

Wydarzenie: Łemkowyna Ultra-Trail
Organizator: Fundacja Ultra
Data: 2019-10-12
Miejsce: Komańcza
Dystans: 48 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Wilcze Budy 27.7km	Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
1	KOBOS Tomasz	2474	METODA FELDENKRAISA	Open M	1	01:23:40		03:47:40.65	03:47:49.90		4:46	12.6
2	PIECH Kacper	2002	ASICS FRONTRUNNER POLAND/ETAPOWA TRIADA	Open M	2	01:23:05		03:53:00.95	03:53:10.10	+00:05:20	4:53	12.3
3	BRYSZ Michał	2048		Open M	3	01:32:55		04:25:25.90	04:25:35.35	+00:37:45	5:33	10.8
4	KWIATKOWSKI Michael	2220		Open M	4	01:36:57		04:31:22.60	04:31:32.15	+00:43:42	5:41	10.5
5	WAĆHAŁA Łukasz	2431		Open M	5	01:35:32		04:34:37.95	04:34:47.60	+00:46:57	5:45	10.4
6	KESLER Anna	2173	WALNIĘTA Z KOPYTA STARE LUBIEJEWO	Open K	1	01:42:30		04:34:48.45	04:35:00.75	+00:47:10	5:45	10.4
7	GOMOLIŃSKA Danuta	2003	GUMISIE	Open K	2	01:42:18		04:35:32.65	04:36:08.55	+00:48:18	5:46	10.4
8	ZUBIN Mateusz	2466		Open M	6	01:36:47		04:36:33.95	04:36:47.25	+00:48:57	5:47	10.3
9	PRZEWOŹNY Dariusz	2334	KB OŻARÓW MAZOWIECKI BIEGA	Open M	7	01:41:28		04:38:21.35	04:38:32.30	+00:50:42	5:50	10.3
10	LYE Ian	2235	RABBIT/SALOMON SINGAPORE	Open M	8	01:45:17		04:47:20.80	04:47:36.15	+00:59:46	6:01	10
11	MAKOCKI Michal	2253		Open M	9	01:44:20		04:48:32.45	04:48:44.00	+01:00:54	6:02	9.9
12	POPIEL Andrzej	2329	POPSMART.PL	Open M	10	01:42:06		04:48:56.45	04:49:10.60	+01:01:20	6:03	9.9
13	KRENZEL Regina	2201		Open K	3	01:49:35		04:49:05.55	04:49:25.95	+01:01:36	6:03	9.9
14	STACH Paweł	2382	#AMBASDORZYFB	Open M	11	01:42:56		04:53:23.50	04:53:34.90	+01:05:45	6:09	9.8
15	TROCHANOWSKI Krystian	2419	RUSYN-LEM	Open M	12	01:44:55		04:54:47.95	04:55:01.80	+01:07:11	6:10	9.7
16	JADACH Michał	2147	MEXICANA CHODEL	Open M	13	01:37:34		04:55:31.30	04:55:41.45	+01:07:51	6:11	9.7
17	NIEZGODA Marcin	2282	KKB MOSIR KROSNO	Open M	14	01:38:48		04:55:42.10	04:55:51.45	+01:08:01	6:11	9.7
18	BOGDAŁ Andrzej	2042	NO LIMITS TRAIL	Open M	15	01:42:17		04:55:58.05	04:56:22.90	+01:08:33	6:12	9.7
19	TRZEMŻAŁSKI Maciej	2421		Open M	16	01:44:44		04:57:00.25	04:57:16.55	+01:09:26	6:13	9.6
20	KĄCKA Anna	2001	BUFF TEAM POLAND	Open K	4	01:43:01		04:57:56.50	04:58:06.85	+01:10:16	6:14	9.6
21	GRABOWSKI Mateusz	2128	RAWKI TEAM	Open M	17	01:42:24		04:58:42.50	04:59:16.55	+01:11:26	6:15	9.6
22	SARKA Bartłomiej	2355		Open M	18	01:50:21		04:59:10.80	04:59:58.30	+01:12:08	6:16	9.6
23	KOTYRBA Tomasz	2193		Open M	19	01:47:28		04:59:53.35	05:00:10.25	+01:12:20	6:17	9.5
24	STAŃCO Paweł	2384	PRZEDWOJEWSKI MOUNTAIN TEAM	Open M	20	01:39:37		05:01:40.20	05:01:51.90	+01:14:02	6:19	9.5
25	BRUS Marcin	2047		Open M	21	01:47:09		05:01:38.85	05:02:06.05	+01:14:16	6:19	9.5
26	KOSTKA Janusz	2189	POSMAKUJ RUN TEAM	Open M	22	01:41:40		05:01:52.25	05:02:22.15	+01:14:32	6:19	9.5
27	FURTEK Iwona	2101		Open K	5	01:49:33		05:02:06.45	05:02:22.20	+01:14:32	6:20	9.5
28	PATROWICZ Maciej	2311	MOCNI W DUCHU - ZABIEGANI	Open M	23	01:53:18		05:02:36.20	05:02:36.20	+01:14:46	6:20	9.5
29	UMANA Diego	2424	CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA	Open M	24	01:42:37		05:03:53.80	05:04:32.80	+01:16:42	6:22	9.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Wilcze Budy 27.7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 47.7km	brutto 47.7km			
30	MATYSIAK Tomasz	2261		Open M	25	01:45:20		05:05:16.45	05:05:26.95	+01:17:37	6:23	9.4
31	BARANOWSKI Andrzej	2017	TRIWAWA	Open M	26	01:45:30		05:05:27.10	05:05:27.10	+01:17:37	6:24	9.4
32	KITLAS Rafał	2178	DREAM RUN	Open M	27	01:48:28		05:06:25.65	05:06:49.80	+01:18:59	6:25	9.3
33	TRZCINKA Michał	2420	SUPER TEAM	Open M	28	01:42:55		05:09:28.05	05:09:28.05	+01:21:38	6:29	9.2
34	JACHYMSKI Krzysztof	2146	VEGE RUNNERS	Open M	29	01:52:11		05:14:40.45	05:15:09.95	+01:27:20	6:35	9.1
35	LABEDZKA Agata	2222	E.LITE RUNNER TEAM	Open K	6	01:55:44		05:17:39.50	05:17:39.50	+01:29:49	6:39	9
36	OTEVRELOVA Kristyna	2004	COLUMBIA MONTRAIL	Open K	7	01:55:13		05:18:27.55	05:18:43.90	+01:30:54	6:40	9
37	JASIULEWICZ Anna	2157	BIAŁYSTOK BIEGA TEAM	Open K	8	01:51:55		05:19:34.65	05:19:46.80	+01:31:56	6:41	9
38	DOLCZEWSKI Dariusz	2075		Open M	30	01:54:39		05:20:20.20	05:20:40.05	+01:32:50	6:42	8.9
39	LATOSZEK Rafal	2225	CTS	Open M	31	01:52:58		05:20:46.30	05:20:57.50	+01:33:07	6:43	8.9
40	KRĘŻAŁEK Marcin	2202		Open M	32	01:51:38		05:20:34.50	05:21:04.55	+01:33:14	6:43	8.9
41	SZCZESZEK Łukasz	2394		Open M	33	01:54:55		05:21:12.75	05:21:27.95	+01:33:38	6:44	8.9
42	KUNZ Tomasz	2210		Open M	34	01:54:48		05:22:43.95	05:23:27.30	+01:35:37	6:45	8.9
43	JANUSZEWSKI Maciej	2153		Open M	35	01:58:42		05:23:20.85	05:24:06.10	+01:36:16	6:46	8.9
44	CHEŁKOWSKI Adam	2055	OLGA I ANETA	Open M	36	01:54:53		05:23:11.35	05:24:12.90	+01:36:23	6:46	8.9
45	ZYCH Zbigniew	2467	TRIATHLON LUBLIN TEAM	Open M	37	01:55:49		05:24:13.35	05:24:40.70	+01:36:50	6:47	8.8
46	KURASZKIEWICZ Robert	2211		Open M	38	01:57:07		05:24:34.35	05:24:48.95	+01:36:59	6:48	8.8
47	GARCZYŃSKI Darek	2107		Open M	39	01:54:55		05:25:45.00	05:26:01.05	+01:38:11	6:49	8.8
48	RESPONDEK Marcin	2345	LECYMY DURŚ	Open M	40	01:51:41		05:25:51.10	05:26:11.05	+01:38:21	6:49	8.8
49	ŚWIST Joanna	2473	ROYAL RUNNERS TEAM	Open K	9	02:03:03		05:26:45.75	05:27:02.95	+01:39:13	6:51	8.8
50	WITOWSKI Wiktor	2440		Open M	41	01:58:00		05:26:25.60	05:27:29.30	+01:39:39	6:50	8.8
51	MIRSKI Maciej	2272		Open M	42	01:55:30		05:27:46.05	05:28:04.00	+01:40:14	6:52	8.7
52	GRZYB Kazimierz	2131	LOS PANTALONES ROJOS	Open M	43	01:59:59		05:29:19.25	05:29:50.85	+01:42:00	6:54	8.7
52	FLAGA Iwona	2091	LOS PANTALONES ROJOS	Open K	10	01:59:59		05:29:18.65	05:29:50.85	+01:42:00	6:54	8.7
54	LESIAK Tomasz	2227		Open M	44	01:52:11		05:29:51.15	05:30:04.25	+01:42:14	6:54	8.7
55	STRĄŚ Jarek	2390		Open M	45	01:57:32		05:29:33.55	05:30:18.00	+01:42:28	6:54	8.7
56	MATYJASZCZYK Kamil	2260	LUBELSKI WĘGIEL BOGDANKA	Open M	46	01:45:25		05:30:48.60	05:31:01.60	+01:43:11	6:56	8.7
57	CZARNACKA Karolina	2068	LUBELSKIE STOWARZYSZENIE BIEGOWE	Open K	11	01:58:59		05:30:34.10	05:31:01.80	+01:43:11	6:55	8.7
58	KORCZYK Jakub	2187	CZASEM NA ASFALCIE	Open M	47	01:53:41		05:31:25.00	05:31:48.05	+01:43:58	6:56	8.6
59	SMOLIŃSKI Rafał	2371	GUMISIE	Open M	48	01:55:07		05:32:09.85	05:32:46.50	+01:44:56	6:57	8.6
60	PRYŚKO-GROBELNA Małgorzata	2333	PRZYTULNA TEAM	Open K	12	01:57:02		05:33:19.85	05:33:32.75	+01:45:42	6:59	8.6
61	NIEPSUJ Maciej	2281		Open M	49	01:55:17		05:34:04.50	05:34:16.10	+01:46:26	7:00	8.6
62	TKACZ Jarek	2411		Open M	50	01:57:53		05:33:50.85	05:34:19.10	+01:46:29	6:59	8.6
63	WIERCIŃSKI Łukasz	2436	TRIGGER TRIATHLON	Open M	51	01:56:45		05:36:09.10	05:36:35.55	+01:48:45	7:02	8.5
64	SEWERYN Grzegorz	2361	KUZNIA BIEGOWA	Open M	52	01:49:30		05:36:35.90	05:36:55.65	+01:49:05	7:03	8.5
65	ASŁANOWICZ Marcin	2009		Open M	53	01:55:18		05:37:40.20	05:37:50.75	+01:50:00	7:04	8.5
66	GABRYEL Piotr	2102		Open M	54	02:07:17		05:38:56.20	05:39:54.10	+01:52:04	7:06	8.4
67	WÓJCIK Jacek	2450		Open M	55	02:03:04		05:40:06.80	05:40:16.65	+01:52:26	7:07	8.4
68	WAŚKOWSKI Zygmunt	2429	KB UE POZNAŃ	Open M	56	01:52:10		05:40:49.45	05:41:01.75	+01:53:11	7:08	8.4
69	MACIOŁ Sebastian	2244	TTA BIERUŃ	Open M	57	01:55:48		05:41:16.00	05:41:26.55	+01:53:36	7:09	8.4
70	ORKWISZEWSKA Aleksandra	2292	SCARPA TEAM POLSKA	Open K	13	01:50:55		05:41:16.35	05:41:26.70	+01:53:36	7:09	8.4
71	MACHUL Ewa	2243	DREAM RUN	Open K	14	01:58:52		05:41:06.75	05:41:32.35	+01:53:42	7:09	8.4
72	RZEMIŃSKI Jacek	2352		Open M	58	02:01:09		05:42:47.15	05:42:58.25	+01:55:08	7:11	8.3
73	JAKUBOWSKI Piotr	2148		Open M	59	02:01:51		05:42:58.70	05:43:28.60	+01:55:38	7:11	8.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Wilcze Budy 27.7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 47.7km	brutto 47.7km			
74	PERENC Michał	2316	HUSARIA RACE TEAM	Open M	60	01:59:31		05:43:52.40	05:44:05.65	+01:56:15	7:12	8.3
75	HOŁÓWKA Sławomir	2143		Open M	61	01:58:21		05:44:22.65	05:44:39.05	+01:56:49	7:13	8.3
76	HOPEJ Orest	2144		Open M	62	02:01:25		05:46:23.15	05:46:34.75	+01:58:44	7:15	8.3
77	SKOWRON Grzegorz	2366		Open M	63	02:03:06		05:45:52.30	05:46:47.15	+01:58:57	7:15	8.3
78	BIEL Sebastian	2031	BIEGANIE SZYDERCÓW	Open M	64	01:55:35		05:46:22.95	05:46:58.10	+01:59:08	7:15	8.3
79	ROGOWSKA Anna	2347		Open K	15	02:12:19		05:46:57.00	05:47:25.55	+01:59:35	7:16	8.2
80	BURANDT Magdalena	2053	DRUŻYNA WILKA/NAJMOWICZ TRIATLON	Open K	16	02:02:47		05:47:30.80	05:47:44.55	+01:59:54	7:17	8.2
81	PASZEK Tomasz	2310	PRZEŁĘCZ DUKLA	Open M	65	02:02:02		05:48:16.80	05:48:38.95	+02:00:49	7:18	8.2
82	KOWALCZYK Robert	2194	ŁĘCZNA BIEGA	Open M	66	02:05:04		05:48:35.15	05:49:12.25	+02:01:22	7:18	8.2
83	SUSKA Łukasz	2393		Open M	67	01:55:50		05:49:18.15	05:49:28.10	+02:01:38	7:19	8.2
84	ŁAKOMY Tomasz	2237	DACZA TURYSTY I BIEGACZA ZAKOPANE	Open M	68	01:45:40		05:49:54.85	05:50:06.10	+02:02:16	7:20	8.2
85	CZYRNIA Martin	2069	MAFIA TEAM LUBLINIEC	Open M	69	01:40:26		05:50:37.65	05:50:50.30	+02:03:00	7:21	8.2
86	BOGDAŃSKA Katarzyna	2043	SMASHING PĄPKINS	Open K	17	02:11:13		05:50:39.05	05:51:20.60	+02:03:30	7:21	8.2
87	KICIŃSKA Zuzanna	2175		Open K	18	02:02:06		05:51:31.80	05:51:55.45	+02:04:05	7:22	8.1
88	PŁÓCIENNICZAK Jakub	2326	DREAM RUN	Open M	70	02:00:20		05:51:46.50	05:52:12.10	+02:04:22	7:22	8.1
89	GAWLIK Marcin	2110	MKS SIECHNICE	Open M	71	01:58:14		05:52:10.05	05:52:49.95	+02:05:00	7:22	8.1
90	KALISZUK Przemysław	2170	CF CZECHÓW	Open M	72	02:01:06		05:52:20.30	05:52:52.55	+02:05:02	7:23	8.1
91	DADEJ Paweł	2070		Open M	73	02:02:59		05:52:17.05	05:52:58.20	+02:05:08	7:23	8.1
92	MOSTOWSKI Artur	2277	FUROIUS WOLVES	Open M	74	02:05:58		05:53:35.65	05:53:54.70	+02:06:04	7:24	8.1
93	MICHALCZYK Tomasz	2269	NAPRZÓD MŁOCINY	Open M	75	02:05:57		05:53:35.70	05:53:55.35	+02:06:05	7:24	8.1
94	DZIERŻAK Elżbieta	2083	HUSARIA RACE TEAM	Open K	19	02:11:35		05:53:37.95	05:54:04.10	+02:06:14	7:24	8.1
95	OSMOLAK Agnieszka	2294	PRO-RUN WROCŁAW	Open K	20	02:16:46		05:53:31.05	05:54:26.20	+02:06:36	7:24	8.1
96	PYTKA Konrad	2339	NAPRZÓD MŁOCINY	Open M	76	02:05:55		05:54:23.70	05:54:44.35	+02:06:54	7:25	8.1
97	ROJECKI Mateusz	2348		Open M	77	02:03:00		05:55:03.60	05:55:44.80	+02:07:54	7:26	8.1
98	KACZOREK Marcin	2167		Open M	78	02:00:23		05:56:13.95	05:56:26.55	+02:08:36	7:28	8
99	BAKOWSKI Rafał	2023		Open M	79	02:15:44		05:55:49.60	05:56:34.95	+02:08:45	7:27	8
100	SOCHACKI Grzegorz	2374		Open M	80	01:58:45		05:57:19.15	05:58:03.95	+02:10:14	7:29	8
101	STRZELCZYK Wiktor	2391	HUSARIA RACE TEAM	Open M	81	02:11:36		05:58:13.75	05:58:41.25	+02:10:51	7:30	8
102	SADZIK Dariusz	2354	GRUPALUKTRANS.PL	Open M	82	02:10:16		05:58:32.65	05:58:47.50	+02:10:57	7:31	8
103	GAWRON Jakub	2111		Open M	83	02:02:53		05:58:44.45	05:59:16.05	+02:11:26	7:31	8
104	FRANKIEWICZ Andrzej	2095		Open M	84	02:05:07		05:59:18.20	05:59:48.75	+02:11:58	7:31	8
105	ZIOBRO Jerzy	2463		Open M	85	02:02:38		06:01:49.05	06:02:06.60	+02:14:16	7:35	7.9
106	KRYSTJAŃCZUK Karol	2204	ŁĘCZNA BIEGA	Open M	86	02:04:10		06:02:56.60	06:03:33.60	+02:15:43	7:36	7.9
107	WITKOWSKI Tomasz	2439		Open M	87	02:00:45		06:03:14.05	06:03:35.30	+02:15:45	7:36	7.9
108	CYGANIK Kajetan	2065	JUVERUN	Open M	88	02:02:12		06:02:57.70	06:03:35.80	+02:15:45	7:36	7.9
109	BALON Piotr	2013	BAKOMAT	Open M	89	02:03:52		06:04:27.90	06:04:54.45	+02:17:04	7:38	7.9
110	LIS Tomasz	2231	MCBIEGACZE	Open M	90	02:11:38		06:04:49.05	06:05:33.20	+02:17:43	7:38	7.8
111	HETMANCZYK Jakub	2142		Open M	91	02:01:12		06:06:50.35	06:07:12.35	+02:19:22	7:41	7.8
112	RZEPKOWSKA Mirosława	2353		Open K	21	02:09:16		06:06:51.95	06:07:13.15	+02:19:23	7:41	7.8
113	POLSKI Adrian	2328	LUBELSKA GRUPA TRIATHLONU	Open M	92	02:00:42		06:06:59.20	06:07:55.35	+02:20:05	7:41	7.8
114	PROSOWIECKA - SMAK Katarzyna	2332		Open K	22	02:11:15		06:07:43.75	06:07:58.20	+02:20:08	7:42	7.8
115	KIEWISZ Adam	2176	SĄ WOLNIEJSI	Open M	93	02:02:32		06:07:31.50	06:07:59.15	+02:20:09	7:42	7.8
116	BAŁCHAN Krzysztof	2015	CPR RZESZÓW	Open M	94	02:04:13		06:07:32.65	06:08:18.00	+02:20:28	7:42	7.8
117	BUJNOWSKI Rafał	2052		Open M	95	02:04:41		06:07:46.50	06:08:37.05	+02:20:47	7:42	7.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Wilcze Budy 27.7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 47.7km	brutto 47.7km			
118	STAWIŃSKI Piotr	2385	PRO PATRIA	Open M	96	02:11:30		06:08:18.00	06:08:43.15	+02:20:53	7:43	7.8
119	FRANEK Agata	2094		Open K	23	02:13:29		06:08:33.55	06:08:46.55	+02:20:56	7:43	7.8
120	HALICKI Łukasz	2138		Open M	97	02:06:00		06:08:37.25	06:09:01.50	+02:21:11	7:43	7.8
121	DRĄG Paweł	2079	DECARUN RZESZÓW	Open M	98	02:12:55		06:09:17.15	06:09:45.90	+02:21:56	7:44	7.8
122	SZYMALAK Michał	2400		Open M	99	02:03:19		06:10:12.50	06:10:55.45	+02:23:05	7:45	7.7
123	MARCINKIEWICZ Jerzy	2257		Open M	100	02:15:58		06:10:05.10	06:10:55.80	+02:23:05	7:45	7.7
124	ZABOROWSKI Kamil	2456	NIGHT RUNNERS	Open M	101	02:13:46		06:11:04.60	06:11:42.50	+02:23:52	7:46	7.7
125	BORSZYŃSKI Jakub	2045	NIGHT RUNNERS	Open M	102	02:13:45		06:11:05.55	06:11:42.95	+02:23:53	7:46	7.7
126	WYTYKOWSKA Joanna	2455	RYSIE	Open K	24	02:15:50		06:11:35.85	06:12:06.60	+02:24:16	7:47	7.7
127	NAZIMEK Maciej	2280		Open M	103	01:57:17		06:12:17.55	06:12:33.10	+02:24:43	7:48	7.7
128	SMYKOWSKI Marcin	2372		Open M	104	02:16:15		06:12:10.95	06:12:53.00	+02:25:03	7:48	7.7
129	PYSZ Aleksander	2338	WARIATY	Open M	105	02:04:46		06:12:18.40	06:12:57.35	+02:25:07	7:48	7.7
130	KOZIOŁ Artur	2196		Open M	106	02:04:37		06:12:27.00	06:13:15.00	+02:25:25	7:48	7.7
131	SOBCZAK Marcin	2373	TRIWAWA	Open M	107	02:12:07		06:13:42.10	06:13:53.00	+02:26:03	7:50	7.7
132	MADEJ Paweł	2245	ROCHE RUNNERS	Open M	108	02:06:11		06:14:12.50	06:14:29.30	+02:26:39	7:50	7.6
133	BARTNIAK Kamil	2020	NI LIMITS TRAIL	Open M	109	02:14:09		06:14:35.10	06:15:00.90	+02:27:11	7:51	7.6
134	JANASZ Rafał	2149	WYJAZDOWI BIEGACZE	Open M	110	02:04:22		06:15:15.10	06:15:46.10	+02:27:56	7:52	7.6
135	DALASINSKI Andrzej	2071	KUŹNIA TRIATHLONU	Open M	111	02:02:47		06:15:15.65	06:15:57.95	+02:28:08	7:52	7.6
136	GAJOS Anna	2105	LUBELSKIE STOWARZYSZENIE BIEGOWE	Open K	25	02:13:35		06:16:10.40	06:16:38.65	+02:28:48	7:53	7.6
137	NOWAK Krzysztof	2283		Open M	112	02:12:50		06:16:14.80	06:16:41.55	+02:28:51	7:53	7.6
138	OGROCKA Agnieszka	2287	ADIDAS RUNNERS WARSAW	Open K	26	02:16:12		06:17:13.35	06:17:47.15	+02:29:57	7:54	7.6
139	LITWIŃSKI Tomasz	2234	LECYMY DURŚ	Open M	113	02:13:41		06:18:13.90	06:18:35.40	+02:30:45	7:55	7.6
139	SKÓRKA Tomasz	2367		Open M	113	02:13:43		06:18:13.15	06:18:35.40	+02:30:45	7:55	7.6
141	PAWLIKOWSKI Norbert	2314		Open M	115	02:12:55		06:18:24.60	06:18:42.20	+02:30:52	7:55	7.6
142	FALISZEWSKI Sebastian	2088		Open M	116	02:14:29		06:18:12.15	06:18:56.20	+02:31:06	7:55	7.6
143	GLIWA Aleksandra	2115		Open K	27	02:18:10		06:19:06.20	06:19:32.10	+02:31:42	7:56	7.5
144	WLIZŁO Paweł	2441	MUZEUM W ELBLĄGU	Open M	117	02:10:54		06:19:10.40	06:19:50.05	+02:32:00	7:56	7.5
145	KWINTA Anna	2221		Open K	28	02:12:57		06:19:14.90	06:20:08.50	+02:32:18	7:57	7.5
146	WNUK-SCARDACCIONE Agnieszka	2445		Open K	29	02:18:12		06:20:20.00	06:20:39.35	+02:32:49	7:58	7.5
147	POREMBSKI Leszek	2330		Open M	118	02:06:53		06:21:16.05	06:21:34.55	+02:33:44	7:59	7.5
148	GÓRSKI Mariusz	2127		Open M	119	01:59:07		06:22:15.50	06:22:28.80	+02:34:38	8:00	7.5
149	OSKWAREK Bogdan	2293		Open M	120	02:13:32		06:22:31.10	06:22:44.20	+02:34:54	8:01	7.5
150	GACA Maciej	2104		Open M	121	01:57:20		06:23:11.20	06:23:22.60	+02:35:32	8:01	7.5
151	RUDNIK Jarosław	2350	ZABIEGANY WOŁOMIN	Open M	122	02:12:57		06:24:01.85	06:24:19.10	+02:36:29	8:03	7.5
152	TALARCZYK-WIECZOREK Karolina	2408		Open K	30	02:16:04		06:24:12.00	06:24:26.20	+02:36:36	8:03	7.4
153	PALUCH Daniel	2303		Open M	123	02:04:23		06:24:20.65	06:24:42.00	+02:36:52	8:03	7.4
154	KITOWSKA Anna	2179	HUSARIA RACE TEAM	Open K	31	02:18:45		06:24:20.55	06:24:46.00	+02:36:56	8:03	7.4
155	BOGDAŁ Adam	2041	MIRUMEE	Open M	124	02:20:09		06:24:54.65	06:25:37.75	+02:37:47	8:04	7.4
156	ZAWADZKA Monika	2458	MKS SIECHNICE	Open K	32	02:17:09		06:25:06.05	06:25:46.50	+02:37:56	8:04	7.4
157	WRONKA Artur	2451	RADZYMIN RUN TEAM	Open M	125	02:14:26		06:25:52.15	06:26:20.75	+02:38:30	8:05	7.4
158	TROCHANOWSKA Kamila	2418	RUSYN-LEM	Open K	33	02:21:13		06:26:21.90	06:26:35.25	+02:38:45	8:05	7.4
159	GARCZYŃSKA Ania	2106		Open K	34	02:23:05		06:26:35.00	06:27:14.85	+02:39:24	8:06	7.4
160	DWORZAŃSKI Tomasz	2081	ZATKAŁOKAKAŁO	Open M	126	02:21:35		06:26:55.50	06:27:38.90	+02:39:49	8:06	7.4
161	JEDLIŃSKA Agnieszka	2159	EKSTREMALNI DECARUN	Open K	35	02:15:53		06:28:07.20	06:28:45.55	+02:40:55	8:08	7.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Wilcze Budy 27.7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 47.7km	brutto 47.7km			
162	CHODZIŃSKI Piotr	2056		Open M	127	02:17:30		06:29:09.60	06:29:39.05	+02:41:49	8:09	7.4
163	SKOCZEK Cyprian	2365		Open M	128	02:17:29		06:29:09.85	06:29:39.80	+02:41:49	8:09	7.4
164	PRZYBYSZ Łukasz	2336	CROSSFIT POŁUDNIE	Open M	129	02:24:25		06:29:38.30	06:30:24.40	+02:42:34	8:10	7.3
165	ANDRZEJEWSKI Tomasz	2008		Open M	130	02:19:04		06:31:52.95	06:32:22.30	+02:44:32	8:12	7.3
166	JARECKA Katarzyna	2154	ALLERGANRUNNING	Open K	36	02:18:25		06:32:03.40	06:32:26.70	+02:44:36	8:13	7.3
167	KOZIOŁ Krzysztof	2197	WYATT EARP	Open M	131	02:18:50		06:33:05.30	06:33:39.95	+02:45:50	8:14	7.3
168	SZYMAŃSKI Marcin	2402		Open M	132	02:16:56		06:33:22.15	06:33:40.35	+02:45:50	8:14	7.3
169	ETMAŃSKI Piotr	2086	BUNGA BUNGA	Open M	133	02:09:49		06:34:00.35	06:34:11.60	+02:46:21	8:15	7.3
170	MICHALAK Wojciech	2267	KTW	Open M	134	02:16:03		06:33:30.20	06:34:11.90	+02:46:22	8:14	7.3
171	SOPEL Wiesław	2376	AKADEMIA SPORTU	Open M	135	02:10:45		06:34:57.80	06:35:31.25	+02:47:41	8:16	7.2
172	PILECKI Adam	2318		Open M	136	02:24:11		06:34:56.25	06:35:52.45	+02:48:02	8:16	7.2
173	SĄDEJ Marcin	2357		Open M	137	02:24:09		06:34:57.05	06:35:52.60	+02:48:02	8:16	7.2
174	LITKA Andrzej	2233		Open M	138	02:19:23		06:35:33.05	06:35:57.50	+02:48:07	8:17	7.2
175	MARCINIAK Andrzej	2256		Open M	139	02:22:20		06:35:32.75	06:35:57.80	+02:48:07	8:17	7.2
176	ŁODZIANA Andrzej	2239	CROSSFIT POŁUDNIE	Open M	140	02:24:14		06:35:47.05	06:36:33.40	+02:48:43	8:17	7.2
177	GRZYWACZ Krzysztof	2132	ROCHE RUNNERS	Open M	141	02:12:40		06:36:39.90	06:37:05.20	+02:49:15	8:18	7.2
178	TURNIAK Miłosz	2422		Open M	142	02:10:42		06:37:16.55	06:37:50.90	+02:50:01	8:19	7.2
179	PAWLIK-ŚLAWSKA Jadwiga	2315	POSMAKUJ RUN TEAM	Open K	37	02:20:33		06:37:27.55	06:37:59.65	+02:50:09	8:19	7.2
180	BOCZKOWSKA Justyna	2038		Open K	38	02:22:01		06:38:02.70	06:38:38.65	+02:50:48	8:20	7.2
181	AUGUST Kajetan	2010		Open M	143	02:01:13		06:39:16.65	06:39:38.75	+02:51:48	8:22	7.2
182	TOMCZYK Grzegorz	2415		Open M	144	02:09:40		06:35:20.20	06:39:47.55	+02:51:57	8:17	7.2
183	ADAMCZYK Jakub	2005		Open M	145	02:28:50		06:39:40.20	06:40:19.95	+02:52:30	8:22	7.2
184	GONET Grzegorz	2120		Open M	146	02:17:41		06:40:53.40	06:41:09.70	+02:53:19	8:24	7.1
185	BODKOWSKI Paweł	2039		Open M	147	02:14:15		06:40:38.45	06:41:15.40	+02:53:25	8:23	7.1
186	FURMANIAK Mateusz	2100	HUSARIA RACE TEAM	Open M	148	02:23:08		06:40:54.25	06:41:19.60	+02:53:29	8:24	7.1
187	KOŚKA Aleksandra	2190	HUSARIA RACE TEAM	Open K	39	02:23:07		06:40:53.30	06:41:19.70	+02:53:29	8:24	7.1
188	KOBYŁKA Rafał	2183		Open M	149	02:24:37		06:41:45.45	06:42:37.10	+02:54:47	8:25	7.1
189	NOWAK Natalia	2284	EKIPA Z TARNOWA	Open K	40	02:17:35		06:42:20.75	06:42:41.40	+02:54:51	8:26	7.1
190	KWAŚNIEWSKI Dominik	2219		Open M	150	02:11:05		06:42:58.05	06:43:16.05	+02:55:26	8:26	7.1
191	CICHON Sławomir	2062	KROSSKI	Open M	151	02:18:20		06:42:59.00	06:43:35.20	+02:55:45	8:26	7.1
192	BERĘSEWICZ Małgorzata	2027		Open K	41	02:18:22		06:43:55.25	06:44:21.80	+02:56:31	8:28	7.1
193	DZIKI Maciej	2084	FARMABRAIN RUN	Open M	152	02:20:32		06:44:02.25	06:44:37.80	+02:56:47	8:28	7.1
194	DZIKI Marek	2085	FARMABRAIN RUN	Open M	153	02:19:12		06:44:03.50	06:44:38.60	+02:56:48	8:28	7.1
195	PIETRYKOWSKI Norbert	2317		Open M	154	02:16:21		06:44:31.75	06:45:13.45	+02:57:23	8:28	7.1
196	CYLKE Marcin	2066		Open M	155	02:12:58		06:44:44.35	06:45:14.50	+02:57:24	8:29	7.1
197	SAWICKI Radek	2356	DZIKIE GRUBASY SZATANA	Open M	156	02:18:47		06:45:01.80	06:45:22.20	+02:57:32	8:29	7.1
197	BARTOSIEWICZ Daria	2021	DZIKIE GRUBASY SZATANA	Open K	42	02:18:47		06:45:01.85	06:45:22.20	+02:57:32	8:29	7.1
199	HADRYŚ Grzegorz	2137		Open M	157	02:27:41		06:45:01.70	06:45:50.95	+02:58:01	8:29	7.1
200	RAJCZONEK Rafał	2343	NO FUTURE	Open M	158	02:15:41		06:45:11.05	06:45:53.65	+02:58:03	8:29	7.1
201	BIELIŃSKI Tomasz	2032		Open M	159	02:23:44		06:44:56.95	06:46:02.20	+02:58:12	8:29	7.1
202	PASELLA Krzysztof	2304	WATAHA ADVENTURE	Open M	160	02:24:23		06:46:17.95	06:46:42.20	+02:58:52	8:31	7
203	PASELLA Michał	2306	WATAHA ADVENTURE	Open M	161	02:24:23		06:46:19.00	06:46:42.50	+02:58:52	8:31	7
204	KĄŻMIERCZAK Michał	2172		Open M	162	02:28:49		06:46:28.05	06:47:11.25	+02:59:21	8:31	7
205	GIL Lukasz	2114		Open M	163	02:20:00		06:47:23.40	06:48:04.05	+03:00:14	8:32	7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne	Wilcze Budy	Czas netto	Czas brutto	Różn	Tempo	Tempo
						18.7km	27.7km	47.7km	47.7km		min/km	km/h
206	PŁOSKONKA Andrzej	2325		Open M	164	02:19:57		06:47:24.05	06:48:04.40	+03:00:14	8:32	7
207	GÓRKA Radosław	2126	WARCHOŁY RADOM	Open M	165	02:22:12		06:48:44.90	06:49:12.90	+03:01:23	8:34	7
208	BARSZCZ Bartosz	2019	GAMBLERS RUNNING	Open M	166	02:18:47		06:48:45.90	06:49:13.35	+03:01:23	8:34	7
209	HABRAT Dorota	2135	HABRAT TEAM	Open K	43	02:11:30		06:48:44.70	06:49:15.05	+03:01:25	8:34	7
210	HABRAT Maciej	2136	HABRAT TEAM	Open M	167	02:12:22		06:48:44.75	06:49:15.30	+03:01:25	8:34	7
211	SZROMEK Kamil	2398		Open M	168	02:10:14		06:49:40.55	06:50:01.75	+03:02:11	8:35	7
212	KRZYSZTOFIK Wojciech	2205		Open M	169	02:25:41		06:49:17.10	06:50:11.30	+03:02:21	8:34	7
213	MADEYSKI Tomasz	2246		Open M	170	02:25:40		06:49:16.90	06:50:11.55	+03:02:21	8:34	7
214	KUBASIEWICZ Paweł	2207	BEZNAPINY	Open M	171	02:24:37		06:49:33.60	06:50:27.00	+03:02:37	8:35	7
215	MICHTA Bartłomiej	2270		Open M	172	02:23:08		06:49:43.60	06:50:33.25	+03:02:43	8:35	7
216	SZUSZKIEWICZ Marzena	2399		Open K	44	02:26:00		06:50:15.40	06:50:48.10	+03:02:58	8:36	7
217	PAUL Violetta	2312	RMWICH	Open K	45	02:24:22		06:50:10.40	06:50:49.35	+03:02:59	8:35	7
218	PAWLETA Michał	2313	NIGHT RUNNERS GLIWICE	Open M	173	02:24:23		06:50:13.60	06:50:52.85	+03:03:02	8:35	7
219	MEDUNA Zbigniew	2264		Open M	174	02:11:32		06:50:31.90	06:51:04.00	+03:03:14	8:36	7
220	ŚLIWA Justyna	2406		Open K	46	02:25:28		06:50:07.75	06:51:06.40	+03:03:16	8:35	7
221	JATA Marta	2158	WW TEAM	Open K	47	02:26:58		06:50:28.00	06:51:24.75	+03:03:34	8:36	7
222	BEDNARZ Anna	2024		Open K	48	02:20:17		06:51:33.55	06:52:17.90	+03:04:28	8:37	7
223	KOT Tomasz	2191		Open M	175	02:20:14		06:51:49.45	06:52:22.60	+03:04:32	8:38	6.9
224	PIOTROWICZ Sławomir	2319	DEAF	Open M	176	02:14:18		06:52:30.25	06:53:18.10	+03:05:28	8:38	6.9
225	KOPIEC Izabela	2186	INTER ROPE TEAM	Open K	49	02:22:35		06:53:04.25	06:53:19.00	+03:05:29	8:39	6.9
226	KRAUSE Ania	2200	HOLYFITNESS	Open K	50	02:29:30		06:53:19.65	06:53:52.15	+03:06:02	8:39	6.9
227	PASTWA Janusz	2308		Open M	177	02:16:14		06:54:42.95	06:54:55.00	+03:07:05	8:41	6.9
228	BAŁABAN Waldemar	2014	WALBA	Open M	178	02:38:21		06:54:35.00	06:55:06.45	+03:07:16	8:41	6.9
229	JANISZ Michał	2151		Open M	179	02:17:08		06:54:57.70	06:55:14.50	+03:07:24	8:41	6.9
230	MARJAŃSKI Tomasz	2258	KS PIDRINA	Open M	180	02:21:15		06:55:11.60	06:56:09.20	+03:08:19	8:42	6.9
231	ŻARSKI Jarosław	2468	FUDU&CO. SPORT TEAM	Open M	181	02:18:11		06:55:53.55	06:56:19.75	+03:08:29	8:43	6.9
232	CHWAŁOWSKA Agnieszka	2060	FUDU&CO. SPORT TEAM	Open K	51	02:18:13		06:55:55.75	06:56:19.90	+03:08:30	8:43	6.9
233	FLAGA Piotr	2092	LOS PANTALONES ROJOS	Open M	182	02:19:44		06:55:50.40	06:56:25.75	+03:08:35	8:43	6.9
234	GONET Radosław	2122	GONET TEAM	Open M	183	02:17:41		06:57:04.65	06:57:20.95	+03:09:31	8:44	6.9
235	WIEDYSKA Jakub	2435		Open M	184	02:33:43		06:57:37.20	06:58:36.00	+03:10:46	8:45	6.9
236	MATOGA Lucyna	2259	M&C	Open K	52	02:30:50		06:59:18.20	06:59:40.20	+03:11:50	8:47	6.8
237	PODSADNY Bartosz	2327		Open M	185	02:22:15		06:59:47.80	07:00:11.10	+03:12:21	8:48	6.8
238	PLISZCZYŃSKA Justyna	2324		Open K	53	02:28:24		06:59:59.75	07:00:32.60	+03:12:42	8:48	6.8
239	SETKOWICZ Jacek	2360		Open M	186	02:39:14		07:02:30.40	07:03:24.95	+03:15:35	8:51	6.8
240	WOJDASZKA Katarzyna	2447	VEGE RUNNERS	Open K	54	02:30:33		07:03:38.05	07:03:54.70	+03:16:04	8:52	6.8
241	RYBIENIK Lech	2351		Open M	187	02:20:52		07:03:26.55	07:04:16.30	+03:16:26	8:52	6.8
242	WTULICH Diana	2453		Open K	55	02:42:09		07:03:21.20	07:04:23.10	+03:16:33	8:52	6.8
243	ZIÓŁKOWSKA Bożena	2464	WALBA	Open K	56	02:28:06		07:04:48.90	07:05:19.90	+03:17:30	8:54	6.7
244	MOROCH Jarosław	2276	RUSYN-LEM	Open M	188	02:19:11		07:05:20.25	07:05:34.30	+03:17:44	8:55	6.7
245	JURYŚ Sławomir	2165	AUDYTOR ENERGETYCZNY	Open M	189	02:37:11		07:05:23.35	07:06:20.35	+03:18:30	8:55	6.7
246	GÓRALCZYK Łukasz	2124		Open M	190	02:20:16		07:05:49.80	07:06:28.70	+03:18:38	8:55	6.7
247	SIELECKA Renata	2362	ADIDAS RUNNERS	Open K	57	02:25:47		07:06:33.30	07:07:07.85	+03:19:17	8:56	6.7
248	JESIOŁOWSKI Robert	2160		Open M	191	02:22:53		07:06:24.20	07:07:18.25	+03:19:28	8:56	6.7
249	SCHWITALLA Katarzyna	2359	KATRIX/MKS SIECHNICE	Open K	58	02:26:51		07:06:46.70	07:07:27.15	+03:19:37	8:56	6.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Wilcze Budy 27.7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 47.7km	brutto 47.7km			
250	OKRÓJ Dawid	2288	DEAF RUNNING	Open M	192	02:24:15		07:07:19.95	07:08:04.70	+03:20:14	8:57	6.7
251	GUNERT Jakub	2134		Open M	193	02:18:58		07:07:39.35	07:08:38.35	+03:20:48	8:57	6.7
252	TOL Monika	2414	MAFIA TEAM LUBLINIEC	Open K	59	02:30:53		07:08:07.20	07:08:39.70	+03:20:49	8:58	6.7
252	WŁODEK-JARZYNA Magdalena	2442	POLSKIE KWASY	Open K	59	02:37:18		07:08:06.40	07:08:39.70	+03:20:49	8:58	6.7
254	GNATOWICZ Krzysztof	2117	NIEZRZESZONY	Open M	194	02:19:41		07:08:21.35	07:08:40.15	+03:20:50	8:58	6.7
255	BUJNOWSKA Eliza	2051		Open K	61	02:33:08		07:07:52.25	07:08:43.30	+03:20:53	8:58	6.7
256	BARSKA Barbara	2018	RAWKI TEAM	Open K	62	02:21:49		07:08:37.20	07:09:11.85	+03:21:21	8:59	6.7
257	TATRZAŃSKI Tomasz	2410	KKB KROSNO & DZIKIE ŻYCIE RUN TEAM	Open M	195	02:19:30		07:08:48.80	07:09:36.60	+03:21:46	8:59	6.7
258	FRĄCZEK Iwona	2096	NOA	Open K	63	02:28:11		07:08:52.90	07:09:41.45	+03:21:51	8:59	6.7
259	SKŁADANOWSKA Beata	2364	EUROCASH TEAM	Open K	64			07:11:11.70	07:11:41.90	+03:23:52	9:02	6.6
260	BAGIŃSKA Paula	2012		Open K	65	02:32:12		07:12:10.70	07:13:10.50	+03:25:20	9:03	6.6
261	WESOŁEK Daniel	2433		Open M	196	02:32:09		07:12:10.20	07:13:10.75	+03:25:20	9:03	6.6
262	PAKUŁA Agata	2302		Open K	66	02:39:56		07:14:16.55	07:14:37.55	+03:26:47	9:06	6.6
263	MISZCZYK Marcin	2273		Open M	197	02:35:23		07:15:50.10	07:16:14.05	+03:28:24	9:08	6.6
264	WOLSKA Milena	2448	RACEFIGHTER GOSIR DĘBE WIELKIE	Open K	67	02:37:38		07:16:05.20	07:16:52.70	+03:29:02	9:08	6.6
265	URBANOWICZ Łukasz	2425		Open M	198	02:35:23		07:16:30.95	07:16:55.50	+03:29:05	9:09	6.6
266	GOMOLIŃSKI Sławomir	2119	GUMISIE	Open M	199	02:36:52		07:16:07.70	07:17:00.10	+03:29:10	9:08	6.6
267	OWOC Krystian	2296		Open M	200	02:30:14		07:16:10.00	07:17:03.40	+03:29:13	9:08	6.6
268	NOWICKA Anna	2285	GAT	Open K	68	02:37:05		07:16:50.85	07:17:09.95	+03:29:20	9:09	6.6
269	HRABEC KOTULKOVÁ Soňa	2475		Open K	69	02:38:28		07:16:59.20	07:17:45.00	+03:29:55	9:09	6.5
270	MATYSZKOWICZ Janusz	2262	GONIMY	Open M	201	02:26:14		07:17:26.15	07:17:54.25	+03:30:04	9:10	6.5
271	ADAMSKI Bartłomiej	2007		Open M	202	02:35:25		07:18:35.40	07:18:59.35	+03:31:09	9:11	6.5
272	PLACHA Piotr	2323	KOPALNIA MOCY	Open M	203	02:24:48		07:18:57.00	07:19:17.05	+03:31:27	9:12	6.5
273	BEZKOROWAJNY Joanna	2029		Open K	70	02:32:22		07:19:05.15	07:19:27.90	+03:31:38	9:12	6.5
274	BĘDKOWSKI Paweł	2030		Open M	204	02:20:30		07:19:14.05	07:19:29.85	+03:31:39	9:12	6.5
275	BABICKI Adam	2011		Open M	205	02:34:02		07:18:53.95	07:19:43.30	+03:31:53	9:12	6.5
276	LIPIEŃ Krzysztof	2229	WATAHA ADVENTURE	Open M	206	02:24:24		07:19:21.05	07:19:43.80	+03:31:53	9:12	6.5
277	CHOŁAŚCIŃSKI Wojciech	2058		Open M	207	02:31:07		07:19:08.45	07:19:58.40	+03:32:08	9:12	6.5
278	PITNER Katarzyna	2322	KOCHAM OUTDOOR/ RANKOR ATHLETICS	Open K	71	02:39:16		07:20:59.35	07:21:28.60	+03:33:38	9:14	6.5
279	WENECKA-FLIS Anna	2432		Open K	72	02:37:49		07:21:23.50	07:21:40.55	+03:33:50	9:15	6.5
280	WOŁOWIEC Krzysztof	2449	PGKIELCE.PL	Open M	208	02:30:09		07:20:42.35	07:21:43.60	+03:33:53	9:14	6.5
281	KOPIEC Arkadiusz	2185		Open M	209	02:22:23		07:22:55.85	07:23:10.60	+03:35:20	9:17	6.5
282	BODNAR Andras	2040	LEGRAND SE	Open M	210	02:37:28		07:22:29.70	07:23:15.15	+03:35:25	9:16	6.5
283	HOROSZCZAK Adrian	2145		Open M	211	02:12:32		07:23:51.50	07:24:04.75	+03:36:14	9:18	6.4
284	ZIERHOFFER Michał	2461		Open M	212	02:29:28		07:23:52.85	07:24:20.60	+03:36:30	9:18	6.4
285	CSERNI Viola	2064		Open K	73	02:35:18		07:24:22.10	07:25:05.20	+03:37:15	9:18	6.4
286	DZIERŻAK Arkadiusz	2082	HUSARIA RACE TEAM	Open M	213	02:28:03		07:25:15.65	07:25:42.50	+03:37:52	9:20	6.4
287	MAJEWSKA Anna	2250	AKG ŁÓDŹ	Open K	74	02:32:01		07:25:28.75	07:26:07.35	+03:38:17	9:20	6.4
288	HELIŃSKI Jacek	2140	DZIKIE ŻYCIE RUN TEAM	Open M	214	02:21:21		07:26:19.95	07:26:46.15	+03:38:56	9:21	6.4
289	MAJCHROWICZ Marzenna	2248		Open K	75	02:36:24		07:26:07.90	07:27:07.85	+03:39:17	9:21	6.4
290	ZIUBIŃSKI Paweł	2465		Open M	215	02:37:36		07:26:26.85	07:27:18.70	+03:39:28	9:21	6.4
291	MICHALCZAK Paweł	2268	WKS WAWEL KRAKÓW	Open M	216	02:26:45		07:27:18.50	07:27:41.05	+03:39:51	9:22	6.4
292	PASTWA Monika	2309		Open K	76	02:35:13		07:28:19.90	07:28:32.55	+03:40:42	9:23	6.4
293	STOCKA Małgorzata	2389		Open K	77	02:42:17		07:27:55.45	07:28:33.65	+03:40:43	9:23	6.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne 18.7km	Wilcze Budy 27.7km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 47.7km	brutto 47.7km			
294	JARZYNA Jan	2155	POLSKIE KWASY	Open M	217	02:25:40		07:28:28.75	07:29:02.60	+03:41:12	9:24	6.4
295	KRÓLIKOWSKI Andrzej	2203	CENTRUM MEDYCZNE ORTO-OPTYMIST	Open M	218	02:44:03		07:28:40.75	07:29:38.10	+03:41:48	9:24	6.4
296	ZIELENKIEWICZ Marcin	2459	JAK NIE BYĆ GRUBASEM	Open M	219	02:27:42		07:29:02.40	07:29:51.10	+03:42:01	9:24	6.4
297	MENŻYK Marcin	2265	LUXTORPEDA CZERWIONKA	Open M	220	02:31:21		07:31:11.70	07:31:47.60	+03:43:57	9:27	6.3
298	TRETER Sebastian	2417		Open M	221	02:36:04		07:29:24.50	07:33:53.05	+03:46:03	9:25	6.4
299	SOSZYŃSKI Piotr	2378	GAZELE NA STARCIE	Open M	222	02:38:38		07:33:16.75	07:33:54.20	+03:46:04	9:30	6.3
300	KRAJEWSKI Bartosz	2199		Open M	223	02:28:15		07:32:57.20	07:33:58.35	+03:46:08	9:29	6.3
301	SZKATULA Henryk	2395	FORMA WODZISŁAW ŚL.	Open M	224	02:32:34		07:34:20.25	07:34:34.10	+03:46:44	9:31	6.3
301	HELIOSZ Agnieszka	2141	INTERAKTYWNI	Open K	78	02:32:33		07:34:19.65	07:34:34.10	+03:46:44	9:31	6.3
303	ULANOWSKI Michał	2493		Open M	225	02:32:34		07:35:56.75	07:36:12.10	+03:48:22	9:33	6.3
304	SMOLCZEWSKI Arkadiusz	2370	MULTIFLORA	Open M	226	02:27:04		07:36:55.50	07:37:39.40	+03:49:49	9:34	6.3
305	PRZYBYLSKI Mariusz	2335	PGB SPORTOWA PACZKA	Open M	227	02:24:20		07:36:49.40	07:37:42.15	+03:49:52	9:34	6.3
306	NOWOSZ Kamil	2286		Open M	228	02:32:08		07:37:49.45	07:38:28.10	+03:50:38	9:35	6.3
307	JANISZEWSKA Katarzyna	2152		Open K	79	02:39:42		07:39:00.65	07:39:52.15	+03:52:02	9:37	6.2
308	PIOTROWSKA Anna	2320	NADARZYN BIEGA	Open K	80	02:39:40		07:39:00.30	07:39:52.25	+03:52:02	9:37	6.2
309	CZAJKA Agata	2067	MIOMAO	Open K	81	02:44:42		07:39:38.25	07:40:15.40	+03:52:25	9:38	6.2
310	BINIENDA Agnieszka	2034	WATAHA	Open K	82	02:40:30		07:40:28.75	07:41:28.30	+03:53:38	9:39	6.2
311	MAMEJ Elżbieta	2254	LUBLIN BIEGA	Open K	83	02:34:02		07:40:59.20	07:41:56.00	+03:54:06	9:39	6.2
312	CHOROŚ Michał	2059	HUSARIA RACE TEAM	Open M	229	02:35:37		07:41:12.00	07:42:04.25	+03:54:14	9:40	6.2
313	FRĄCZAK Marcin	2098		Open M	230	02:37:26		07:42:52.40	07:43:33.00	+03:55:43	9:42	6.2
314	PAGAS Rafał	2300	T-MOBILE RUNNING TEAM	Open M	231	02:51:53		07:43:18.90	07:43:55.40	+03:56:05	9:42	6.2
315	OLESZYCKA Aneta	2290		Open K	84	02:42:38		07:43:51.00	07:44:08.70	+03:56:18	9:43	6.2
316	BERNAT Katarzyna	2028		Open K	85	02:45:12		07:43:54.20	07:44:08.75	+03:56:18	9:43	6.2
317	JURAŚ-KMIEĆ Marzena	2163	BIEGAM SOBIE	Open K	86	02:37:52		07:45:38.30	07:46:07.45	+03:58:17	9:45	6.1
318	ZIOBER Barbara	2462		Open K	87	02:45:20		07:46:27.40	07:46:43.40	+03:58:53	9:46	6.1
319	ŚMIGIELSKI Piotr	2407		Open M	232	02:39:10		07:46:15.80	07:47:01.90	+03:59:12	9:46	6.1
320	GMYREK Wojciech	2116		Open M	233	02:47:03		07:46:14.90	07:47:15.55	+03:59:25	9:46	6.1
321	SOKOŁOWSKI Artur	2375		Open M	234	02:42:00		07:46:52.85	07:47:39.80	+03:59:49	9:47	6.1
322	KNAJP Mateusz	2182		Open M	235	02:48:55		07:47:35.40	07:48:31.60	+04:00:41	9:48	6.1
323	KNAJP Kinga	2181		Open K	88	02:48:53		07:47:35.65	07:48:31.70	+04:00:41	9:48	6.1
324	ZIENOWICZ Magdalena	2460	X-TEAM SPECIAL FORCES	Open K	89	02:44:55		07:48:56.70	07:49:11.65	+04:01:21	9:49	6.1
325	MANIURA Adam	2255		Open M	236	02:50:41		07:49:05.55	07:49:32.55	+04:01:42	9:50	6.1
326	FIRAZA Łukasz	2090	NAPIERACZE	Open M	237	02:25:47		07:49:00.85	07:49:43.75	+04:01:53	9:49	6.1
327	SOSIŃSKI Tomasz	2377	NAPIERACZE	Open M	238	02:25:56		07:49:03.10	07:49:45.70	+04:01:55	9:50	6.1
328	SIENKIEWICZ Gabrysia	2363	OGARY DOLORES	Open K	90	02:44:53		07:49:34.00	07:50:06.70	+04:02:16	9:50	6.1
329	MAJDA Robert	2249		Open M	239	02:43:49		07:49:53.75	07:50:13.30	+04:02:23	9:51	6.1
330	STEC Damian	2387	ASM	Open M	240	02:31:12		07:50:03.25	07:50:14.70	+04:02:24	9:51	6.1
331	KUREK Jarosław	2212	RAJ-D ORZESZE	Open M	241	02:43:50		07:50:57.20	07:51:17.30	+04:03:27	9:52	6.1
332	ŚLĘCZKOWSKI Piotr	2403		Open M	242	02:43:37		07:52:18.55	07:52:53.00	+04:05:03	9:54	6.1
333	KAWKA Damian	2171		Open M	243	02:34:38		07:52:32.45	07:53:10.55	+04:05:20	9:54	6.1
334	TARGOSZ Klaudia	2409		Open K	91	02:47:18		07:54:15.85	07:54:28.05	+04:06:38	9:56	6
335	ŻUREK Piotr	2471	LUBLIN BIEGA	Open M	244	02:44:07		07:56:02.70	07:57:00.95	+04:09:11	9:58	6
336	ŻUROWSKI Jacek	2472	LUBLIN BIEGA,CENTRUM ORTO-OPTYMIST	Open M	245	02:44:02		07:57:30.35	07:58:28.55	+04:10:38	10:00	6

Przekroczony limit czasu: 08:00:00

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Puławy Górne		Wilcze Budy		Czas netto 47.7km	Czas brutto 47.7km	Różn	Tempo min/km	Tempo km/h
						18.7km	27.7km	18.7km	27.7km					
337	ŁUKASIAK Adam	2242	WARSAW RUN CLUB	Open M	246	02:49:39				07:59:53.25	08:00:55.75	+04:13:05	10:03	6
338	KALBARCZYK Izabella	2169	WARSAW RUN CLUB	Open K	92	02:49:42				07:59:53.00	08:00:56.10	+04:13:06	10:03	6
339	JASEK-BORS Paulina	2156	HUSARIA RACE TEAM	Open K	93	02:47:09				08:02:54.20	08:03:45.55	+04:15:55	10:07	5.9
340	KISZKIS Elżbieta	2177	HUSARIA RACE TEAM	Open K	94	02:47:09				08:02:53.25	08:03:45.80	+04:15:55	10:07	5.9
341	DOBROWOLSKI Robert	2074	SPORTOWI EMERYCI	Open M	247	02:57:00				08:03:54.80	08:04:41.70	+04:16:51	10:08	5.9
342	KLISZ Agnieszka	2180		Open K	95	02:53:32				08:04:04.60	08:04:54.85	+04:17:04	10:08	5.9
343	PABIAŃCZYK Małgorzata	2297		Open K	96	02:49:50				08:03:54.35	08:04:54.90	+04:17:05	10:08	5.9
344	GROMADZKA Justyna	2129		Open K	97	02:55:50				08:06:28.00	08:07:28.05	+04:19:38	10:11	5.9
345	ZAJDEL Łukasz	2457		Open M	248	02:37:25				08:08:00.15	08:08:57.30	+04:21:07	10:13	5.9
346	GIERSZEWSKI Grzegorz	2113	DRZWI DO MARZEŃ	Open M	249	02:46:30				08:13:04.30	08:13:53.00	+04:26:03	10:20	5.8
347	ŁOMOCIŃSKA Magda	2240		Open K	98	02:47:56				08:14:14.05	08:15:01.15	+04:27:11	10:21	5.8
348	ŁOMOCIŃSKI Arkadiusz	2241		Open M	250	02:47:56				08:24:49.65	08:25:37.00	+04:37:47	10:35	5.7
349	KAFEL Łukasz	2168		Open M	251	02:43:40				08:27:19.50	08:27:50.50	+04:40:00	10:38	5.6
349	BĄDZIUL Dorota	2022		Open K	99	02:52:32				08:27:21.75	08:27:50.50	+04:40:00	10:38	5.6
351	JANICKA Katarzyna	2150		Open K	100	02:49:33				08:30:45.35	08:31:38.05	+04:43:48	10:42	5.6
352	DOBROWOLSKA Bożena	2072	SPORTOWI EMERYCI	Open K	101	02:57:27				08:37:06.85	08:37:53.45	+04:50:03	10:50	5.5
353	MAJEWSKA Regina	2251	KLUB SPORTOWY 'TĘCZA'	Open K	102	02:52:10				08:53:06.20	08:54:10.00	+05:06:20	11:10	5.4
354	MAJEWSKI Błażej	2252	FANCLUB PAPA DANCE	Open M	252	02:52:08				08:53:05.90	08:54:10.25	+05:06:20	11:10	5.4
355	SCARDACCIONE Marco	2358		Open M	253	02:50:57				08:58:44.80	08:59:03.85	+05:11:13	11:17	5.3
356	DOMANSKI Jarek	2076	GAZELE NA STARCIE	Open M	254	02:56:46				09:08:49.85	09:09:27.55	+05:21:37	11:30	5.2
357	KUŚ Michał	2215	KLUB INO STOWARZYSZE	Open M	255	03:21:03				09:52:37.75	09:53:40.60	+06:05:50	12:25	4.8
358	KUŚ Agnieszka	2214	KLUB INO STOWARZYSZE	Open K	103	03:21:05				09:52:40.40	09:53:43.20	+06:05:53	12:25	4.8
359	OWCZAREK Sylwia	2295	HUSARIA RACE TEAM	Open K	104	03:08:24				09:53:21.05	09:54:14.10	+06:06:24	12:26	4.8
360	JĘDRZEJEWSKA Beata	2161	WATACHA	Open K	105	03:03:47				09:53:14.70	09:54:14.15	+06:06:24	12:26	4.8
	WILK Bogdan	2437	BRAK	Open M		01:58:37	DNF	DNF		DNF	DNF	-	-	-
	SZREK Łukasz	2397		Open M		02:13:19	DNF	DNF		DNF	DNF	-	-	-
	FRĄCZEK Marcin	2097	TMTEAM	Open M		02:34:58	DNF	DNF		DNF	DNF	-	-	-
	MAJCHROWICZ Andrzej	2247		Open M		02:35:27	DNF	DNF		DNF	DNF	-	-	-
	LEWICKI Marcin	2228		Open M		02:37:00	DNF	DNF		DNF	DNF	-	-	-
	BRATKO-SETKOWICZ Alina	2046		Open K		02:39:13	DNF	DNF		DNF	DNF	-	-	-
	DORCZAK Jarosław	2077		Open M		02:39:44	DNF	DNF		DNF	DNF	-	-	-
	BEDNARZ Sylwia	2026		Open K		02:39:46	DNF	DNF		DNF	DNF	-	-	-
	BRZYSKA Marcelina	2049		Open K		02:43:18	DNF	DNF		DNF	DNF	-	-	-
	LATAŁA Wojciech	2224	LEŚNE GRUBASY	Open M		03:20:24	DNF	DNF		DNF	DNF	-	-	-
	PRĘDKOPOWICZ Daniel	2331	ASRAZ	Open M		DNF		DNF		DNF	DNF	-	-	-

Znaleziono 371 wynik(ów)