	01:30:01	02:55:20.45	02:55:20.45	+00:40:19 (23.0%)	6:02	9.9 (76.7%)
29	GOLA Daniel	3106	TRAIL IS OUR WAY	Open M	24	01:26:37	02:57:12.45	02:57:12.45	+00:42:11 (23.8%)	6:06	9.8 (76.0%)
30	POSPISZYL Jakub	3311		Open M	25	01:36:26	02:57:14.65	02:57:14.65	+00:42:13 (23.8%)	6:06	9.8 (76.0%)
31	PIĄSTKA Tomasz	3298	UKS LIDER	Open M	26	01:30:18	02:57:30.50	02:57:30.50	+00:42:29 (23.9%)	6:07	9.8 (76.0%)
32	SOBCZAK Grzegorz	3356		Open M	27	01:28:08	02:58:30.25	02:58:30.25	+00:43:28 (24.4%)	6:09	9.7 (75.2%)
33	KUSAL Tomasz	3210	OMASZ.TEAM	Open M	28	01:30:15	02:58:34.40	02:58:34.40	+00:43:32 (24.4%)	6:09	9.7 (75.2%)
34	SIMKA Kamil	3344	FORREST GUMP TEAM	Open M	29	01:29:22	02:58:43.65	02:58:43.65	+00:43:42 (24.5%)	6:09	9.7 (75.2%)
35	SZYMAŃSKI Kacper	3384		Open M	30	01:36:52	02:59:03.40	02:59:03.40	+00:44:01 (24.6%)	6:10	9.7 (75.2%)
36	GALEWSKI Adrian	3087		Open M	31	01:30:48	02:59:09.60	02:59:09.60	+00:44:08 (24.6%)	6:10	9.7 (75.2%)
37	SZTORC Joanna	3379		Open K	6	01:37:03	02:59:35.30	02:59:35.30	+00:44:33 (24.8%)	6:11	9.7 (75.2%)
38	HOJAN Łukasz	3131	FEHLAU RUN TEAM	Open M	32	01:37:22	03:00:29.00	03:00:29.00	+00:45:27 (25.2%)	6:13	9.6 (74.4%)

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39	BORYCKI Artur	3027		Open M	33	01:39:12	03:00:58.70	03:00:58.70	+00:45:57 (25.4%)	6:14	9.6 (74.4%)
40	DOŁŻYŃSKI Krzysztof	3063	LATAJĄCE KLAPKI KUBOTA	Open M	34		03:01:36.20	03:01:36.20	+00:46:34 (25.6%)	6:15	9.6 (74.4%)
41	WOSKOWICZ Mateusz	3432		Open M	35		03:02:44.60	03:02:44.60	+00:47:43 (26.1%)	6:18	9.5 (73.6%)
42	PODWÓJCI Michał	3309		Open M	36	01:37:17	03:02:59.85	03:02:59.85	+00:47:58 (26.2%)	6:18	9.5 (73.6%)
43	WILK Szymon	3423		Open M	37	01:39:25	03:03:31.05	03:03:31.05	+00:48:29 (26.4%)	6:19	9.5 (73.6%)
44	MATERA Marcin	3243	LOST 66	Open M	38	01:38:31	03:04:24.35	03:04:24.35	+00:49:22 (26.8%)	6:21	9.4 (72.9%)
45	BASAMANIA Krzysztof	3015	LOST 66	Open M	39	01:38:38	03:04:24.45	03:04:24.45	+00:49:23 (26.8%)	6:21	9.4 (72.9%)
46	GAŁUSZKA Tomasz	3090	SKITUROWE BIESZCZADY	Open M	40	01:36:30	03:04:29.10	03:04:29.10	+00:49:27 (26.8%)	6:21	9.4 (72.9%)
47	SZYMCZAK Bartłomiej	3385	ŻARY RUNNERS TEAM	Open M	41	01:31:02	03:04:34.85	03:04:34.85	+00:49:33 (26.8%)	6:21	9.4 (72.9%)
48	ZALEWSKA Anna	3448	BBL ZDUŃSKA WOLA	Open K	7	01:39:32	03:05:17.95	03:05:17.95	+00:50:16 (27.1%)	6:23	9.4 (72.9%)
49	PATRYN Łukasz	3293	POGÓRZE ULTRA TRAIL	Open M	42	01:25:25	03:05:51.40	03:05:51.40	+00:50:49 (27.4%)	6:24	9.4 (72.9%)
50	PASTUSZAK Mateusz	3292	KTC KROSNO	Open M	43		03:05:59.65	03:05:59.65	+00:50:58 (27.4%)	6:24	9.4 (72.9%)
51	ŚLUSARCZYK Edyta	3387		Open K	8	01:37:27	03:06:16.20	03:06:16.20	+00:51:14 (27.5%)	6:25	9.3 (72.1%)
52	GIEROSZKA Robert	3102	ADS MASNA	Open M	44	01:39:51	03:07:06.60	03:07:06.60	+00:52:05 (27.8%)	6:27	9.3 (72.1%)
53	HALIGOWSKI Karol	3126	STRZYŻOWSKI KLUB SPORTOWY MK DOJO TEAM	Open M	45	01:30:57	03:07:53.45	03:07:53.45	+00:52:52 (28.1%)	6:28	9.3 (72.1%)
54	JACHYM-DREWNIAK Joanna	3471	CENTRUM ZDROWIA BIEGACZA KRAKÓW	Open K	9	01:40:35	03:08:08.90	03:08:08.90	+00:53:07 (28.2%)	6:29	9.2 (71.3%)
55	WITEK Aleksandra	3427		Open K	10	01:40:41	03:09:37.85	03:09:37.85	+00:54:36 (28.8%)	6:32	9.2 (71.3%)
56	PIWOWARSKI Sławomir	3306		Open M	46	01:29:35	03:10:03.45	03:10:03.45	+00:55:02 (29.0%)	6:33	9.2 (71.3%)
57	KOLACHA Patryk	3170	STUDIO GTS	Open M	47	01:40:06	03:10:41.15	03:10:41.15	+00:55:39 (29.2%)	6:34	9.1 (70.5%)
58	KOSTKA Janusz	3185		Open M	48	01:39:00	03:11:02.55	03:11:02.55	+00:56:01 (29.3%)	6:35	9.1 (70.5%)
59	KIEŁBOŃ Ewelina	3158	PRZEWORSKA GRUPA BIEGOWA	Open K	11	01:41:44	03:11:26.40	03:11:26.40	+00:56:24 (29.5%)	6:36	9.1 (70.5%)
60	JEGER Piotr	3146	SKLEP BIEGACZA RUNNING TEAM	Open M	49	01:40:17	03:12:13.05	03:12:13.05	+00:57:11 (29.8%)	6:37	9.1 (70.5%)
61	JASTRZĘBSKI Bartek	3145		Open M	50		03:12:17.45	03:12:17.45	+00:57:16 (29.8%)	6:37	9 (69.8%)

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62	KORPAK Piotr	3178		Open M	51	01:40:01	03:12:35.00	03:12:35.00	+00:57:33 (29.9%)	6:38	9 (69.8%)
63	MASIUKIEWICZ Jacek	3240		Open M	52	01:42:29	03:13:08.25	03:13:08.25	+00:58:06 (30.1%)	6:39	9 (69.8%)
64	PLEWA Rafał	3307		Open M	53	01:36:23	03:13:12.80	03:13:12.80	+00:58:11 (30.1%)	6:39	9 (69.8%)
65	MIGDAŁ Katarzyna	3252	SWORDS ATHLETICS	Open K	12	01:41:26	03:13:56.95	03:13:56.95	+00:58:55 (30.4%)	6:41	9 (69.8%)
66	PERNAL Maciej	3296		Open M	54	01:37:12	03:14:01.10	03:14:01.10	+00:58:59 (30.4%)	6:41	9 (69.8%)
67	GOLEC Ireneusz	3108	VEGE RUNNERS / RUCH IZBICA	Open M	55	01:38:02	03:14:41.45	03:14:41.45	+00:59:40 (30.6%)	6:42	8.9 (69.0%)
68	TOPORKIEWICZ Bartosz	3397	TRAIL IS OUR WAY	Open M	56	01:40:11	03:15:50.30	03:15:50.30	+01:00:48 (31.1%)	6:45	8.9 (69.0%)
69	GARCZYŃSKI Darek	3095		Open M	57	01:39:56	03:15:51.45	03:15:51.45	+01:00:50 (31.1%)	6:45	8.9 (69.0%)
70	MIDOR Karolina	3249	OMASZ.TEAM	Open K	13	01:39:46	03:16:05.85	03:16:05.85	+01:01:04 (31.1%)	6:45	8.9 (69.0%)
71	GANCZEWSKI Paweł	3091		Open M	58	01:42:19	03:16:08.90	03:16:08.90	+01:01:07 (31.2%)	6:45	8.9 (69.0%)
72	HURAS Monika	3135	ITMBW KRAKÓW	Open K	14	01:38:16	03:16:43.05	03:16:43.05	+01:01:41 (31.4%)	6:47	8.8 (68.2%)
73	KOWALSKA Agnieszka	3190		Open K	15	01:42:05	03:17:26.35	03:17:26.35	+01:02:24 (31.6%)	6:48	8.8 (68.2%)
74	WITEK Bogdan	3428		Open M	59	01:40:46	03:18:17.75	03:18:17.75	+01:03:16 (31.9%)	6:50	8.8 (68.2%)
75	JADŁOSZ Sławomir	3140	RUSYNLEM	Open M	60	01:42:38	03:19:13.15	03:19:13.15	+01:04:11 (32.2%)	6:52	8.7 (67.4%)
76	PIWKO Maciej	3303		Open M	61	01:41:48	03:19:25.65	03:19:25.65	+01:04:24 (32.3%)	6:52	8.7 (67.4%)
77	JUCHA Rafał	3149		Open M	62	01:42:34	03:20:01.00	03:20:01.00	+01:04:59 (32.5%)	6:53	8.7 (67.4%)
78	KWIECIEŃ Tomek	3211		Open M	63	01:41:52	03:20:11.65	03:20:11.65	+01:05:10 (32.6%)	6:54	8.7 (67.4%)
78	PAĆKO Michał	3285		Open M	63	01:53:16	03:20:11.65	03:20:11.65	+01:05:10 (32.6%)	6:54	8.7 (67.4%)
80	ADAMSKA Zofia	3004		Open K	16	01:42:23	03:20:24.35	03:20:24.35	+01:05:22 (32.6%)	6:54	8.7 (67.4%)
81	KRASOŃ Marcin	3193	SMASHING PĄPKINS / NBR TEAM / OLX TEAM	Open M	65	01:41:14	03:20:48.30	03:20:48.30	+01:05:46 (32.8%)	6:55	8.7 (67.4%)
82	GRANOWSKI Krzysztof	3117		Open M	66	01:38:25	03:22:41.95	03:22:41.95	+01:07:40 (33.4%)	6:59	8.6 (66.7%)
83	DRGAS Patryk	3069	SYNERGIA CROSSCAMP OŁAWA	Open M	67	01:40:29	03:22:44.30	03:22:44.30	+01:07:42 (33.4%)	6:59	8.6 (66.7%)
84	GROMEK Piotr	3118		Open M	68	01:41:32	03:23:40.85	03:23:40.85	+01:08:39 (33.7%)	7:01	8.5 (65.9%)

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85	DAROWICKI Bartosz	3059		Open M	69	01:38:48	03:24:00.70	03:24:00.70	+01:08:59 (33.8%)	7:02	8.5 (65.9%)
86	WAKOR Pawel	3410		Open M	70	01:43:54	03:24:42.95	03:24:42.95	+01:09:41 (34.0%)	7:03	8.5 (65.9%)
87	KULIK Karolina	3205		Open K	17	02:01:07	03:24:48.15	03:24:48.15	+01:09:46 (34.1%)	7:03	8.5 (65.9%)
88	HARASIMOWICZ Aleksandra	3127	PRZEDWOJEWSKI TEAM	Open K	18	01:42:51	03:25:12.80	03:25:12.80	+01:10:11 (34.2%)	7:04	8.5 (65.9%)
89	CHOJNACKI Mikołaj	3040	WARSAW RUN CLUB	Open M	71	01:52:41	03:25:17.10	03:25:17.10	+01:10:15 (34.2%)	7:04	8.5 (65.9%)
90	KOSIŃSKA Anna	3179		Open K	19	02:02:10	03:25:29.30	03:25:29.30	+01:10:27 (34.3%)	7:05	8.5 (65.9%)
91	RADECKI Wojciech	3320		Open M	72	02:05:34	03:25:40.70	03:25:40.70	+01:10:39 (34.4%)	7:05	8.5 (65.9%)
92	KOPEĆ Karol	3175	MOVADO RUNERS	Open M	73	01:42:43	03:26:10.05	03:26:10.05	+01:11:08 (34.5%)	7:06	8.4 (65.1%)
93	KOCJAN Paweł	3166	KIDS RUN TEAM	Open M	74	01:57:29	03:26:12.70	03:26:12.70	+01:11:11 (34.5%)	7:06	8.4 (65.1%)
94	RATAJCZAK Łukasz	3325	NIGHT RUNNERS	Open M	75	01:42:13	03:27:03.20	03:27:03.20	+01:12:01 (34.8%)	7:08	8.4 (65.1%)
95	MIKOLAJCZYK Lukasz	3253		Open M	76	01:53:38	03:27:10.70	03:27:10.70	+01:12:09 (34.8%)	7:08	8.4 (65.1%)
96	KOLECKI Jakub	3171		Open M	77	01:53:53	03:27:37.25	03:27:37.25	+01:12:35 (35.0%)	7:09	8.4 (65.1%)
97	DRĄG Justyna	3068	INFINITIGYM - ŁUKASZ SZAPORÓW	Open K	20	02:01:59	03:27:40.80	03:27:40.80	+01:12:39 (35.0%)	7:09	8.4 (65.1%)
98	FILIP Mariusz	3079		Open M	78	02:02:35	03:27:50.30	03:27:50.30	+01:12:48 (35.0%)	7:10	8.4 (65.1%)
99	ŚWIĄTEK Monika	3390	ASICSFONTRUNNER POLAND	Open K	21	01:57:57	03:27:58.85	03:27:58.85	+01:12:57 (35.1%)	7:10	8.4 (65.1%)
100	WYŻKIEWICZ Tomasz	3442	SZYBKIBUT	Open M	79	01:39:41	03:28:01.60	03:28:01.60	+01:13:00 (35.1%)	7:10	8.4 (65.1%)
101	RADOSZEK- ZAKRZYŃSKA Barbara	3321	CSC ADVENTURE ACADEMY	Open K	22	01:54:41	03:28:55.30	03:28:55.30	+01:13:53 (35.4%)	7:12	8.3 (64.3%)
102	MORDARSKA Angelika	3261	#R	Open K	23	02:02:56	03:29:24.75	03:29:24.75	+01:14:23 (35.5%)	7:13	8.3 (64.3%)
103	OWOC Tomasz	3282	PKO BANK POLSKI / ADIDAS RUNNERS WARSAW	Open M	80	01:54:10	03:29:28.60	03:29:28.60	+01:14:27 (35.5%)	7:13	8.3 (64.3%)
104	CHOMIK Rafał	3042	3COACH	Open M	81		03:29:58.40	03:29:58.40	+01:14:56 (35.7%)	7:14	8.3 (64.3%)
105	KRÓL Kamil	3197	IM INSPIRATION	Open M	82	01:38:07	03:30:20.55	03:30:20.55	+01:15:19 (35.8%)	7:15	8.3 (64.3%)
106	HEJDUK Monika	3128	UMCS BIEGA	Open K	24		03:30:25.70	03:30:25.70	+01:15:24 (35.8%)	7:15	8.3 (64.3%)
107	SZCZEPANIAK Jakub	3371		Open M	83		03:31:04.15	03:31:04.15	+01:16:02 (36.0%)	7:16	8.2 (63.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
108	POŚPIECH Michał	3312		Open M	84	01:54:03	03:31:44.25	03:31:44.25	+01:16:42 (36.2%)	7:18	8.2 (63.6%)
109	CZARNIECKI Michał	3053	WOLSKI KOLEKTYW BIEGOWY	Open M	85		03:31:54.55	03:31:54.55	+01:16:53 (36.3%)	7:18	8.2 (63.6%)
110	SALAMON Jarosław	3337		Open M	86	01:42:01	03:32:02.85	03:32:02.85	+01:17:01 (36.3%)	7:18	8.2 (63.6%)
111	KURPISZ Aniela	3209	SWORDS ATHLETICS	Open K	25	01:53:43	03:32:52.60	03:32:52.60	+01:17:51 (36.6%)	7:20	8.2 (63.6%)
112	KABZIŃSKI Marcin	3151	ANIA I CHŁOPAKI	Open M	87		03:33:01.20	03:33:01.20	+01:17:59 (36.6%)	7:20	8.2 (63.6%)
112	SADAJ Anna	3336	ANIA I CHŁOPAKI	Open K	26	02:03:04	03:33:01.20	03:33:01.20	+01:17:59 (36.6%)	7:20	8.2 (63.6%)
114	PIWKO Wojciech	3304		Open M	88	01:53:10	03:33:05.15	03:33:05.15	+01:18:03 (36.6%)	7:20	8.2 (63.6%)
115	BUCZYŃSKI Michał	3465	CROSS KAMPINOS	Open M	89	02:04:06	03:33:13.55	03:33:13.55	+01:18:12 (36.7%)	7:21	8.2 (63.6%)
116	BLICHARZ Artur	3020		Open M	90	02:03:27	03:33:22.10	03:33:22.10	+01:18:20 (36.7%)	7:21	8.2 (63.6%)
117	WILK Grzegorz	3424	RUN LOVING ANIMALS	Open M	91	01:42:55	03:33:33.00	03:33:33.00	+01:18:31 (36.8%)	7:21	8.1 (62.8%)
118	MATRACKI Sebastian	3245	TREKKING TEAM OSTROWIEC	Open M	92	02:04:37	03:33:45.80	03:33:45.80	+01:18:44 (36.8%)	7:22	8.1 (62.8%)
119	STELMACHOWSKI Leszek	3366	FITNESS SOUL	Open M	93	02:05:09	03:33:48.90	03:33:48.90	+01:18:47 (36.9%)	7:22	8.1 (62.8%)
120	CZERNAK Anna	3056	VEGE RUNNERS / RUCH IZBICA	Open K	27	02:04:51	03:34:02.95	03:34:02.95	+01:19:01 (36.9%)	7:22	8.1 (62.8%)
121	FRYDRYCH Mateusz	3082	PAWKO RUNNER TEAM	Open M	94	02:06:31	03:34:07.25	03:34:07.25	+01:19:05 (36.9%)	7:23	8.1 (62.8%)
122	KOSTKA Małgorzata	3183	CUBE TEAM	Open K	28	01:57:46	03:34:16.25	03:34:16.25	+01:19:14 (37.0%)	7:23	8.1 (62.8%)
122	KOSTKA Andrzej	3184	CUBE TEAM	Open M	95	02:01:19	03:34:16.25	03:34:16.25	+01:19:14 (37.0%)	7:23	8.1 (62.8%)
124	OBREĆZAREK Jerzy	3278	CROSS KAMPINOS	Open M	96	02:04:30	03:34:49.20	03:34:49.20	+01:19:47 (37.1%)	7:24	8.1 (62.8%)
125	KOCZY-ŁUSIAK Sylwia	3167	3COACH	Open K	29	02:05:57	03:35:20.65	03:35:20.65	+01:20:19 (37.3%)	7:25	8.1 (62.8%)
126	KRÓL Dawid	3196		Open M	97	02:06:08	03:35:30.20	03:35:30.20	+01:20:28 (37.3%)	7:25	8.1 (62.8%)
127	MOŻEJKO Jadwiga	3262	NIEPOŁOMICE BIEGAJĄ	Open K	30	02:10:21	03:35:33.50	03:35:33.50	+01:20:32 (37.4%)	7:25	8.1 (62.8%)
128	BONDAR Krzysztof	3025		Open M	98	02:02:41	03:36:01.65	03:36:01.65	+01:21:00 (37.5%)	7:26	8.1 (62.8%)
129	IDZIK Marcin	3137	KORONA	Open M	99	01:43:06	03:36:11.00	03:36:11.00	+01:21:09 (37.5%)	7:27	8 (62.0%)
130	CZARNECKI Zbigniew	3052	STARE BABICE BIEGAJĄ	Open M	100	02:01:34	03:36:40.30	03:36:40.30	+01:21:38 (37.7%)	7:28	8 (62.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
131	PENCONEK Agata	3295		Open K	31		03:36:46.85	03:36:46.85	+01:21:45 (37.7%)	7:28	8 (62.0%)
132	SZYDŁOWSKI Dawid	3382		Open M	101		03:37:43.10	03:37:43.10	+01:22:41 (38.0%)	7:30	8 (62.0%)
133	GARCZYŃSKA Ania	3094		Open K	32	02:05:02	03:37:52.15	03:37:52.15	+01:22:50 (38.0%)	7:30	8 (62.0%)
134	KNYCH Paweł	3164		Open M	102	01:57:34	03:37:59.35	03:37:59.35	+01:22:57 (38.1%)	7:31	8 (62.0%)
135	ŻUK-LIPIŃSKA Ewelina	3462		Open K	33	02:05:51	03:38:28.05	03:38:28.05	+01:23:26 (38.2%)	7:32	8 (62.0%)
136	WÓLKIEWICZ Dorota	3437	TEAM ZABIEGANEDNI	Open K	34	02:06:52	03:39:19.25	03:39:19.25	+01:24:17 (38.4%)	7:33	7.9 (61.2%)
137	MAKOWSKI Jarosław	3231		Open M	103	02:04:44	03:39:24.20	03:39:24.20	+01:24:22 (38.5%)	7:33	7.9 (61.2%)
138	SALIK Stanisław	3338		Open M	104	02:05:40	03:39:50.65	03:39:50.65	+01:24:49 (38.6%)	7:34	7.9 (61.2%)
139	ŁYP Michał	3226		Open M	105	02:03:48	03:39:57.50	03:39:57.50	+01:24:56 (38.6%)	7:35	7.9 (61.2%)
140	ŁUSZCZ Paweł	3225	GAMONIUSZE DĘBICA	Open M	106	02:01:39	03:40:55.45	03:40:55.45	+01:25:54 (38.9%)	7:37	7.9 (61.2%)
141	PERLIŃSKI Mirosław	3467	ASSECO ACTIVE TEAM	Open M	107		03:41:09.65	03:41:09.65	+01:26:08 (38.9%)	7:37	7.9 (61.2%)
142	DULIK Arkadiusz	3073		Open M	108	02:02:28	03:41:33.25	03:41:33.25	+01:26:31 (39.1%)	7:38	7.9 (61.2%)
143	BOŻEK Grzegorz	3028	DZIKIE ŻYCIE RUNTEAM	Open M	109	02:03:42	03:41:57.85	03:41:57.85	+01:26:56 (39.2%)	7:39	7.8 (60.5%)
144	FILAK Lukasz	3078	PULPET	Open M	110	02:01:27	03:41:57.95	03:41:57.95	+01:26:56 (39.2%)	7:39	7.8 (60.5%)
145	NABORCZYK Sławomir	3265		Open M	111	02:10:54	03:42:52.05	03:42:52.05	+01:27:50 (39.4%)	7:41	7.8 (60.5%)
146	FRANCZAK Katarzyna	3081		Open K	35	02:07:14	03:43:43.05	03:43:43.05	+01:28:41 (39.6%)	7:42	7.8 (60.5%)
147	FIEBIG Jakub	3077	MAHLERTEAM	Open M	112		03:44:19.75	03:44:19.75	+01:29:18 (39.8%)	7:44	7.8 (60.5%)
148	LEJMAN Adam	3212		Open M	113	02:03:19	03:44:20.60	03:44:20.60	+01:29:19 (39.8%)	7:44	7.8 (60.5%)
149	PAWŁOWSKI Paweł	3294		Open M	114	01:41:40	03:44:27.25	03:44:27.25	+01:29:25 (39.8%)	7:44	7.8 (60.5%)
150	NIESIOBĘDZKA Katarzyna	3270		Open K	36	02:05:15	03:45:02.25	03:45:02.25	+01:30:00 (40.0%)	7:45	7.7 (59.7%)
151	PYSZYŃSKI Mariusz	3319	KAMCIA KAMCIA	Open M	115	02:03:09	03:45:13.90	03:45:13.90	+01:30:12 (40.1%)	7:45	7.7 (59.7%)
152	MUCHA Patryk	3263		Open M	116	02:12:56	03:45:31.25	03:45:31.25	+01:30:29 (40.1%)	7:46	7.7 (59.7%)
153	PTAK Paweł	3317		Open M	117	02:07:02	03:45:43.90	03:45:43.90	+01:30:42 (40.2%)	7:47	7.7 (59.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
154	WYSOCKI Bartosz	3441	KS JANUSZE	Open M	118	02:04:24	03:45:49.45	03:45:49.45	+01:30:48 (40.2%)	7:47	7.7 (59.7%)
155	WYSOCKA Iwona	3440	KS JANUSZE	Open K	37	02:04:16	03:45:49.60	03:45:49.60	+01:30:48 (40.2%)	7:47	7.7 (59.7%)
156	PIĘTKA Marzena	3300	BRAVEHEARTS LEGIONOWO	Open K	38	02:05:45	03:46:07.00	03:46:07.00	+01:31:05 (40.3%)	7:47	7.7 (59.7%)
157	SPORNIAK Krzysztof	3464		Open M	119	02:09:32	03:46:28.80	03:46:28.80	+01:31:27 (40.4%)	7:48	7.7 (59.7%)
158	GARBATY Anna	3093		Open K	39	02:07:37	03:47:01.50	03:47:01.50	+01:32:00 (40.5%)	7:49	7.7 (59.7%)
159	WÓJTOWICZ Robert	3435		Open M	120	02:02:48	03:47:20.45	03:47:20.45	+01:32:19 (40.6%)	7:50	7.7 (59.7%)
160	DRUŻKOWSKA Monika	3070		Open K	40	02:10:41	03:47:22.00	03:47:22.00	+01:32:20 (40.6%)	7:50	7.7 (59.7%)
161	KRUPEJ Michał	3198		Open M	121	02:07:29	03:47:55.25	03:47:55.25	+01:32:53 (40.8%)	7:51	7.6 (58.9%)
162	RUSIN Konrad	3332		Open M	122	02:12:14	03:48:19.55	03:48:19.55	+01:33:18 (40.9%)	7:52	7.6 (58.9%)
163	HETMAŃCZYK Agnieszka	3130	#CZELADZBIEGA	Open K	41	02:09:45	03:48:29.80	03:48:29.80	+01:33:28 (40.9%)	7:52	7.6 (58.9%)
164	PIWOWARCZYK Magdalena	3305		Open K	42	02:11:20	03:48:48.20	03:48:48.20	+01:33:46 (41.0%)	7:53	7.6 (58.9%)
165	WOJDYŁA Wojciech	3430		Open M	123	02:10:03	03:48:54.25	03:48:54.25	+01:33:52 (41.0%)	7:53	7.6 (58.9%)
166	BUGAŁA Robert	3034	SOLIOD HOUSE	Open M	124	02:08:26	03:49:05.95	03:49:05.95	+01:34:04 (41.1%)	7:53	7.6 (58.9%)
167	DYBCZAK Maciej	3074		Open M	125	02:07:08	03:49:15.25	03:49:15.25	+01:34:13 (41.1%)	7:54	7.6 (58.9%)
168	GRYZ Jacek	3120		Open M	126	02:41:25	03:49:17.95	03:49:17.95	+01:34:16 (41.1%)	7:54	7.6 (58.9%)
169	PĘDRAK Łukasz	3297		Open M	127	02:03:55	03:49:26.35	03:49:26.35	+01:34:24 (41.2%)	7:54	7.6 (58.9%)
170	BRYTAŃCZYK Mateusz	3031		Open M	128	01:42:47	03:49:30.85	03:49:30.85	+01:34:29 (41.2%)	7:54	7.6 (58.9%)
171	WIĘCEK Paulina	3422		Open K	43	02:13:05	03:49:40.40	03:49:40.40	+01:34:38 (41.2%)	7:55	7.6 (58.9%)
172	KOWALCZYK Olga	3188	SWORDS ATHLETICS	Open K	44	02:08:32	03:49:48.85	03:49:48.85	+01:34:47 (41.2%)	7:55	7.6 (58.9%)
173	SEREDA Paweł	3340		Open M	129	02:05:26	03:49:52.55	03:49:52.55	+01:34:51 (41.3%)	7:55	7.6 (58.9%)
174	KOWALCZUK Jakub	3186		Open M	130	02:07:43	03:49:54.30	03:49:54.30	+01:34:52 (41.3%)	7:55	7.6 (58.9%)
175	TRZCIŃSKI Marcin	3401		Open M	131	02:06:57	03:50:00.75	03:50:00.75	+01:34:59 (41.3%)	7:55	7.6 (58.9%)
176	GONZALEZ GUILLEN Anabel Berenice	3113		Open K	45	02:33:56	03:50:11.20	03:50:11.20	+01:35:09 (41.3%)	7:56	7.6 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
177	ZATORSKA Katarzyna	3451	LSYP ACTIVE!	Open K	46	02:09:51	03:50:27.25	03:50:27.25	+01:35:25 (41.4%)	7:56	7.6 (58.9%)
178	WACHOWSKI Piotr	3409		Open M	132	02:08:40	03:50:52.95	03:50:52.95	+01:35:51 (41.5%)	7:57	7.5 (58.1%)
179	NAGORSKI Jacek	3268		Open M	133	02:07:49	03:51:28.45	03:51:28.45	+01:36:27 (41.7%)	7:58	7.5 (58.1%)
180	GUSTAW Malgorzata	3123	HARDE SUKI I WCZASOWICZE	Open K	47	02:10:09	03:51:40.00	03:51:40.00	+01:36:38 (41.7%)	7:59	7.5 (58.1%)
181	RAJCZONEK Rafał	3323	NO FUTURE	Open M	134	02:06:25	03:51:57.20	03:51:57.20	+01:36:55 (41.8%)	7:59	7.5 (58.1%)
182	KOMOROWSKI Łukasz	3173		Open M	135	02:11:13	03:52:05.20	03:52:05.20	+01:37:03 (41.8%)	8:00	7.5 (58.1%)
183	WÓJCIK Grzegorz	3433	BIEGING TEAM ZELÓW	Open M	136	02:11:47	03:52:20.80	03:52:20.80	+01:37:19 (41.9%)	8:00	7.5 (58.1%)
184	HABIB Marek	3125		Open M	137	02:10:26	03:52:42.30	03:52:42.30	+01:37:40 (42.0%)	8:01	7.5 (58.1%)
185	MUZAJ Grzegorz	3264		Open M	138	02:06:13	03:53:01.30	03:53:01.30	+01:37:59 (42.1%)	8:02	7.5 (58.1%)
186	GONCERZEWICZ Anna	3111	ASICS FRONTRUNNER/STARE BABICE BIEGAJĄ	Open K	48	02:34:12	03:53:23.20	03:53:23.20	+01:38:21 (42.1%)	8:02	7.5 (58.1%)
187	JODKO Rafał	3148	OTF	Open M	139	02:06:45	03:53:51.80	03:53:51.80	+01:38:50 (42.3%)	8:03	7.4 (57.4%)
188	FUJA Łukasz	3083	DST	Open M	140	02:09:06	03:54:00.15	03:54:00.15	+01:38:58 (42.3%)	8:04	7.4 (57.4%)
189	PASTORICA Maxime	3290		Open M	141		03:55:01.55	03:55:01.55	+01:40:00 (42.5%)	8:06	7.4 (57.4%)
190	PASTORICA Eugenio	3291		Open M	142	02:09:40	03:55:02.40	03:55:02.40	+01:40:00 (42.6%)	8:06	7.4 (57.4%)
191	PRZYBYLSKA Katarzyna	3315	WITKOWO BIEGA	Open K	49	02:09:27	03:55:08.55	03:55:08.55	+01:40:07 (42.6%)	8:06	7.4 (57.4%)
192	KAWA Wioletta	3156		Open K	50		03:55:13.05	03:55:13.05	+01:40:11 (42.6%)	8:06	7.4 (57.4%)
193	SKRUDLIK Wojciech	3350	NIGHT RUNNERS	Open M	143	02:12:51	03:55:16.70	03:55:16.70	+01:40:15 (42.6%)	8:06	7.4 (57.4%)
194	BAŁABAN Waldemar	3012	BIEGUNY WALBA	Open M	144	02:13:15	03:55:43.30	03:55:43.30	+01:40:41 (42.7%)	8:07	7.4 (57.4%)
195	KRYSA Halina	3199	ROZBIEGANA BABCIA	Open K	51	02:40:41	03:56:20.90	03:56:20.90	+01:41:19 (42.9%)	8:08	7.4 (57.4%)
196	KLUCZYNSKI Grzegorz	3468		Open M	145	02:08:11	03:56:29.80	03:56:29.80	+01:41:28 (42.9%)	8:09	7.4 (57.4%)
197	BABICKA Olga	3006		Open K	52	02:35:36	03:56:33.60	03:56:33.60	+01:41:32 (42.9%)	8:09	7.4 (57.4%)
198	LUBOWIECKA Katarzyna	3221		Open K	53	02:09:20	03:56:55.50	03:56:55.50	+01:41:54 (43.0%)	8:10	7.3 (56.6%)
199	RYSZKO Grzegorz	3334	NEW BALANCE RUN CLUB WARSZAWA	Open M	146	02:04:00	03:56:56.40	03:56:56.40	+01:41:54 (43.0%)	8:10	7.3 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
200	DEC Marzena	3062		Open K	54	02:36:11	03:56:57.65	03:56:57.65	+01:41:56 (43.0%)	8:10	7.3 (56.6%)
201	SIKORSKI Wojciech	3343		Open M	147	02:12:40	03:57:22.10	03:57:22.10	+01:42:20 (43.1%)	8:11	7.3 (56.6%)
202	SMOLIŃSKI Rafał	3353		Open M	148	02:07:20	03:57:45.15	03:57:45.15	+01:42:43 (43.2%)	8:11	7.3 (56.6%)
203	LEŚNIAK Izabela	3220		Open K	55	02:35:58	03:57:50.10	03:57:50.10	+01:42:48 (43.2%)	8:12	7.3 (56.6%)
204	SMOLORZ Kewin	3354		Open M	149	02:08:56	03:57:59.40	03:57:59.40	+01:42:57 (43.3%)	8:12	7.3 (56.6%)
205	GOŁYGOWSKI Łukasz	3109	WITKOWO BIEGA	Open M	150	02:10:30	03:58:04.70	03:58:04.70	+01:43:03 (43.3%)	8:12	7.3 (56.6%)
206	JASKÓLSKA Joanna	3143		Open K	56	02:13:23	03:58:22.15	03:58:22.15	+01:43:20 (43.4%)	8:13	7.3 (56.6%)
207	DANIELXR21 Danielxr2I	3058	#R	Open M	151		03:58:43.90	03:58:43.90	+01:43:42 (43.4%)	8:13	7.3 (56.6%)
208	WIETECZA Paweł	3421		Open M	152	02:11:26	03:59:06.65	03:59:06.65	+01:44:05 (43.5%)	8:14	7.3 (56.6%)
209	KISIEL Michał	3161		Open M	153	02:44:05	03:59:12.75	03:59:12.75	+01:44:11 (43.6%)	8:14	7.3 (56.6%)
209	CISKOWSKA Weronika	3045		Open K	57		03:59:12.75	03:59:12.75	+01:44:11 (43.6%)	8:14	7.3 (56.6%)
211	SZELAĞIEWICZ Patrycja	3374		Open K	58	02:33:50	03:59:19.35	03:59:19.35	+01:44:17 (43.6%)	8:15	7.3 (56.6%)
212	ZAPAŚNIK Michał	3450	BIEGIEM PO WINO	Open M	154	02:10:15	03:59:44.25	03:59:44.25	+01:44:42 (43.7%)	8:16	7.3 (56.6%)
213	PASISZ Artur	3289	WOODWARD RUNNERS	Open M	155	02:41:37	04:00:10.30	04:00:10.30	+01:45:08 (43.8%)	8:16	7.2 (55.8%)
214	STANOSZ-CHEŁKOWSKA Aneta	3365	HARDE DZIKI	Open K	59	02:13:10	04:00:12.75	04:00:12.75	+01:45:11 (43.8%)	8:16	7.2 (55.8%)
215	LESZCZYŃSKI Paweł	3218	LASY WAWERSKIE	Open M	156	02:43:21	04:00:36.90	04:00:36.90	+01:45:35 (43.9%)	8:17	7.2 (55.8%)
216	CERAN Artur	3037		Open M	157	02:10:35	04:01:51.65	04:01:51.65	+01:46:50 (44.2%)	8:20	7.2 (55.8%)
217	KRAKOŚ Konrad	3192		Open M	158	02:08:06	04:02:10.55	04:02:10.55	+01:47:09 (44.2%)	8:21	7.2 (55.8%)
218	MALINOWSKI Tomasz Malinowski	3235	UKS LIDER SIERCZA	Open M	159		04:02:39.45	04:02:39.45	+01:47:38 (44.4%)	8:22	7.2 (55.8%)
218	TARNAWSKA Anna	3392	UKS LIDER SIERCZA	Open K	60	02:35:43	04:02:39.45	04:02:39.45	+01:47:38 (44.4%)	8:22	7.2 (55.8%)
218	SOWA-LEWANDOWSKA Katarzyna	3360	UKS LIDER/ TECHNIKAM	Open K	60	02:34:02	04:02:39.45	04:02:39.45	+01:47:38 (44.4%)	8:22	7.2 (55.8%)
221	KOISZEWSKI Krzysztof	3169	KLUB 42,2 LĘBORK	Open M	160	02:43:02	04:02:59.40	04:02:59.40	+01:47:57 (44.4%)	8:22	7.2 (55.8%)
222	KOISZEWSKA Izabela	3168	KLUB 42,2 LĘBORK	Open K	62	02:43:17	04:02:59.60	04:02:59.60	+01:47:58 (44.4%)	8:22	7.2 (55.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
223	GLINKOWSKA Monika	3103		Open K	63	02:45:16	04:03:03.30	04:03:03.30	+01:48:01 (44.4%)	8:22	7.2 (55.8%)
224	KIFNER Hubert	3159	BIEGIEM PO WINO	Open M	161	02:08:45	04:03:24.40	04:03:24.40	+01:48:22 (44.5%)	8:23	7.1 (55.0%)
225	MISIUREWICZ Rozanna	3259		Open K	64	02:11:33	04:03:38.35	04:03:38.35	+01:48:36 (44.6%)	8:24	7.1 (55.0%)
226	GOMUŁKA Katarzyna	3110	GORLICKA GRUPA BIEGOWA	Open K	65	02:11:06	04:03:41.05	04:03:41.05	+01:48:39 (44.6%)	8:24	7.1 (55.0%)
227	NIEDZIELA Wiktor	3269		Open M	162	02:11:00	04:03:42.95	04:03:42.95	+01:48:41 (44.6%)	8:24	7.1 (55.0%)
228	RYBACZUK Ewelina	3333		Open K	66	02:42:16	04:04:00.05	04:04:00.05	+01:48:58 (44.7%)	8:24	7.1 (55.0%)
229	KUBRAK Wojciech	3202		Open M	163	02:41:04	04:04:00.20	04:04:00.20	+01:48:58 (44.7%)	8:24	7.1 (55.0%)
230	MIERZYŃSKI Rafał	3251	BIEGING TEAM ZELÓW	Open M	164	02:12:09	04:04:46.05	04:04:46.05	+01:49:44 (44.8%)	8:26	7.1 (55.0%)
231	MARCINIAK Tomasz	3239		Open M	165	02:42:11	04:04:48.05	04:04:48.05	+01:49:46 (44.8%)	8:26	7.1 (55.0%)
232	ZAWADZKI Piotr	3452		Open M	166		04:05:15.10	04:05:15.10	+01:50:13 (44.9%)	8:27	7.1 (55.0%)
233	TYLKA Gosia	3403		Open K	67	02:43:39	04:05:42.00	04:05:42.00	+01:50:40 (45.0%)	8:28	7.1 (55.0%)
234	MALARA Anna	3233	3COACH	Open K	68	02:11:54	04:06:00.25	04:06:00.25	+01:50:58 (45.1%)	8:28	7.1 (55.0%)
235	CZAPLIŃSKIA Wioletta	3051		Open K	69	02:43:57	04:06:44.75	04:06:44.75	+01:51:43 (45.3%)	8:30	7.1 (55.0%)
236	CZUPIK Jerzy	3057	RUSYN-LEM	Open M	167	02:07:54	04:06:48.05	04:06:48.05	+01:51:46 (45.3%)	8:30	7.1 (55.0%)
237	CHODZIŃSKA Mariola	3039		Open K	70		04:06:59.15	04:06:59.15	+01:51:57 (45.3%)	8:31	7 (54.3%)
238	HUSIATYNSKI Maciej	3136		Open M	168	02:50:13	04:07:12.95	04:07:12.95	+01:52:11 (45.4%)	8:31	7 (54.3%)
239	CIURYK-KOSOWSKA Julia	3046	RUSYNLEM	Open K	71	02:12:26	04:07:33.90	04:07:33.90	+01:52:32 (45.5%)	8:32	7 (54.3%)
239	KOSOWSKI Seweryn	3182	KOSATEAM / RUSYNLEM	Open M	169		04:07:33.90	04:07:33.90	+01:52:32 (45.5%)	8:32	7 (54.3%)
241	KUCHARSKI Lukasz	3203		Open M	170	02:45:11	04:07:42.75	04:07:42.75	+01:52:41 (45.5%)	8:32	7 (54.3%)
242	BŁASZCZAK Anna	3021		Open K	72	02:45:03	04:07:42.90	04:07:42.90	+01:52:41 (45.5%)	8:32	7 (54.3%)
243	OLZACKI Piotr	3281		Open M	171	02:42:50	04:07:55.35	04:07:55.35	+01:52:53 (45.5%)	8:32	7 (54.3%)
244	RZESZOWSKI Tomasz	3335	MIRAZ RACE TEAM	Open M	172	02:41:29	04:08:16.15	04:08:16.15	+01:53:14 (45.6%)	8:33	7 (54.3%)
245	STOLARZ Marta	3367	NIEPOŁOMICE BIEGAJĄ	Open K	73	02:44:54	04:09:18.15	04:09:18.15	+01:54:16 (45.8%)	8:35	7 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
246	DOMINIAK Emilia	3064		Open K	74	02:44:27	04:09:19.70	04:09:19.70	+01:54:18 (45.8%)	8:35	7 (54.3%)
247	BAJOŁEK Aleksandra	3009	AZS AWF KRAKOW MASTERS	Open K	75	02:51:39	04:09:27.05	04:09:27.05	+01:54:25 (45.9%)	8:36	7 (54.3%)
248	GŁUSZKOWSKA Monika	3105	TEAMZABIEGANEDNI	Open K	76	02:11:42	04:09:42.20	04:09:42.20	+01:54:40 (45.9%)	8:36	7 (54.3%)
249	CZEKAJ Szymon	3054		Open M	173	03:18:14	04:09:48.10	04:09:48.10	+01:54:46 (45.9%)	8:36	7 (54.3%)
250	KIM Renata	3160	TEAM ZABIEGANEDNI	Open K	77	02:44:14	04:10:01.05	04:10:01.05	+01:54:59 (46.0%)	8:37	7 (54.3%)
251	KORPAK Marta	3177		Open K	78	02:55:29	04:10:30.95	04:10:30.95	+01:55:29 (46.1%)	8:38	6.9 (53.5%)
252	BRUSIŁO Bartosz	3030		Open M	174	02:36:44	04:10:58.65	04:10:58.65	+01:55:57 (46.2%)	8:39	6.9 (53.5%)
253	BIEDROŃ Artur	3017	ERP HEART TEAM	Open M	175	02:52:36	04:11:14.65	04:11:14.65	+01:56:13 (46.3%)	8:39	6.9 (53.5%)
254	MAKSYMIUK Magdalena	3232		Open K	79	02:42:38	04:11:24.80	04:11:24.80	+01:56:23 (46.3%)	8:40	6.9 (53.5%)
255	REKOSIEWICZ-TOKARZ Monika	3326	ZAWADZKA TEAM	Open K	80	02:50:47	04:11:31.15	04:11:31.15	+01:56:29 (46.3%)	8:40	6.9 (53.5%)
256	GIERAŁT Urszula	3099		Open K	81	02:41:52	04:11:38.00	04:11:38.00	+01:56:36 (46.3%)	8:40	6.9 (53.5%)
257	CZAJA Paweł	3049		Open M	176	02:36:18	04:11:42.05	04:11:42.05	+01:56:40 (46.4%)	8:40	6.9 (53.5%)
258	CZAJKA Agata	3050	WSL	Open K	82	02:37:06	04:11:54.00	04:11:54.00	+01:56:52 (46.4%)	8:41	6.9 (53.5%)
259	STAMM Tomasz	3363		Open M	177	02:37:16	04:12:37.35	04:12:37.35	+01:57:35 (46.6%)	8:42	6.9 (53.5%)
260	GRANOWSKA Marta	3116		Open K	83	02:40:35	04:12:46.55	04:12:46.55	+01:57:45 (46.6%)	8:42	6.9 (53.5%)
261	MICHALCZYK Anna	3248	NAPRZÓD MŁOCINY	Open K	84	02:51:50	04:13:20.40	04:13:20.40	+01:58:18 (46.7%)	8:44	6.9 (53.5%)
262	LEJMAN-KUDŁA Kamila	3213		Open K	85	02:45:31	04:13:25.70	04:13:25.70	+01:58:24 (46.7%)	8:44	6.9 (53.5%)
263	OLSZEWSKI Kamil	3280		Open M	178	02:34:32	04:13:42.75	04:13:42.75	+01:58:41 (46.8%)	8:44	6.9 (53.5%)
264	STABRAWA Marcin	3362		Open M	179	02:35:18	04:13:43.05	04:13:43.05	+01:58:41 (46.8%)	8:44	6.9 (53.5%)
265	ZIĘBA Anna	3455		Open K	86	02:53:54	04:14:13.05	04:14:13.05	+01:59:11 (46.9%)	8:45	6.8 (52.7%)
266	BUGAJCZYK Cezary	3033	SPARTA LUBLIN	Open M	180	02:52:05	04:15:15.05	04:15:15.05	+02:00:13 (47.1%)	8:48	6.8 (52.7%)
267	PABIAŃCZYK Małgorzata	3284		Open K	87	02:50:04	04:15:39.65	04:15:39.65	+02:00:38 (47.2%)	8:48	6.8 (52.7%)
268	MAŁECKA-NOWAK Natalia	3236	RUSYNLEM	Open K	88	02:53:44	04:16:05.60	04:16:05.60	+02:01:04 (47.3%)	8:49	6.8 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
269	CIERPIAŁ Karolina	3044		Open K	89	02:41:17	04:16:19.70	04:16:19.70	+02:01:18 (47.3%)	8:50	6.8 (52.7%)
270	LESZCZYŃSKI Bartek	3219		Open M	181	02:40:52	04:16:27.95	04:16:27.95	+02:01:26 (47.4%)	8:50	6.8 (52.7%)
271	BIŻEK Katarzyna	3019	SPARTA	Open K	90	02:44:21	04:16:31.90	04:16:31.90	+02:01:30 (47.4%)	8:50	6.8 (52.7%)
272	PIĘTKA Wojciech	3299		Open M	182	02:57:08	04:16:44.15	04:16:44.15	+02:01:42 (47.4%)	8:51	6.8 (52.7%)
273	WRZESIAK Marcin	3438	BIEGING TEAM ZELÓW	Open M	183	02:12:46	04:16:45.20	04:16:45.20	+02:01:43 (47.4%)	8:51	6.8 (52.7%)
274	DZIŻA-URBANIAK Natalia	3075		Open K	91		04:16:45.80	04:16:45.80	+02:01:44 (47.4%)	8:51	6.8 (52.7%)
275	ZAJDEL Szczepan	3446		Open M	184	02:42:32	04:16:59.85	04:16:59.85	+02:01:58 (47.5%)	8:51	6.8 (52.7%)
276	SZCZECZLA-RUCHAŁA Anna	3370		Open K	92	02:54:46	04:17:03.95	04:17:03.95	+02:02:02 (47.5%)	8:51	6.8 (52.7%)
277	SKĄPSKI Ksawery	3347	BWRUNNERS	Open M	185	02:50:32	04:17:12.25	04:17:12.25	+02:02:10 (47.5%)	8:52	6.8 (52.7%)
278	JURYŚ Sławomir	3150	JSYSTEM	Open M	186	02:52:43	04:17:14.00	04:17:14.00	+02:02:12 (47.5%)	8:52	6.8 (52.7%)
279	OZIMINA Samuel	3283		Open M	187	02:55:42	04:17:30.55	04:17:30.55	+02:02:29 (47.6%)	8:52	6.8 (52.7%)
280	TWARDZIK Laura	3402		Open K	93	02:57:56	04:17:30.60	04:17:30.60	+02:02:29 (47.6%)	8:52	6.8 (52.7%)
281	SKRZYPEK Robert	3351	BIEGNIJ Z PROSERVICE	Open M	188	02:49:52	04:18:11.45	04:18:11.45	+02:03:10 (47.7%)	8:54	6.7 (51.9%)
282	TOMAKA Jadwiga	3396	SZKÓŁKA ROLKOWA WODZU	Open K	94	02:57:29	04:18:57.75	04:18:57.75	+02:03:56 (47.9%)	8:55	6.7 (51.9%)
283	SIOREK Katarzyna	3346	WILQ TEAM	Open K	95	02:57:40	04:19:13.05	04:19:13.05	+02:04:11 (47.9%)	8:56	6.7 (51.9%)
284	CYGAN Anna	3047	BLACK HAT ULTRA	Open K	96	02:52:48	04:19:15.95	04:19:15.95	+02:04:14 (47.9%)	8:56	6.7 (51.9%)
285	GACKA Wioleta	3084		Open K	97	02:57:04	04:19:19.35	04:19:19.35	+02:04:17 (47.9%)	8:56	6.7 (51.9%)
286	GARBACZ Kamila	3092		Open K	98	02:57:26	04:19:42.80	04:19:42.80	+02:04:41 (48.0%)	8:57	6.7 (51.9%)
287	WIEKIERA Michał	3419		Open M	189	02:36:36	04:19:46.80	04:19:46.80	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
288	SORNAT Mariusz	3359		Open M	190		04:19:47.00	04:19:47.00	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
289	MATHIEU Aoutin	3244		Open M	191	02:36:51	04:19:47.30	04:19:47.30	+02:04:45 (48.0%)	8:57	6.7 (51.9%)
290	LEPAK Aleksandra	3216		Open K	99	02:44:47	04:20:23.65	04:20:23.65	+02:05:22 (48.1%)	8:58	6.7 (51.9%)
291	URBANOWICZ Piotr	3407		Open M	192		04:20:29.00	04:20:29.00	+02:05:27 (48.2%)	8:58	6.7 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
292	NIKLEWICZ Zdzisław	3271		Open M	193	02:54:53	04:20:46.10	04:20:46.10	+02:05:44 (48.2%)	8:59	6.7 (51.9%)
293	WIERZBICKA Ewa	3420		Open K	100	02:55:55	04:20:55.30	04:20:55.30	+02:05:53 (48.3%)	8:59	6.7 (51.9%)
294	MASZKOWSKA Anna	3241		Open K	101	03:01:14	04:21:08.45	04:21:08.45	+02:06:07 (48.3%)	9:00	6.7 (51.9%)
295	KOPAŃSKI Damian	3174		Open M	194	02:42:44	04:21:34.40	04:21:34.40	+02:06:32 (48.4%)	9:01	6.7 (51.9%)
296	GOLA Karolina	3107		Open K	102	02:58:55	04:22:09.75	04:22:09.75	+02:07:08 (48.5%)	9:02	6.6 (51.2%)
297	MIROWSKI Mariusz	3258		Open M	195	03:23:09	04:22:28.20	04:22:28.20	+02:07:26 (48.6%)	9:03	6.6 (51.2%)
298	GWIZDŹ Karolina	3124	BESKIDZKIE RYSIE RUNNING TEAM	Open K	103	02:57:17	04:22:35.05	04:22:35.05	+02:07:33 (48.6%)	9:03	6.6 (51.2%)
299	MIKOSZ Marta	3255		Open K	104	02:52:52	04:22:40.85	04:22:40.85	+02:07:39 (48.6%)	9:03	6.6 (51.2%)
300	NOWAK Piotr	3275		Open M	196	02:43:44	04:22:41.75	04:22:41.75	+02:07:40 (48.6%)	9:03	6.6 (51.2%)
301	BOGDAŃSKA Katarzyna	3023		Open K	105	02:54:40	04:22:43.50	04:22:43.50	+02:07:42 (48.6%)	9:03	6.6 (51.2%)
302	MILEWSKA Dominika	3256		Open K	106	02:54:16	04:22:43.70	04:22:43.70	+02:07:42 (48.6%)	9:03	6.6 (51.2%)
303	MASZKOWSKI Rafał	3242		Open M	197	03:01:21	04:22:51.35	04:22:51.35	+02:07:49 (48.6%)	9:03	6.6 (51.2%)
304	GORAJEK Michał	3114	ALA&LILA	Open M	198	02:51:58	04:22:58.80	04:22:58.80	+02:07:57 (48.7%)	9:04	6.6 (51.2%)
305	WINIARCZYK Łukasz	3425	MIKI&OLUŚ&REMUŚ	Open M	199	02:50:23	04:22:58.95	04:22:58.95	+02:07:57 (48.7%)	9:04	6.6 (51.2%)
306	TYMBURSKI Michał	3405	SPARTA LUBLIN	Open M	200	02:52:27	04:23:15.30	04:23:15.30	+02:08:13 (48.7%)	9:04	6.6 (51.2%)
307	CHMURA-SKERCZYŃSKA Natalia	3038		Open K	107	03:00:28	04:24:11.55	04:24:11.55	+02:09:10 (48.9%)	9:06	6.6 (51.2%)
308	KOSIŃSKI Tomasz	3180		Open M	201	03:00:23	04:24:11.70	04:24:11.70	+02:09:10 (48.9%)	9:06	6.6 (51.2%)
309	POŹNIAK-STYCZYŃSKA Maja	3314	DDC	Open K	108	02:57:00	04:24:34.50	04:24:34.50	+02:09:33 (49.0%)	9:07	6.6 (51.2%)
310	CIBORSKA Agnieszka	3043	NAPRZÓD MŁOCINY	Open K	109	03:01:09	04:25:29.25	04:25:29.25	+02:10:27 (49.1%)	9:09	6.6 (51.2%)
311	ZIÓŁKOWSKA Bożena	3457	BIEGUNY WALBA	Open K	110	02:07:59	04:25:40.10	04:25:40.10	+02:10:38 (49.2%)	9:09	6.5 (50.4%)
312	KAWA Dariusz	3157		Open M	202	02:59:44	04:25:51.85	04:25:51.85	+02:10:50 (49.2%)	9:10	6.5 (50.4%)
313	HOPEK Elżbieta	3134	ULTRAMARYNA	Open K	111	02:59:09	04:28:06.95	04:28:06.95	+02:13:05 (49.6%)	9:14	6.5 (50.4%)
314	HOPEK Tomasz	3133	AZS AWF KRAKÓW MASTERS	Open M	203	02:59:04	04:28:08.20	04:28:08.20	+02:13:06 (49.6%)	9:14	6.5 (50.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
315	WNUK Justyna	3429	HARDE DZIKI	Open K	112	02:57:46	04:28:46.80	04:28:46.80	+02:13:45 (49.8%)	9:16	6.5 (50.4%)
316	BACHÓRZ Agnieszka	3007	ND	Open K	113	03:01:02	04:29:02.90	04:29:02.90	+02:14:01 (49.8%)	9:16	6.5 (50.4%)
317	MADEJ Anna	3227	BESKIDZKIE RYSIE RUNNING TEAM	Open K	114	02:57:36	04:29:12.90	04:29:12.90	+02:14:11 (49.8%)	9:16	6.5 (50.4%)
318	MIKOŁAJCZYK Małgorzata	3254	MIRAZ RACE TEAM	Open K	115	02:59:15	04:30:05.95	04:30:05.95	+02:15:04 (50.0%)	9:18	6.4 (49.6%)
319	SZŁĘZAK Barbara	3376	HARDE SUKI I WCZASOWICZE	Open K	116	02:56:54	04:30:37.40	04:30:37.40	+02:15:35 (50.1%)	9:19	6.4 (49.6%)
320	CERAN Anna	3036	12TRI.PL	Open K	117	02:55:21	04:30:56.35	04:30:56.35	+02:15:54 (50.2%)	9:20	6.4 (49.6%)
321	SZYDLIK Marek	3380		Open M	204	02:55:11	04:32:08.95	04:32:08.95	+02:17:07 (50.4%)	9:23	6.4 (49.6%)
322	WIATRÓW Marcin	3418		Open M	205	03:03:23	04:34:23.75	04:34:23.75	+02:19:22 (50.8%)	9:27	6.3 (48.8%)
323	LEŃCZUK Grażyna	3214	BESKIDZKIE RYSIE RUNNING TEAM	Open K	118	03:00:04	04:35:12.25	04:35:12.25	+02:20:10 (50.9%)	9:29	6.3 (48.8%)
324	LEŃCZUK Andrzej	3215		Open M	206	03:00:13	04:35:18.05	04:35:18.05	+02:20:16 (51.0%)	9:29	6.3 (48.8%)
325	MAJCHROWSKI Marcin	3228	EGGER BISKUPIEC BIEGA	Open M	207	02:01:01	04:35:55.35	04:35:55.35	+02:20:53 (51.1%)	9:30	6.3 (48.8%)
326	NADOBNY Radosław	3267		Open M	208	02:54:09	04:35:55.55	04:35:55.55	+02:20:54 (51.1%)	9:30	6.3 (48.8%)
326	NADOBNA Kamila	3266	STARGARD JA SIĘ NIE SCIGAM	Open K	119	02:54:00	04:35:55.55	04:35:55.55	+02:20:54 (51.1%)	9:30	6.3 (48.8%)
328	KROLIK Roman	3195		Open M	209	01:41:09	04:35:59.15	04:35:59.15	+02:20:57 (51.1%)	9:31	6.3 (48.8%)
329	OGAREK Ania	3279		Open K	120	03:00:37	04:36:43.55	04:36:43.55	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
329	KAPTUR Jarosław	3154	ŻÓRAWSKI TEAM	Open M	210	03:00:58	04:36:43.55	04:36:43.55	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
329	SPRINGER Elżbieta	3361		Open K	120	03:00:44	04:36:43.55	04:36:43.55	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
332	TOCHOWICZ Jacek	3395		Open M	211	03:00:52	04:36:43.70	04:36:43.70	+02:21:42 (51.2%)	9:32	6.3 (48.8%)
333	ŚLIWA Adam	3386		Open M	212	02:43:52	04:36:47.80	04:36:47.80	+02:21:46 (51.2%)	9:32	6.3 (48.8%)
334	CYNARSKI Roland	3048	HAPPY RUNNERS	Open M	213	02:55:04	04:37:06.50	04:37:06.50	+02:22:05 (51.3%)	9:33	6.3 (48.8%)
335	DRAGAN Izabela	3066		Open K	122	01:39:19	04:37:28.75	04:37:28.75	+02:22:27 (51.3%)	9:34	6.3 (48.8%)
336	ROLKA Wiktor	3328		Open M	214	02:55:26	04:37:32.90	04:37:32.90	+02:22:31 (51.4%)	9:34	6.3 (48.8%)
337	ROLKA Aleksandra	3327		Open K	123	02:55:15	04:37:33.05	04:37:33.05	+02:22:31 (51.4%)	9:34	6.3 (48.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyszów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
338	SOŁTYS Teresa	3358		Open K	124	03:19:46	04:37:52.95	04:37:52.95	+02:22:51 (51.4%)	9:34	6.3 (48.8%)
339	BASAK Justyna	3014		Open K	125	03:19:54	04:37:53.15	04:37:53.15	+02:22:51 (51.4%)	9:34	6.3 (48.8%)
340	ŽIŠKA Maciej	3458		Open M	215	03:20:14	04:38:33.05	04:38:33.05	+02:23:31 (51.5%)	9:36	6.2 (48.1%)
341	SMOCZYŃSKI Piotr	3352		Open M	216	03:20:24	04:38:33.20	04:38:33.20	+02:23:31 (51.5%)	9:36	6.2 (48.1%)
342	TROCHANOWSKI Krystian	3399	RUSYNLEM	Open M	217	03:01:36	04:39:07.40	04:39:07.40	+02:24:05 (51.6%)	9:37	6.2 (48.1%)
343	TROCHANOWSKA Katarzyna	3398	RUSYN-LEM	Open K	126	03:01:44	04:39:07.45	04:39:07.45	+02:24:06 (51.6%)	9:37	6.2 (48.1%)
344	TYLMAN Radosław	3404		Open M	218	03:16:44	04:39:33.10	04:39:33.10	+02:24:31 (51.7%)	9:38	6.2 (48.1%)
345	GIERLOTKA Justyna	3101	HARDE SUKI I WCZASOWICZE	Open K	127	03:19:01	04:39:45.95	04:39:45.95	+02:24:44 (51.7%)	9:38	6.2 (48.1%)
346	KASZNIA Ania	3155	HARDE SUKI I WCZASOWICZE	Open K	128	03:18:30	04:39:46.60	04:39:46.60	+02:24:45 (51.7%)	9:38	6.2 (48.1%)
347	GIERLOTKA Maciej	3100	HARDE SUKI I WCZASOWICZE	Open M	219	03:18:53	04:39:47.75	04:39:47.75	+02:24:46 (51.7%)	9:38	6.2 (48.1%)
348	KOZŁOWSKI Tomasz	3191	HARDE SUKI I WCZASOWICZE	Open M	220	03:18:26	04:39:49.10	04:39:49.10	+02:24:47 (51.7%)	9:38	6.2 (48.1%)
349	ŚPIAK-JADŁOSZ Joanna	3389	RUSYN LEM	Open K	129	03:19:32	04:39:59.50	04:39:59.50	+02:24:58 (51.8%)	9:39	6.2 (48.1%)
350	SZYMAŃSKI Mariusz	3383		Open M	221	03:17:58	04:40:26.95	04:40:26.95	+02:25:25 (51.9%)	9:40	6.2 (48.1%)
351	KUPIEC Dariusz	3207	MKB DREPTAK	Open M	222	03:18:04	04:40:27.20	04:40:27.20	+02:25:25 (51.9%)	9:40	6.2 (48.1%)
352	ZACŁONA Krzysztof	3443	SAINT - GOBAIN SQUAD	Open M	223	03:19:13	04:40:59.00	04:40:59.00	+02:25:57 (51.9%)	9:41	6.2 (48.1%)
353	ZGÓRSKI Maciej	3454		Open M	224	03:19:07	04:41:47.95	04:41:47.95	+02:26:46 (52.1%)	9:43	6.2 (48.1%)
354	CHOMIAK Dariusz	3041		Open M	225	03:20:34	04:42:13.60	04:42:13.60	+02:27:12 (52.2%)	9:43	6.2 (48.1%)
355	LESKIW Olga	3217		Open K	130	03:20:49	04:43:53.60	04:43:53.60	+02:28:52 (52.4%)	9:47	6.1 (47.3%)
356	NITSCH Tomasz	3272		Open M	226	03:17:42	04:44:01.30	04:44:01.30	+02:28:59 (52.5%)	9:47	6.1 (47.3%)
357	NITSCH Joanna	3470		Open K	131	03:17:20	04:44:01.35	04:44:01.35	+02:28:59 (52.5%)	9:47	6.1 (47.3%)
358	ZWIEROWICZ Agnieszka	3459		Open K	132		04:44:06.70	04:44:06.70	+02:29:05 (52.5%)	9:47	6.1 (47.3%)
359	SZALSKA Elżbieta	3369		Open K	133	03:01:31	04:44:21.70	04:44:21.70	+02:29:20 (52.5%)	9:48	6.1 (47.3%)
360	GALESKI Stanisław	3086	KLUB SPORTOWY PSTRONG	Open M	227		04:44:21.75	04:44:21.75	+02:29:20 (52.5%)	9:48	6.1 (47.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
361	ZAJĄC Aga	3444	77CATS_ULTRA	Open K	134	03:17:50	04:44:23.25	04:44:23.25	+02:29:21 (52.5%)	9:48	6.1 (47.3%)
362	WALUGA Michał	3413		Open M	228	03:01:53	04:44:24.00	04:44:24.00	+02:29:22 (52.5%)	9:48	6.1 (47.3%)
363	GAWĘDZKI Rafał	3097		Open M	229	03:03:35	04:45:13.50	04:45:13.50	+02:30:12 (52.7%)	9:50	6.1 (47.3%)
364	IZDEBSKA Renata	3139		Open K	135	03:21:04	04:46:57.15	04:46:57.15	+02:31:55 (52.9%)	9:53	6.1 (47.3%)
365	MIELCZAREK Piotr	3250		Open M	230		04:47:18.15	04:47:18.15	+02:32:16 (53.0%)	9:54	6.1 (47.3%)
366	SZRENIAWA Waldemar	3377	MIRAZ RACE TEAM	Open M	231	03:03:29	04:47:23.35	04:47:23.35	+02:32:21 (53.0%)	9:54	6.1 (47.3%)
367	ISKRA Alicja	3138	MIRAZ RACE TEAM	Open K	136	03:16:32	04:47:23.40	04:47:23.40	+02:32:21 (53.0%)	9:54	6.1 (47.3%)
368	BACZUK Jakub	3008		Open M	232	02:40:26	04:49:13.20	04:49:13.20	+02:34:11 (53.3%)	9:58	6 (46.5%)
369	ROMANOWSKI Krystian	3330	OTF	Open M	233	03:02:01	04:51:18.70	04:51:18.70	+02:36:17 (53.6%)	10:02	6 (46.5%)
370	KOŁACIŃSKA Ewelina	3172	LEŚNE SZYCHY	Open K	137	03:21:37	04:51:37.05	04:51:37.05	+02:36:35 (53.7%)	10:03	6 (46.5%)
371	BAJUS Aleksandra	3010	RUSYNLEM	Open K	138	03:19:25	04:53:51.90	04:53:51.90	+02:38:50 (54.1%)	10:07	5.9 (45.7%)
372	WÓJTOWICZ Izabela	3436		Open K	139	03:23:19	04:54:10.45	04:54:10.45	+02:39:09 (54.1%)	10:08	5.9 (45.7%)
373	SIKORA Małgorzata	3342		Open K	140	03:23:03	04:54:25.65	04:54:25.65	+02:39:24 (54.1%)	10:09	5.9 (45.7%)
374	BAJUS-LEWKOWICZ Oksana	3011	RUSYNLEM	Open K	141	03:19:38	04:55:26.10	04:55:26.10	+02:40:24 (54.3%)	10:11	5.9 (45.7%)
375	TARNOWSKI Paweł	3393	BRACTWO BIEGOWE BGK	Open M	234	03:22:03	04:56:58.45	04:56:58.45	+02:41:57 (54.5%)	10:14	5.9 (45.7%)
376	JĘDRZEJEK Kinga	3147	HAPPY RUNNERS	Open K	142	03:21:42	04:56:58.75	04:56:58.75	+02:41:57 (54.5%)	10:14	5.9 (45.7%)
377	BIELIŃSKI Michał	3018	WERAARMY	Open M	235	03:20:59	04:57:21.45	04:57:21.45	+02:42:20 (54.6%)	10:15	5.9 (45.7%)
378	BOLIGŁOWA Małgorzata	3024		Open K	143	03:02:08	04:57:36.00	04:57:36.00	+02:42:34 (54.6%)	10:15	5.8 (45.0%)
379	CZEKAJ Katarzyna	3055		Open K	144	03:16:37	04:57:36.05	04:57:36.05	+02:42:34 (54.6%)	10:15	5.8 (45.0%)
380	BRZESKA Edyta	3032	ŁOMIANKOWSKA GRUPA BIEGOWA	Open K	145	03:18:42	04:58:16.30	04:58:16.30	+02:43:14 (54.7%)	10:17	5.8 (45.0%)
381	GRZYWIŃSKA-MIERZEJEWSKA Monika	3122		Open K	146	03:21:34	04:58:16.40	04:58:16.40	+02:43:14 (54.7%)	10:17	5.8 (45.0%)
382	DOMINIAK-LESZCZYŃSKA Elżbieta	3065	LASY WAWERSKIE	Open K	147	03:22:49	04:58:39.40	04:58:39.40	+02:43:37 (54.8%)	10:17	5.8 (45.0%)
Przekroczony limit czasu: 05:00:00											
383	PODGÓRSKA Agata	3308	KLUB SPORTOWY HUSARIA SZCZECINEK	Open K	148		05:00:17.05	05:00:17.05	+02:45:15 (55.0%)	10:21	5.8 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przybyśzów 15.5km	Czas netto 29km	Czas brutto 29km	Różn	Tempo min/km	Tempo km/h
384	SZTECHMILER Katarzyna	3378	KLUB SPORTOWY HUSARIA SZCZECINEK	Open K	149	03:22:33	05:00:48.75	05:00:48.75	+02:45:47 (55.1%)	10:22	5.8 (45.0%)
385	MIROWSKA Anna	3257		Open K	150	03:23:12	05:05:45.85	05:05:45.85	+02:50:44 (55.8%)	10:32	5.7 (44.2%)
386	DUBIECKA Agnieszka	3071	BIZUTERIASPORTOWA.COM	Open K	151	03:22:58	05:07:01.40	05:07:01.40	+02:51:59 (56.0%)	10:35	5.7 (44.2%)
387	ŚWIERBUTOWICZ- KAWALEC Anna	3391	HEŃTEAM	Open K	152	03:03:17	05:08:40.45	05:08:40.45	+02:53:39 (56.3%)	10:38	5.6 (43.4%)
388	WASŁOWICZ Bartłomiej	3415		Open M	236	03:21:21	05:09:17.65	05:09:17.65	+02:54:16 (56.3%)	10:39	5.6 (43.4%)
389	MHADHBI Joanna	3247		Open K	153	03:22:53	05:09:53.55	05:09:53.55	+02:54:52 (56.4%)	10:41	5.6 (43.4%)
390	DAWID Katarzyna	3060	HAPPY RUNNERS	Open K	154	03:23:29	05:12:09.35	05:12:09.35	+02:57:07 (56.7%)	10:45	5.6 (43.4%)
391	KOWALCZUK Marta	3187		Open K	155	03:21:12	05:12:37.40	05:12:37.40	+02:57:35 (56.8%)	10:46	5.6 (43.4%)
392	PARTYKA Natalia	3287		Open K	156	03:22:24	05:32:28.35	05:32:28.35	+03:17:26 (59.4%)	11:27	5.2 (40.3%)
393	GRYCZYŃSKA Izabela	3119		Open K	157	03:24:50	05:34:48.45	05:34:48.45	+03:19:47 (59.7%)	11:32	5.2 (40.3%)
394	GLIWKA Małgorzata	3104		Open K	158	03:22:41	05:44:12.80	05:44:12.80	+03:29:11 (60.8%)	11:52	5.1 (39.5%)
395	JANICKA Katarzyna	3141		Open K	159	03:24:30	05:48:08.40	05:48:08.40	+03:33:06 (61.2%)	12:00	5 (38.8%)
396	KNAP Katarzyna	3162		Open K	160	02:12:17			+01:01:08	8:32	7 (54.3%)
	BAROSZ Natalia Paulina	3469		Open K		01:25:01 DNF	DNF	DNF		-	- (0.0%)
	SAWICKA Agnieszka	3339	NIE W SZCZEPIONKĘTEAM	Open K		02:34:23 DNF	DNF	DNF		-	- (0.0%)
	JASTRZĘBSKA Anna	3144	KLUB SPORTOWY HUSARIA SZCZECINEK	Open K		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 399 wynik(ów)