



ŁEMKOWYNA ULTRA-TRAIL® 100

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Łemkowna Ultra-Trail
Fundacja Ultra
2021-10-23
Komańcza
102.3 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz					Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h	
						Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km						Nowa Wieś 90.6km
1	ZIAJKA Karol	502	FINISZ RYMANÓW/TRAILSHOP.PL	Open M	1	01:49:59	03:23:10	04:41:48	06:33:52	08:26:00	09:37:00	10:54:07.70	10:54:09.85		6:23	9.4
2	GAWLIK Sławek	504	DYNAFIT TEAM POLAND	Open M	2	01:48:09	03:21:30	05:01:38	07:08:17	09:05:11	10:16:25	11:39:19.30	11:39:20.25	+00:45:10	6:50	8.8
3	PIECHA Artur	661	SALMING RUNNING TEAM POLAND	Open M	3	01:57:14	03:38:31	05:07:19	07:13:14	09:17:18	10:39:06	12:02:56.55	12:02:59.00	+01:08:49	7:04	8.5
4	SKOCZYŁAS Adrian	622	SKOCZYLIWLASY / STAY INSANE	Open M	4	02:05:06	03:57:42	05:24:41	07:28:03	09:31:35	10:52:59	12:16:09.80	12:16:14.20	+01:22:04	7:11	8.3
5	GONCZARENKO Jarek	537		Open M	5	01:57:19	03:38:27	05:07:35	07:15:45	09:28:32	10:53:07	12:28:01.00	12:28:02.55	+01:33:52	7:18	8.2
6	PUCHAŁA Radosław	613	KB SOBÓTKA	Open M	6	02:01:17	03:52:35	05:18:14	07:28:55	09:39:39	11:10:28	12:42:58.05	12:43:00.00	+01:48:50	7:27	8
7	MIKA Andrzej	586	PRZEDWOJEWSKI TEAM	Open M	7	01:57:28	03:41:48	05:16:13	07:29:49	09:45:45	11:14:30	12:49:15.10	12:49:17.75	+01:55:07	7:31	8
8	BANASZEK Adam	507	BIEGUSIEM.PL	Open M	8	02:09:17	03:57:28	05:25:08	07:30:25	09:54:39	11:27:11	12:53:17.75	12:53:21.40	+01:59:11	7:33	7.9
9	MORAWSKI Przemysław	592		Open M	9	02:03:05	03:48:51	05:19:43	07:33:28	09:50:00	11:29:15	12:58:38.20	12:58:39.55	+02:04:29	7:36	7.9
10	BIEŃ Przemysław	511	KS RYGLICE SEKCJA BIEGOWA	Open M	10	02:06:06	04:01:29	05:39:10	07:52:00	10:02:51	11:31:56	13:03:39.05	13:03:41.70	+02:09:31	7:39	7.8
11	WIERZCHOWIAK Karolina	501		Open K	1	02:06:01	03:57:25	05:31:46	07:55:35	10:10:51	11:36:36	13:15:52.55	13:15:56.35	+02:21:46	7:46	7.7
12	NARKOWICZ Aleksandra	505	SALOMON NORGE	Open K	2	02:13:12	04:10:10	05:46:40	08:05:51	10:23:53	11:52:39	13:20:15.75	13:20:22.50	+02:26:12	7:49	7.7
13	GOŚCINIEWICZ Paweł	539	ZIEMOWIT TEAM	Open M	11	02:12:50	04:06:33	05:41:34	08:01:03	10:19:07	11:53:09	13:30:11.00	13:30:17.00	+02:36:07	7:55	7.6
14	FORTUNA Norbert	529	BARTOSZ GORCZYCA TEAM/ KGHM ZGRUN	Open M	12	02:04:06	04:01:17	05:42:25	08:10:43	10:38:00	12:09:39	13:36:00.20	13:36:01.55	+02:41:51	7:58	7.5
15	JASTRZĘBSKI Szymon	546	BEZ SPONSORA	Open M	13	02:00:54	03:49:30	05:26:48	07:58:23	10:20:36	11:54:20	13:35:58.95	13:36:02.05	+02:41:52	7:58	7.5
16	CHMIEŁOWSKI Artur	519		Open M	14	02:39:34	04:49:18	06:25:39	08:37:02	11:04:45	12:33:06	14:15:56.10	14:16:02.70	+03:21:52	8:22	7.2
17	WRONA Mariusz	652		Open M	15	02:20:59	04:23:32	05:59:37	08:28:49	10:54:32	12:37:15	14:19:13.90	14:19:18.40	+03:25:08	8:23	7.1
18	WÓJCIK Ziemowit	650	ULTRA PRAWNIK/ CANES VENATICI	Open M	16	02:11:16	04:19:30	06:09:16	08:44:14	11:10:52	12:48:24	14:19:36.75	14:19:40.45	+03:25:30	8:24	7.1
19	JANUS Justyna	503	GOHARDORGOHOME	Open K	3	02:21:53	04:21:49	05:59:49	08:26:58	10:54:53	12:34:04	14:19:37.25	14:19:42.00	+03:25:32	8:24	7.1
20	MIGDAL Michał	585	MARKOWI BIEGACZE	Open M	17	02:17:37	04:18:33	05:59:11	08:29:07	11:01:02	12:39:12	14:19:47.40	14:19:50.95	+03:25:41	8:24	7.1
21	LONC Tomasz	572		Open M	18	02:17:55	04:21:11	06:01:45	08:29:37	10:55:22	12:43:14	14:20:13.35	14:20:26.60	+03:26:16	8:24	7.1
22	BIEŚ Bartosz	512	KRYNICA ZDRÓJ	Open M	19	02:18:15	04:18:37	06:02:22	08:33:56	10:55:41	12:41:25	14:20:39.30	14:20:49.60	+03:26:39	8:24	7.1
23	MOCZYŃSKI Paweł	590		Open M	20	02:05:54	04:00:48	05:37:51	08:02:58	10:45:10	12:33:03	14:28:42.00	14:28:46.20	+03:34:36	8:29	7.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz					Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h		
						Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km						Nowa Wieś 90.6km	Cergowa 93.2km
24	TUSZYŃSKI Zygmunt	637	PGE RUN OBRÓT	Open M	21	02:20:02	04:22:12	06:03:03	08:50:44	11:18:39	12:52:43	13:27:16	14:31:19.75	14:31:22.10	+03:37:12	8:31	7
25	STEMPKOWICZ Jacek	627		Open M	22	02:11:56	04:15:25	05:59:38	08:24:19	10:58:35	12:45:42		14:34:09.55	14:34:16.90	+03:40:07	8:32	7
26	SZCZUREK Dominik	630	KIA WADOWSCY	Open M	23	02:09:11	04:04:56	05:56:20	08:32:15	11:16:11	13:00:28		14:39:48.55	14:39:52.75	+03:45:42	8:36	7
27	MIKOŁAJCZYK Mirosław	587	MIRAZ RACE TEAM	Open M	24	02:11:19	04:25:32	06:04:03	09:05:39	11:28:55	13:08:07		14:40:01.25	14:40:06.90	+03:45:57	8:36	7
28	DUC-SYPOSZ Aureliusz	526		Open M	25	02:19:18	04:22:09	06:04:22	08:40:30	11:11:31	12:54:14		14:41:37.90	14:41:46.40	+03:47:36	8:37	7
29	PIASKOWSKI Marcin	603	ZAKOCHAJ SIĘ W BIEGANIU	Open M	26	02:18:53	04:30:31	06:17:13	08:50:46	11:20:19	12:58:40		14:47:07.95	14:47:13.35	+03:53:03	8:40	6.9
30	GRUNWALD Artur	542		Open M	27	02:18:55	04:21:25	06:01:15	08:37:40	11:20:21	13:07:06		14:54:03.45	14:54:13.50	+04:00:03	8:44	6.9
31	MIOTK Marcin	588	MIOTK.PL KLUB WYSOKOGÓRSKI WARSZAWA	Open M	28	02:03:02	04:01:10	05:56:38	08:25:35	11:06:38	12:56:38		15:16:01.80	15:16:03.35	+04:21:53	8:57	6.7
32	DZIEDZIC Krzysztof	528	RUNNINGPERFORMANCE.PL	Open M	29	02:21:47	04:37:42	06:21:59	09:03:22	11:47:59	13:38:19		15:24:27.55	15:24:34.90	+04:30:25	9:02	6.6
33	MORAWSKI Filip	591	KRAKOWIAK ULTRA TEAM	Open M	30	02:33:44	04:53:21	06:38:35	09:21:40	11:59:28	13:45:22		15:24:37.85	15:24:46.30	+04:30:36	9:02	6.6
33	NOWAK Marcin	597	ULTRA TEAM KRAKOWIAK	Open M	30	02:33:37	04:53:19	06:40:26	09:21:29	11:59:31	13:45:20		15:24:37.60	15:24:46.30	+04:30:36	9:02	6.6
35	LATOS Marcin	565	EUROCLEAR RUNNING TEAM	Open M	32	02:18:28	04:30:20	06:22:48	08:56:41	11:39:57	13:40:19		15:25:58.95	15:26:02.35	+04:31:52	9:03	6.6
36	GORZKOWSKI Paweł	538	STOPA SŁUPSK	Open M	33	02:13:21	04:18:56	06:13:29	09:05:29	11:50:13	13:44:05		15:35:56.50	15:36:03.10	+04:41:53	9:08	6.6
37	JUSZCZYK Łukasz	551	NIEPOŁOMICE BIEGAJĄ	Open M	34	02:19:28	04:35:04	06:20:58	09:19:10	12:02:12	13:47:43		15:44:28.20	15:44:31.45	+04:50:21	9:13	6.5
38	WOŁOSZYN Artur	648		Open M	35	02:56:58	05:22:08	07:17:15	09:52:36	12:26:30	14:05:47		15:48:54.15	15:49:00.10	+04:54:50	9:16	6.5
39	POTAŚ Agnieszka	610	BIEGOWA KUŹNIA	Open K	4	02:37:26	04:57:03	06:45:05	09:31:56	12:09:32	13:57:11		15:52:20.10	15:52:27.40	+04:58:17	9:18	6.4
40	KOBIERSKI Piotr	506	UKA ULTRAS RUNNERS	Open M	36	02:13:53	04:16:56	06:04:12	09:03:21	11:50:01	13:54:48	14:32:53	15:57:38.95	15:57:41.25	+05:03:31	9:21	6.4
41	WILK Paweł	642	STACJA GROCHÓW S.C.	Open M	37	02:31:54	04:44:58	06:32:58	09:18:43	12:09:42	14:04:29		16:11:37.70	16:11:45.35	+05:17:35	9:29	6.3
42	NOWAK Adam	596	TRI&MORE	Open M	38	02:37:24	04:55:07	06:47:39	09:39:39	12:28:34	14:22:14		16:11:29.35	16:11:45.45	+05:17:35	9:29	6.3
43	BINIENDA Agnieszka	513	KOBIETY WATAHY	Open K	5	02:33:07	04:56:48	06:45:10	09:39:11	12:34:07	14:26:01		16:14:52.75	16:14:59.75	+05:20:49	9:31	6.3
44	WOJCIECHOWSKI Dariusz	647	KRAKOWIAK ULTRA TEAM / I-SPORT	Open M	39	02:33:45	04:53:23	06:41:56	09:34:02	12:26:36	14:21:29		16:16:40.85	16:16:50.15	+05:22:40	9:32	6.3
45	RZEŹNICZEK Anna	618		Open K	6	02:41:39	05:03:27	06:57:07	09:46:03	12:33:51	14:26:47		16:16:36.10	16:16:55.10	+05:22:45	9:32	6.3
46	ZIELIŃSKI Paweł	658	RUCH IZBICA	Open M	40	02:35:13	04:44:54	06:34:44	09:28:01	12:25:25	14:26:16		16:17:45.85	16:17:52.80	+05:23:42	9:33	6.3
47	WINCEK Jarosław	643		Open M	41	02:39:37	04:57:39	06:49:55	09:31:12	12:30:40	14:27:30		16:23:17.30	16:23:29.10	+05:29:19	9:36	6.2
48	TKACZUK Anna	632		Open K	7	02:37:28	04:56:58	06:45:26	09:34:42	12:28:15	14:26:01		16:33:55.10	16:34:03.25	+05:39:53	9:42	6.2
49	ZYŚKO Tomasz	659		Open M	42	02:33:10	04:56:54	07:04:08	10:05:31	12:52:56	14:45:14		16:38:34.30	16:38:41.25	+05:44:31	9:45	6.1
50	GABZDYL Michał	532	KW KRAKÓW	Open M	43	02:49:59	05:16:10	07:16:41	10:10:12	12:52:33	14:53:03		16:42:11.85	16:42:25.45	+05:48:15	9:47	6.1
51	STANGRECIAK Adam	626		Open M	44	02:56:11	05:23:54	07:19:56	10:09:19	12:58:47	14:55:13		16:52:53.95	16:53:07.45	+05:58:57	9:54	6.1
52	TROCHANOWSKI Krystian	636		Open M	45	02:43:05	05:10:19	07:01:03	09:46:16	12:46:12	14:48:12		16:53:49.50	16:54:07.80	+05:59:57	9:54	6.1
53	KMITA Krzysztof	555		Open M	46	02:21:43	04:44:56	06:44:08	09:42:15	12:52:45	14:54:58		16:55:36.15	16:55:42.25	+06:01:32	9:55	6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz					Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h	
						Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km						Nowa Wieś 90.6km
54	RAJTAR Zbigniew	614	RONTIL-COMPASS	Open M	47	02:33:03	05:01:28	07:00:20	09:54:39	12:54:23	14:56:00	16:55:39.25	16:55:42.95	+06:01:33	9:55	6
55	MIELNICZEK Grzegorz	584	B.RUNNER	Open M	48	02:39:01	05:00:35	06:54:48	09:45:15	12:49:35	14:56:23	17:06:21.70	17:06:36.80	+06:12:26	10:01	6
56	FRANKIEWICZ Artur	530		Open M	49	02:38:07	05:27:43	07:43:16	10:33:22	13:26:04	15:21:13	17:10:17.95	17:10:25.40	+06:16:15	10:04	6
57	URBANIAK Łukasz	638		Open M	50	02:45:58	05:14:05	07:11:43	10:17:57	13:22:27	15:29:44	17:26:14.60	17:26:19.65	+06:32:09	10:13	5.9
58	KINCEL Krzysztof	662		Open M	51	02:52:12	05:37:25	07:32:04	10:26:59	13:26:02	15:17:30	17:26:37.95	17:26:50.20	+06:32:40	10:13	5.9
59	WIŚNIEWSKA Barbara	644	SPARTA RUNNERS	Open K	8	02:39:37	05:07:25	07:04:12	10:05:59	13:15:51	15:18:05	17:27:42.90	17:27:49.15	+06:33:39	10:14	5.9
60	SZARANIEC Sebastian	629	MCBIEGACZE	Open M	52	02:39:30	05:07:37	07:01:04	09:54:41	12:58:15	15:13:17	17:27:57.70	17:28:02.45	+06:33:52	10:14	5.9
61	GOŹDZIŃSKI Przemysław	540	JURMET	Open M	53	02:36:24	05:15:44	07:25:57	10:45:23	13:42:14	15:43:55	17:39:45.10	17:39:51.35	+06:45:41	10:21	5.8
62	ZAJĄC Łukasz	655	KOMPARIO TEAM	Open M	54	02:52:08	05:30:16	07:28:57	10:31:55	13:34:04	15:41:01	17:40:47.35	17:40:54.50	+06:46:44	10:22	5.8
63	TADYCH Mariusz	631		Open M	55	02:36:29	05:15:47	07:26:12	10:45:27	13:43:11	15:44:03	17:42:10.50	17:42:16.30	+06:48:06	10:22	5.8
64	MARKOWSKA- MIKULSKA Halina	579		Open K	9	02:52:50	05:25:21	07:32:11	10:26:24	13:25:40	15:35:26	17:43:41.45	17:43:51.25	+06:49:41	10:23	5.8
64	CZARNECKI Zbigniew	522		Open M	56	02:54:40	05:16:48	07:16:58	10:20:40	13:22:08	15:32:00	17:43:35.45	17:43:51.25	+06:49:41	10:23	5.8
66	MAŚLAK Radomił	582	STARE BABICE BIEGAJĄ	Open M	57	02:54:18	05:25:18	07:32:09	10:28:16	13:25:31	15:35:09	17:43:35.55	17:43:51.45	+06:49:41	10:23	5.8
67	PERUN Włodzimierz	602	RUSYN-LEM ŁEMKOWSKA GRUPA BIEGOWA	Open M	58	02:43:02	05:10:23	07:01:23	10:10:26	13:24:13	15:34:03	17:51:00.20	17:51:18.70	+06:57:08	10:28	5.7
68	BODZEK Bartek	515		Open M	59	03:13:18	05:57:57	08:03:21	11:08:23	14:05:25	16:10:26	17:55:28.30	17:55:40.65	+07:01:30	10:30	5.7
69	ZABOROWSKI Kamil	654	ZALINIAMETY	Open M	60	02:36:35	04:58:03	07:08:20	10:09:54	13:28:43	15:44:48	18:03:43.65	18:03:52.25	+07:09:42	10:35	5.7
70	BORSZYŃSKI Kuba	518		Open M	61	02:36:45	04:58:05	07:08:26	10:09:40	13:28:49	15:44:44	18:03:44.40	18:03:52.80	+07:09:42	10:35	5.7
71	MUCHA Robert	593		Open M	62	03:04:52	05:40:23	07:50:42	10:56:29	13:59:42	16:04:55	18:07:03.85	18:07:15.30	+07:13:05	10:37	5.6
72	MISIAK Mirosław	589	WIŁOROGI	Open M	63	02:33:08	04:50:41	06:47:23	10:00:58	13:22:51	15:56:35	18:24:03.60	18:24:18.50	+07:30:08	10:47	5.6
73	MAJEWSKI Tomasz	574	WIŁOROGI	Open M	64	02:33:11	04:50:44	06:47:22	10:01:18	13:23:08	15:57:18	18:24:07.45	18:24:21.95	+07:30:12	10:47	5.6
74	MALSKI Tomasz	578		Open M	65	02:41:50	05:15:38	07:11:36	10:21:31	13:29:55	15:57:09	18:24:07.25	18:24:23.45	+07:30:13	10:47	5.6
75	SMOLEN Witold	624		Open M	66	02:21:02	04:53:09	06:53:15	10:11:33	13:54:06	16:29:02	18:25:06.05	18:25:20.70	+07:31:10	10:48	5.6
76	WILGAT Adam	641	WARSAW RUN CLUB	Open M	67	02:52:20	05:25:28	07:31:20	10:31:51	13:45:46	15:59:04	18:32:00.05	18:32:08.75	+07:37:58	10:52	5.5
77	WÓJCIK Jacek	649		Open M	68	02:48:16	05:30:32	07:36:23	10:59:03	14:17:35	16:38:13	18:39:45.50	18:39:53.50	+07:45:43	10:56	5.5
78	BOGDANOWICZ Robert	516	GLC GDAŃSK	Open M	69	03:01:12	05:53:27	08:02:01	11:08:03	14:27:23	16:44:16	18:39:42.00	18:39:55.60	+07:45:45	10:56	5.5
79	ŁACHACZ Karol	573		Open M	70	02:53:52	05:21:05	07:18:55	10:36:36	13:53:46	16:18:25	18:43:28.40	18:43:40.75	+07:49:30	10:58	5.5
80	PISKORSKI Krzysztof	606		Open M	71	03:01:22	05:53:31	08:02:06	11:07:59	14:27:45	16:44:13	18:46:52.45	18:47:05.40	+07:52:55	11:00	5.4
81	WYŻKIEWICZ Tomasz	653	DRWMYBUTY	Open M	72	03:04:13	05:55:42	07:49:01	11:10:33	14:19:26	16:32:10	18:48:29.20	18:48:41.70	+07:54:31	11:01	5.4
82	KRAUZE Tomasz	558	GRUPA BIEGOWA WROCŁAWSKIE MORSY	Open M	73	03:04:40	05:53:30	07:55:47	11:07:47	14:30:23	16:53:07	18:58:39.25	18:58:57.30	+08:04:47	11:07	5.4
83	MAKOWSKI Maciej	576		Open M	74	02:38:57	05:02:07	07:12:59	10:36:28	14:02:26	16:33:31	18:59:12.10	18:59:27.90	+08:05:18	11:08	5.4
84	ZAWADA Michał	657	SPRYTNE WEWÓRKI	Open M	75	02:48:08	05:18:57	07:24:38	10:42:30	13:58:12	16:27:49	19:02:15.95	19:02:25.65	+08:08:15	11:09	5.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz					Nowa Wieś	Cergowa	Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h
						Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km							
85	BIAŁEK Rafał	509		Open M	76	02:49:34	05:20:20	07:31:08	10:50:04	14:27:51	16:49:20	19:07:16.10	19:07:29.75	+08:13:19	11:12	5.4	
86	GASIECKI Andrzej	533	PIASKOWY DZIADEK	Open M	77	02:42:52	05:22:05	07:32:33	10:43:22	14:09:13	16:38:24	19:11:31.50	19:11:41.75	+08:17:31	11:15	5.3	
87	LEYK Daniel	570	LEYK TEAM	Open M	78	03:03:41	05:45:12	07:47:40	10:47:04	14:09:30	16:38:10	19:14:23.60	19:14:41.00	+08:20:31	11:17	5.3	
88	CIEŚLIK Paweł	520	ROZBIEGAJMY RADOMSKO	Open M	79	02:32:03	05:02:07	07:13:22	10:44:51	14:24:47	16:51:51	19:20:01.80	19:20:06.20	+08:25:56	11:20	5.3	
89	PINTENICS Győző	605	RUNLOVERS	Open M	80	02:54:59	05:45:28	08:01:11	11:23:09	14:47:53	17:12:30	19:35:52.55	19:36:00.55	+08:41:50	11:29	5.2	
90	RESZKA Piotr	616	RAINBOW UNICORNS	Open M	81	02:57:39	05:44:01	07:49:28	11:17:05	14:47:47	17:25:42	19:46:40.60	19:46:49.60	+08:52:39	11:35	5.2	
91	SMOLIŃSKI Paweł	625	RAINBOW UNICORNS	Open M	82	02:57:42	05:44:15	07:49:21	11:17:07	14:48:01	17:25:37	19:46:40.85	19:46:50.00	+08:52:40	11:35	5.2	
92	LIS Tomasz	571	MCBIEGACZE	Open M	83	02:40:55	05:19:23	07:25:01	10:34:35	14:15:11	17:08:00	19:49:58.35	19:50:03.40	+08:55:53	11:37	5.2	
93	FUKS Szymon	531	MCBIEGACZE	Open M	84	02:39:32	05:07:39	07:19:00	10:33:07	14:15:15	17:08:09	19:50:34.45	19:50:39.60	+08:56:29	11:38	5.2	
94	MARSZAŁEK Andrzej	580		Open M	85	02:43:58	05:15:08	07:24:30	10:40:37	14:08:29	17:21:57	19:53:50.15	19:53:59.30	+08:59:49	11:40	5.1	
95	GRZYBOWSKI Tomasz	543		Open M	86	02:44:02	05:15:11	07:24:43	10:40:50	14:09:25	17:22:01	19:53:50.90	19:54:00.20	+08:59:50	11:40	5.1	
96	KŁOPOTOWSKA SOSNA Kaska	554	UNLIMITED SPORT 2.0	Open K	10	03:00:53	05:54:04	08:12:46	11:40:19	15:13:34	17:41:16	19:55:00.60	19:55:18.15	+09:01:08	11:40	5.1	
97	BOROWIK Tomasz	517	ATOM	Open M	87	03:00:43	05:54:07	08:12:49	11:40:37	15:13:37	17:41:20	19:55:02.10	19:55:19.25	+09:01:09	11:40	5.1	
98	CIOSEK Beata	521	AUGUSTEAM	Open K	11	02:49:22	05:46:29	07:57:59	11:22:44	14:53:15	17:29:28	20:00:50.00	20:01:00.55	+09:06:50	11:44	5.1	
99	GROMADZKA Justyna	541	KOBIETY WATACHY	Open K	12	03:05:23	06:03:47	08:14:12	11:38:36	15:04:33	17:29:36	20:00:52.70	20:01:00.80	+09:06:50	11:44	5.1	
100	MURCHA Paweł	594	AUGUSTEAM	Open M	88	02:49:26	05:46:27	07:58:02	11:22:47	14:53:12	17:29:32	20:00:50.85	20:01:01.50	+09:06:51	11:44	5.1	
101	LEGUTKO Włodzimierz	566		Open M	89	03:13:40	05:58:36	08:08:25	11:23:39	14:49:35	17:24:30	20:09:42.75	20:09:54.95	+09:15:45	11:49	5.1	
102	IDZIKOWSKI Piotr	545	DANGANDZIOWY	Open M	90	03:24:13	06:15:27	08:37:50	12:15:39	15:23:53	17:52:25	20:17:06.15	20:17:23.70	+09:23:13	11:53	5	
103	TOKARZ Marcin	633		Open M	91	02:49:31	05:29:40	07:42:25	11:11:53	14:55:41	17:45:41	20:17:50.75	20:17:59.75	+09:23:49	11:54	5	
104	RUDZIŃSKI Tomasz	617	KUNA W AGREŚCIE	Open M	92	03:02:31	05:45:56	08:00:55	11:30:37	15:02:32	17:29:50	20:31:31.50	20:31:47.00	+09:37:37	12:02	5	
105	TOL Kamil	635	KUNA W AGREŚCIE	Open M	93	03:02:42	05:46:00	08:00:58	11:30:30	15:02:35	17:29:52	20:31:30.90	20:31:47.05	+09:37:37	12:02	5	
105	TOL Monika	634	MAFIA TEAM LUBLINIEC	Open K	13	03:02:38	05:45:49	08:00:50	11:28:48	15:01:43	17:29:34	20:31:31.00	20:31:47.05	+09:37:37	12:02	5	
107	SILSKA Sylwia	620	ATRAKCYJNE TOWARZYSTWO	Open K	14	03:11:43	06:15:09	08:23:42	11:46:06	15:11:08	17:53:31	20:33:05.55	20:33:20.45	+09:39:10	12:03	5	
108	CZARNIECKI Tadeusz	523	OSHEE LIVE FIGHT WIN	Open M	94	03:02:05	05:55:40	08:22:34	11:41:18	15:32:43	17:59:23	20:35:44.25	20:35:54.15	+09:41:44	12:04	5	
109	DETKO Ewa	525		Open K	15	03:04:57	05:58:36	08:37:26	12:02:11	15:35:16	17:52:18	20:35:37.65	20:35:54.45	+09:41:44	12:04	5	
110	JASZEK Paweł	547		Open M	95	02:40:28	05:14:41	07:28:42	10:57:52	14:53:00	17:36:39	20:35:46.10	20:36:00.00	+09:41:50	12:04	5	
111	BODNAR Adrian	514		Open M	96	02:43:48	05:28:41	07:39:12	11:20:43	15:02:10	17:44:47	20:37:21.65	20:37:26.80	+09:43:16	12:05	5	
112	KAMIŃSKI Krzysztof	552		Open M	97	02:54:17	05:54:33	08:23:38	11:57:08	15:45:46	18:27:47	20:48:13.60	20:48:26.55	+09:54:16	12:12	4.9	
113	MIECHOWICZ Małgorzata	583	LEŻACZE ŁĄKOWI	Open K	16	02:52:12	05:37:29	07:50:53	11:22:50	15:22:15	17:55:07	20:59:43.40	20:59:55.30	+10:05:45	12:18	4.9	
114	PASELLA Michał	600	WATAHA ADVENTURE - GUŹCE I ŚWNIURY	Open M	98	03:10:55	06:14:41	08:46:36	12:40:00	16:12:28	18:31:36	21:02:37.90	21:02:43.55	+10:08:33	12:20	4.9	
115	PASELLA Krzysztof	601	WATAHA ADVENTURE	Open M	99	03:10:57	06:14:44	08:46:39	12:39:55	16:12:30	18:31:40	21:02:37.70	21:02:43.70	+10:08:33	12:20	4.9	
116	JURKIEWICZ Marek	550		Open M	100	03:23:14	06:21:35	08:47:18	12:22:19	15:50:09	18:35:14	21:08:07.25	21:08:14.00	+10:14:04	12:23	4.8	
117	POWAŁOWSKI Marcin	612		Open M	101	03:13:29	06:07:48	08:27:27	12:15:17	15:49:38	18:27:44	21:08:31.20	21:08:42.65	+10:14:32	12:23	4.8	
118	POWAŁOWSKA Danka	611		Open K	17	03:13:35	06:07:51	08:27:30	12:15:27	15:49:44	18:27:42	21:08:32.10	21:08:43.10	+10:14:33	12:24	4.8	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Przełęcz					Czas netto 102.3km	Czas brutto 102.3km	Różn	Tempo min/km	Tempo km/h		
						Ropki 19.6km	Zdynia 34km	Bartne 47.3km	Hałbowska 64.2km	Chyrowa 80.4km						Nowa Wieś 90.6km	Cergowa 93.2km
119	WITKA Grażyna	645	GARCZEGORZE BIEGA	Open K	18	03:17:25	06:16:19	08:41:36	12:18:35	15:55:20	18:38:43	21:18:48.40	21:19:03.00	+10:24:53	12:30	4.8	
120	WITKA Piotr	646	GARCZEGORZE BIEGA	Open M	102	03:17:12	06:16:22	08:41:41	12:18:25	15:55:28	18:38:47	21:18:48.70	21:19:03.20	+10:24:53	12:30	4.8	
121	MAKOWSKI Jan	577		Open M	103	03:03:56	06:40:16	08:54:38	12:10:13	15:51:38	18:56:35	21:32:05.60	21:32:14.50	+10:38:04	12:37	4.8	
122	KOWALCZYK Adam	557	PRAWDZIWA STOLICA POLSKI	Open M	104	02:42:02	05:24:53	07:40:32	11:42:44	15:47:47	18:25:07	21:32:13.90	21:32:15.75	+10:38:05	12:37	4.7	
123	POCIĘGIEL Michał	608	SKAWINA BIEGA	Open M	105	03:11:47	06:12:45	08:44:40	12:38:58	16:28:46	19:05:29	21:36:29.20	21:36:46.00	+10:42:36	12:40	4.7	
124	PARYSZ Anna	599	STARE BABICE BIEGAJĄ	Open K	19	03:30:08	06:40:33	09:06:43	12:49:47	16:28:41	18:50:56	21:36:49.20	21:37:07.25	+10:42:57	12:40	4.7	
125	SŁAWIŃSKI Patryk	623	AKADEMIA SPORTU OTWOCK	Open M	106	02:47:21	05:46:32	08:11:38	12:15:22	16:21:00	19:02:22	19:51:02	21:39:20.75	21:39:23.65	+10:45:13	12:42	4.7
126	GIENIECZKO Marcin	534	BRAK	Open M	107	02:58:48	06:05:50	08:30:45	12:28:16	16:28:11	19:06:28	21:48:04.45	21:48:07.65	+10:53:57	12:47	4.7	
127	POPP Zdenál	609		Open M	108	03:35:18	06:29:08	08:59:18	12:39:20	16:31:27	19:04:29	21:52:09.55	21:52:21.75	+10:58:11	12:49	4.7	
Przekroczony limit czasu: 22:00:00																	
128	MAKOWSKA Anna	575		Open K	20	03:29:28	06:40:13	09:02:34	12:46:25	16:38:13	19:35:06	22:00:45.95	22:01:02.80	+11:06:52	12:54	4.6	
DNC	ŽAK Robert	656	TYGRIS I BIEDRONKA	Open M		03:35:42	06:28:57	08:59:08	12:38:28	16:31:33	19:04:14	21:52:10.25	21:52:21.55		0:00	4.7	
	KRÓTKI Stanisław	560		Open M		02:12:34	04:17:11	06:07:58	08:37:01	11:42:42	DNF	DNF	DNF	DNF	-	-	
	KRUKAR Jakub	561		Open M		03:05:35	06:07:56	08:23:43	12:03:05	15:52:48	DNF	DNF	DNF	DNF	-	-	
	OSTASZEWSKI Mariusz	598		Open M		02:56:36	06:01:40	08:24:10	12:20:36	16:31:48	DNF	DNF	DNF	DNF	-	-	
	SULIGA Paweł	628		Open M		03:11:37	06:13:43	08:50:14	12:48:36	16:35:49	DNF	DNF	DNF	DNF	-	-	
	WIETECZA Paweł	640		Open M		03:04:35	06:03:40	08:46:05	13:06:21	18:01:45	DNF	DNF	DNF	DNF	-	-	
	LEWANDOWSKI Leszek	569	POWSTAŃCY Z KANAPY	Open M		02:56:38	05:46:26	07:59:53	11:46:10	DNF	DNF	DNF	DNF	DNF	-	-	
	SILSKI Marek	621	ATRAKCYJNE TOWARZYSTWO	Open M		03:11:35	06:15:07	09:01:49	13:04:41	DNF	DNF	DNF	DNF	DNF	-	-	
	KUCHMECKI Maciej	562		Open M		02:58:00	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	
	RĄCZKA Rafał	615		Open M		03:04:13	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	
	GRZYBOWSKI Michał	544		Open M		04:01:20	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	

Znaleziono 139 wynik(ów)