

Wydarzenie: Łemkowyna Ultra-Trail
Organizator: Fundacja Ultra
Data: 2024-10-19
Miejsce: Komańcza
Dystans: 48 km

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|-----------------------------------|-----------|------|---------------------------|----------------------|-------------------------|--------------------------|----------------------|-----------------|-----------------|
| 1 | KOBOS Tomasz | 2299 | METODA FELDENKRAISA | Open M | 1 | 01:20:49 | 02:29:29 | 03:33:09.15 | 03:33:09.15 | | 4:28 | 13.4 (100%) |
| 2 | SIOŁA Karol | 2296 | DIADORA TEAM | Open M | 2 | 01:24:01 | 02:37:16 | 03:45:03.15 | 03:45:03.15 | +00:11:54 (5.3%) | 4:43 | 12.7 (94.8%) |
| 3 | KAŻMIERCZYK Adam | 2114 | MARCIN ŚWIERC TEAM | Open M | 3 | 01:34:52 | 02:56:19 | 04:15:10.05 | 04:15:10.05 | +00:42:00 (16.5%) | 5:20 | 11.2 (83.6%) |
| 4 | GAWLIK Sławek | 2008 | DYNAFIT TEAM POLAND | Open M | 4 | 01:34:52 | 02:59:28 | 04:20:45.55 | 04:20:45.55 | +00:47:36 (18.3%) | 5:27 | 11 (82.1%) |
| 5 | BANIAK Marcin | 2006 | G.O.A.T. TEAM MICHAŁOWICE | Open M | 5 | 01:34:02 | 03:01:18 | 04:26:53.00 | 04:26:53.00 | +00:53:43 (20.1%) | 5:35 | 10.7 (79.9%) |
| 6 | ZYGMUNT Tomasz | 2004 | BORGWARNER RUNNING TEAM | Open M | 6 | 01:28:36 | 02:54:26 | 04:27:50.65 | 04:27:50.65 | +00:54:41 (20.4%) | 5:36 | 10.7 (79.9%) |
| 7 | PTAK Mateusz | 2216 | TRAIL IS OUR WAY | Open M | 7 | 01:38:27 | 03:06:28 | 04:29:36.10 | 04:29:36.10 | +00:56:26 (20.9%) | 5:39 | 10.6 (79.1%) |
| 8 | RAFA Dominik | 2220 | ANIA I CHŁOPAKI | Open M | 8 | 01:38:23 | 03:08:06 | 04:30:14.80 | 04:30:14.80 | +00:57:05 (21.1%) | 5:39 | 10.6 (79.1%) |
| 9 | ŁUSZCZAK Kamil | 2151 | STAY INSANE/PERFECT RUNNER | Open M | 9 | 01:41:09 | 03:10:09 | 04:30:54.55 | 04:30:54.55 | +00:57:45 (21.3%) | 5:40 | 10.6 (79.1%) |
| 10 | POTASIEWICZ Grzegorz | 2212 | | Open M | 10 | 01:37:04 | 03:08:41 | 04:32:15.25 | 04:32:15.25 | +00:59:06 (21.7%) | 5:42 | 10.5 (78.4%) |
| 11 | BYRSKA Sylwia | 2001 | WM TRISELF | Open K | 1 | 01:41:08 | 03:08:24 | 04:33:17.30 | 04:33:17.30 | +01:00:08 (22.0%) | 5:43 | 10.5 (78.4%) |
| 12 | KUCHTA Maria | 2005 | STAJNIAK TEAM | Open K | 2 | 01:41:07 | 03:11:45 | 04:35:16.60 | 04:35:16.60 | +01:02:07 (22.6%) | 5:46 | 10.4 (77.6%) |
| 13 | FIEDOROWICZ Asia | 2063 | SKLEP BIEGACZA RUNNING TEAM | Open K | 3 | 01:42:06 | 03:13:41 | 04:37:08.80 | 04:37:08.80 | +01:03:59 (23.1%) | 5:48 | 10.3 (76.9%) |
| 14 | WÓJCIK Łukasz | 2279 | NIEMCE TEAM/SZYBCIEJ NIE DAM RADY | Open M | 11 | 01:40:55 | 03:13:36 | 04:40:34.15 | 04:40:34.15 | +01:07:25 (24.0%) | 5:52 | 10.2 (76.1%) |
| 15 | ZIĘBA Sabina | 2007 | #SZLACHTABIEGA | Open K | 4 | 01:46:56 | 03:19:34 | 04:45:35.35 | 04:45:35.35 | +01:12:26 (25.4%) | 5:59 | 10 (74.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|-------------------------------|-----------|------|---------------------|-------------------|--------------------|--------------------|-------------------|--------------|-------------|
| 16 | DZIADZIO Małgorzata | 2009 | | Open K | 5 | 01:46:06 | 03:20:34 | 04:47:05.65 | 04:47:05.65 | +01:13:56 (25.8%) | 6:01 | 10 (74.6%) |
| 17 | GÓRSKI Tomasz | 2084 | | Open M | 12 | 01:42:08 | 03:16:26 | 04:48:17.35 | 04:48:17.35 | +01:15:08 (26.1%) | 6:02 | 9.9 (73.9%) |
| 18 | MIŁKOWSKI Paweł | 2168 | JASZCZOMP | Open M | 13 | 01:41:35 | 03:18:35 | 04:49:49.40 | 04:49:49.40 | +01:16:40 (26.5%) | 6:04 | 9.9 (73.9%) |
| 19 | STANISŁAWSKI Michał | 2243 | UKS FREE SPORTS BIELSKO-BIAŁA | Open M | 14 | 01:48:17 | 03:23:01 | 04:52:31.35 | 04:52:31.35 | +01:19:22 (27.1%) | 6:07 | 9.8 (73.1%) |
| 20 | MAKOWSKI Jarosław | 2156 | | Open M | 15 | 01:45:04 | 03:19:09 | 04:53:26.05 | 04:53:26.05 | +01:20:16 (27.4%) | 6:09 | 9.8 (73.1%) |
| 21 | TRYBUS Sylwester | 2260 | NOWY STYL RUNNING TEAM | Open M | 16 | 01:52:46 | 03:29:31 | 04:54:37.35 | 04:54:37.35 | +01:21:28 (27.7%) | 6:10 | 9.7 (72.4%) |
| 22 | CHODOROWICZ Mariusz | 2037 | BIEGING TEAM ZELÓW | Open M | 17 | 01:40:15 | 03:14:58 | 04:55:05.80 | 04:55:05.80 | +01:21:56 (27.8%) | 6:11 | 9.7 (72.4%) |
| 23 | JAŃCZYK Ewa | 2096 | | Open K | 6 | 01:50:23 | 03:28:30 | 04:55:59.80 | 04:55:59.80 | +01:22:50 (28.0%) | 6:12 | 9.7 (72.4%) |
| 24 | CZECH Agata | 2003 | | Open K | 7 | 01:48:52 | 03:28:28 | 04:56:37.45 | 04:56:37.45 | +01:23:28 (28.1%) | 6:13 | 9.6 (71.6%) |
| 25 | GOŁĄBEK Rafał | 2081 | MTB MOSIR DUKLA | Open M | 18 | 01:42:06 | 03:24:21 | 04:57:44.40 | 04:57:44.40 | +01:24:35 (28.4%) | 6:14 | 9.6 (71.6%) |
| 26 | JASIONOWICZ Grzegorz | 2100 | PODBIEG.PL | Open M | 19 | 01:49:37 | 03:27:48 | 04:58:13.45 | 04:58:13.45 | +01:25:04 (28.5%) | 6:15 | 9.6 (71.6%) |
| 27 | PODOLAK Kuba | 2209 | A TAK SOBIE BIEGAM | Open M | 20 | 01:48:45 | 03:25:47 | 04:58:48.15 | 04:58:48.15 | +01:25:39 (28.7%) | 6:15 | 9.6 (71.6%) |
| 28 | RADEK Wojciech | 2219 | ŚPOT | Open M | 21 | 01:48:53 | 03:28:18 | 04:59:15.85 | 04:59:15.85 | +01:26:06 (28.8%) | 6:16 | 9.6 (71.6%) |
| 29 | KUTAJ Grzegorz | 2137 | | Open M | 22 | 01:55:08 | 03:31:19 | 05:00:13.35 | 05:00:13.35 | +01:27:04 (29.0%) | 6:17 | 9.5 (70.9%) |
| 30 | PODRAZA Klaudia | 2210 | PĘDZĄCE ŚLIMAKI | Open K | 8 | 01:48:32 | 03:32:11 | 05:00:56.15 | 05:00:56.15 | +01:27:47 (29.2%) | 6:18 | 9.5 (70.9%) |
| 31 | DĘBSKA Marta | 2011 | ZIELONEBIEGANIE.PL | Open K | 9 | 01:52:31 | 03:32:44 | 05:00:58.50 | 05:00:58.50 | +01:27:49 (29.2%) | 6:18 | 9.5 (70.9%) |
| 32 | MENTEL Marcin | 2165 | | Open M | 23 | 01:53:38 | 03:35:44 | 05:01:10.90 | 05:01:10.90 | +01:28:01 (29.2%) | 6:18 | 9.5 (70.9%) |
| 33 | SZUKAŁA Michał | 2302 | | Open M | 24 | 01:35:10 | 03:24:40 | 05:02:36.20 | 05:02:36.20 | +01:29:27 (29.6%) | 6:20 | 9.5 (70.9%) |
| 34 | PROTAS Krzysztof | 2214 | | Open M | 25 | 01:49:16 | 03:35:56 | 05:07:24.95 | 05:07:24.95 | +01:34:15 (30.7%) | 6:26 | 9.3 (69.4%) |
| 35 | KISIECKI Damian | 2116 | HURAGAN LIGOTA | Open M | 26 | 01:54:59 | 03:36:24 | 05:11:36.05 | 05:11:36.05 | +01:38:26 (31.6%) | 6:31 | 9.2 (68.7%) |
| 36 | WOJDANOWSKI Jan | 2273 | | Open M | 27 | 01:54:56 | 03:41:58 | 05:11:44.10 | 05:11:44.10 | +01:38:34 (31.6%) | 6:32 | 9.2 (68.7%) |
| 37 | GALEWSKI Adrian | 2070 | AW - SZYBCIEJ - TEAM | Open M | 28 | 01:47:00 | 03:28:44 | 05:14:22.65 | 05:14:22.65 | +01:41:13 (32.2%) | 6:35 | 9.1 (67.9%) |
| 38 | JAROMI Łukasz | 2304 | | Open M | 29 | 01:58:13 | 03:43:24 | 05:14:39.00 | 05:14:39.00 | +01:41:29 (32.3%) | 6:35 | 9.1 (67.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|-------------------------------|-----------|------|---------------------|-------------------|--------------------|--------------------|-------------------|--------------|-------------|
| 39 | WOSKOWICZ Mateusz | 2277 | | Open M | 30 | 01:54:52 | 03:40:33 | 05:14:43.60 | 05:14:43.60 | +01:41:34 (32.3%) | 6:35 | 9.1 (67.9%) |
| 40 | BŁASZCZAK Marek | 2027 | AW - SZYBCIEJ - TEAM | Open M | 31 | 01:52:21 | 03:37:27 | 05:15:00.55 | 05:15:00.55 | +01:41:51 (32.3%) | 6:36 | 9.1 (67.9%) |
| 41 | GIŁOWSKI Kamil | 2078 | UKS FREE SPORTS BIELSKO-BIAŁA | Open M | 32 | 01:47:27 | 03:32:48 | 05:16:32.75 | 05:16:32.75 | +01:43:23 (32.7%) | 6:38 | 9 (67.2%) |
| 42 | ŁOŚ Kamil | 2150 | DZIK KOMANDO | Open M | 33 | 01:48:28 | 03:37:00 | 05:16:35.05 | 05:16:35.05 | +01:43:25 (32.7%) | 6:38 | 9 (67.2%) |
| 43 | ZWOLIŃSKI Mariusz | 2292 | | Open M | 34 | 01:50:59 | 03:37:51 | 05:18:48.80 | 05:18:48.80 | +01:45:39 (33.1%) | 6:41 | 9 (67.2%) |
| 44 | SALAMON Jarosław | 2231 | | Open M | 35 | 01:49:22 | 03:35:23 | 05:19:13.70 | 05:19:13.70 | +01:46:04 (33.2%) | 6:41 | 9 (67.2%) |
| 45 | ORYSIK Rafał | 2188 | | Open M | 36 | 01:55:06 | 03:38:44 | 05:19:20.90 | 05:19:20.90 | +01:46:11 (33.3%) | 6:41 | 9 (67.2%) |
| 46 | JASKÓLSKI Krzysztof | 2102 | MYNIUTEAM | Open M | 37 | 01:59:17 | 03:44:51 | 05:20:47.15 | 05:20:47.15 | +01:47:38 (33.6%) | 6:43 | 8.9 (66.4%) |
| 47 | BIERNAT Mateusz | 2025 | | Open M | 38 | 01:57:45 | 03:46:31 | 05:21:41.30 | 05:21:41.30 | +01:48:32 (33.7%) | 6:44 | 8.9 (66.4%) |
| 48 | RECZKO Jakub | 2223 | | Open M | 39 | 01:59:35 | 03:46:53 | 05:22:33.35 | 05:22:33.35 | +01:49:24 (33.9%) | 6:45 | 8.9 (66.4%) |
| 49 | JEGER Piotr | 2103 | SKLEP BIEGACZA RUNNING TEAM | Open M | 40 | 01:52:40 | 03:39:19 | 05:22:43.90 | 05:22:43.90 | +01:49:34 (34.0%) | 6:45 | 8.9 (66.4%) |
| 50 | KUBIAK Marcin | 2131 | | Open M | 41 | 01:54:15 | 03:44:35 | 05:23:03.90 | 05:23:03.90 | +01:49:54 (34.0%) | 6:46 | 8.9 (66.4%) |
| 51 | KUZINOWICZ Paweł | 2138 | MAMYTO | Open M | 42 | 01:54:20 | 03:43:37 | 05:24:21.60 | 05:24:21.60 | +01:51:12 (34.3%) | 6:47 | 8.8 (65.7%) |
| 52 | WIECZOREK Agata | 2268 | BIEGOWE CZWARTKI | Open K | 10 | 01:58:35 | 03:47:19 | 05:24:46.50 | 05:24:46.50 | +01:51:37 (34.4%) | 6:48 | 8.8 (65.7%) |
| 53 | PAŁCZYŃSKI Paweł | 2195 | LG:) | Open M | 43 | 01:55:37 | 03:43:32 | 05:25:55.30 | 05:25:55.30 | +01:52:46 (34.6%) | 6:49 | 8.8 (65.7%) |
| 54 | TUCKI Konrad | 2261 | | Open M | 44 | 02:00:53 | 03:50:29 | 05:26:19.95 | 05:26:19.95 | +01:53:10 (34.7%) | 6:50 | 8.8 (65.7%) |
| 55 | SOCHACKI Grzegorz | 2242 | NOGAMI DO PRZODU | Open M | 45 | 01:54:31 | 03:44:25 | 05:28:50.05 | 05:28:50.05 | +01:55:40 (35.2%) | 6:53 | 8.7 (64.9%) |
| 56 | MARZEC Justyna | 2162 | #SZLACHTABIEGA | Open K | 11 | 01:58:35 | 03:50:15 | 05:29:43.25 | 05:29:43.25 | +01:56:34 (35.4%) | 6:54 | 8.7 (64.9%) |
| 57 | KOCYŁOWSKI Piotr | 2118 | LITWIN SPORTS | Open M | 46 | 01:57:41 | 03:50:32 | 05:30:31.70 | 05:30:31.70 | +01:57:22 (35.5%) | 6:55 | 8.7 (64.9%) |
| 58 | KŁÓDKIEWICZ Marcin | 2117 | | Open M | 47 | 01:53:05 | 03:44:57 | 05:30:43.95 | 05:30:43.95 | +01:57:34 (35.6%) | 6:55 | 8.7 (64.9%) |
| 59 | GARBIEŃ Grzegorz | 2073 | | Open M | 48 | 01:55:01 | 03:49:36 | 05:31:05.55 | 05:31:05.55 | +01:57:56 (35.6%) | 6:56 | 8.6 (64.2%) |
| 60 | FREIHOEFER Klaudia | 2067 | TRAIL IS OUR WAY | Open K | 12 | 02:00:55 | 03:55:05 | 05:31:55.75 | 05:31:55.75 | +01:58:46 (35.8%) | 6:57 | 8.6 (64.2%) |
| 61 | STANOK Piotr | 2244 | | Open M | 49 | 01:57:41 | 03:56:01 | 05:32:42.35 | 05:32:42.35 | +01:59:33 (35.9%) | 6:58 | 8.6 (64.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy | | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|------------------------------|-----------|------|--------------|-------------------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Górne 18.7km | Przybyszów 34.2km | netto 47.7km | brutto 47.7km | | | |
| 62 | GAŁEK Aleksander | 2072 | PRAGMATIQ.PL | Open M | 50 | 02:03:14 | 03:49:34 | 05:32:57.95 | 05:32:57.95 | +01:59:48 (36.0%) | 6:58 | 8.6 (64.2%) |
| 63 | GĘBORYS Patryk | 2075 | JTCNW | Open M | 51 | 02:04:17 | 03:57:41 | 05:36:24.45 | 05:36:24.45 | +02:03:15 (36.6%) | 7:03 | 8.5 (63.4%) |
| 64 | SOBCZAK Grzegorz | 2238 | | Open M | 52 | 01:52:50 | 03:44:38 | 05:38:27.95 | 05:38:27.95 | +02:05:18 (37.0%) | 7:05 | 8.5 (63.4%) |
| 65 | SZELEŻYŃSKI Bartosz | 2251 | MAJA TEAM | Open M | 53 | 02:12:54 | 04:05:35 | 05:38:44.15 | 05:38:44.15 | +02:05:35 (37.1%) | 7:06 | 8.4 (62.7%) |
| 66 | BIARDA Dominik | 2020 | WROCŁAWSKI KLUB WYSOKOGÓRSKI | Open M | 54 | 02:09:00 | 04:05:57 | 05:40:56.85 | 05:40:56.85 | +02:07:47 (37.5%) | 7:08 | 8.4 (62.7%) |
| 67 | LIPSKI Dawid | 2146 | | Open M | 55 | 02:08:45 | 04:05:31 | 05:41:11.50 | 05:41:11.50 | +02:08:02 (37.5%) | 7:09 | 8.4 (62.7%) |
| 68 | BARZYK Karol | 2016 | | Open M | 56 | 02:05:28 | 03:56:56 | 05:41:46.35 | 05:41:46.35 | +02:08:37 (37.6%) | 7:09 | 8.4 (62.7%) |
| 69 | FITT Konrad | 2065 | KRAKÓW AIRPORT RUNNING TEAM | Open M | 57 | 02:00:50 | 03:56:48 | 05:41:57.05 | 05:41:57.05 | +02:08:47 (37.7%) | 7:10 | 8.4 (62.7%) |
| 70 | SIDOR Radosław | 2233 | POSMAKUJ RUN TEAM | Open M | 58 | 02:00:45 | 03:57:19 | 05:42:15.25 | 05:42:15.25 | +02:09:06 (37.7%) | 7:10 | 8.4 (62.7%) |
| 71 | HILLER Artur | 2091 | | Open M | 59 | 01:59:10 | 03:56:06 | 05:42:40.00 | 05:42:40.00 | +02:09:30 (37.8%) | 7:11 | 8.4 (62.7%) |
| 72 | JARUZEL Robert | 2099 | SKL STARGARD | Open M | 60 | 02:05:26 | 04:04:33 | 05:43:57.30 | 05:43:57.30 | +02:10:48 (38.0%) | 7:12 | 8.3 (61.9%) |
| 73 | DADOS Rafał | 2054 | | Open M | 61 | 01:54:36 | 03:49:39 | 05:44:07.10 | 05:44:07.10 | +02:10:57 (38.1%) | 7:12 | 8.3 (61.9%) |
| 74 | GUZANEK Arkadiusz | 2088 | | Open M | 62 | 02:09:33 | 04:03:51 | 05:44:49.50 | 05:44:49.50 | +02:11:40 (38.2%) | 7:13 | 8.3 (61.9%) |
| 75 | FILIPEK Wojciech | 2064 | OPTIM TRAVEL ULTRA | Open M | 63 | 01:58:29 | 03:53:57 | 05:45:38.40 | 05:45:38.40 | +02:12:29 (38.3%) | 7:14 | 8.3 (61.9%) |
| 76 | KURASZKIEWICZ Robert | 2136 | | Open M | 64 | 02:01:42 | 03:54:02 | 05:45:38.50 | 05:45:38.50 | +02:12:29 (38.3%) | 7:14 | 8.3 (61.9%) |
| 77 | PUDEŁKO Rafał | 2217 | MAMYTO | Open M | 65 | 02:00:17 | 04:01:56 | 05:46:21.20 | 05:46:21.20 | +02:13:12 (38.5%) | 7:15 | 8.3 (61.9%) |
| 78 | JĘDRZEJCZYK Adam | 2106 | SANOK BIEGA | Open M | 66 | 01:59:47 | 03:55:09 | 05:46:54.75 | 05:46:54.75 | +02:13:45 (38.6%) | 7:16 | 8.3 (61.9%) |
| 79 | KOSIŃSKA Anna | 2120 | MOUNTAIN RUNNING GUIDES | Open K | 13 | 02:12:52 | 04:06:40 | 05:47:02.60 | 05:47:02.60 | +02:13:53 (38.6%) | 7:16 | 8.2 (61.2%) |
| 80 | ANTOLAK Adam | 2308 | | Open M | 67 | 01:59:17 | 03:58:17 | 05:48:03.95 | 05:48:03.95 | +02:14:54 (38.8%) | 7:17 | 8.2 (61.2%) |
| 81 | BŁĄŻEJOWSKI Dariusz | 2028 | NOWY STYL RUNNING TEAM | Open M | 68 | 02:00:41 | 03:57:59 | 05:48:18.45 | 05:48:18.45 | +02:15:09 (38.8%) | 7:18 | 8.2 (61.2%) |
| 82 | PESZT Marek | 2298 | | Open M | 69 | 01:51:13 | | 05:48:37.65 | 05:48:37.65 | +02:15:28 (38.9%) | 7:18 | 8.2 (61.2%) |
| 83 | OCHAŁA Przemysław | 2185 | | Open M | 70 | 01:59:35 | 03:57:53 | 05:48:44.60 | 05:48:44.60 | +02:15:35 (38.9%) | 7:18 | 8.2 (61.2%) |
| 84 | SZNAJDER Joanna | 2253 | G.O.A.T. TEAM MICHAŁOWICE | Open K | 14 | 01:54:59 | 03:52:17 | 05:48:46.20 | 05:48:46.20 | +02:15:37 (38.9%) | 7:18 | 8.2 (61.2%) |

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|-----|-----------------------------------|-------------|--------------------------|-----------|------|------------------------|----------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 85 | ŻÓŁTOWSKI Michał | 2294 | MIRAZ RACE TEAM | Open M | 71 | 01:56:51 | 04:00:44 | 05:49:10.75 | 05:49:10.75 | +02:16:01 (39.0%) | 7:19 | 8.2 (61.2%) |
| 86 | CIURYK Roman | 2046 | RUSYN-LEM | Open M | 72 | 02:00:46 | 02:32:19 | 05:49:20.70 | 05:49:20.70 | +02:16:11 (39.0%) | 7:19 | 8.2 (61.2%) |
| 87 | PAJĄK Andrzej | 2194 | BIEGAM Z ABS | Open M | 73 | 01:57:34 | 03:52:13 | 05:49:37.30 | 05:49:37.30 | +02:16:28 (39.0%) | 7:19 | 8.2 (61.2%) |
| 88 | JARUZEL Ewa | 2098 | SKL STARGARD | Open K | 15 | 02:05:44 | 04:03:21 | 05:49:44.90 | 05:49:44.90 | +02:16:35 (39.1%) | 7:19 | 8.2 (61.2%) |
| 89 | CZAJKOWSKI Krzysztof | 2049 | | Open M | 74 | 02:02:40 | 04:00:51 | 05:49:53.10 | 05:49:53.10 | +02:16:43 (39.1%) | 7:20 | 8.2 (61.2%) |
| 90 | BRYLIŃSKI Przemysław | 2034 | BRYLANT FOTO | Open M | 75 | 02:06:09 | 04:01:17 | 05:50:13.15 | 05:50:13.15 | +02:17:04 (39.1%) | 7:20 | 8.2 (61.2%) |
| 91 | ZAJDER Paweł | 2284 | PRZEDWOJEWSKI TEAM | Open M | 76 | 01:54:27 | 03:59:41 | 05:51:05.00 | 05:51:05.00 | +02:17:55 (39.3%) | 7:21 | 8.2 (61.2%) |
| 92 | KAZALSKI Grzegorz | 2113 | | Open M | 77 | 02:05:17 | 04:05:07 | 05:51:30.00 | 05:51:30.00 | +02:18:20 (39.4%) | 7:22 | 8.1 (60.4%) |
| 93 | KOWALSKI Grzegorz | 2123 | PMCG PIASECZNO | Open M | 78 | 02:04:36 | 04:06:25 | 05:51:52.45 | 05:51:52.45 | +02:18:43 (39.4%) | 7:22 | 8.1 (60.4%) |
| 94 | MRÓZ Tomasz | 2174 | | Open M | 79 | 02:04:41 | 04:02:49 | 05:52:55.90 | 05:52:55.90 | +02:19:46 (39.6%) | 7:23 | 8.1 (60.4%) |
| 95 | RZEPNIEWSKI Łukasz | 2225 | | Open M | 80 | 02:01:06 | 04:02:34 | 05:53:27.10 | 05:53:27.10 | +02:20:17 (39.7%) | 7:24 | 8.1 (60.4%) |
| 96 | ZUGAJ Robert | 2291 | | Open M | 81 | 01:59:32 | 04:03:56 | 05:53:46.75 | 05:53:46.75 | +02:20:37 (39.7%) | 7:24 | 8.1 (60.4%) |
| 97 | JADZIEWICZ Jakub | 2093 | | Open M | 82 | 01:57:40 | 04:01:04 | 05:54:40.00 | 05:54:40.00 | +02:21:30 (39.9%) | 7:26 | 8.1 (60.4%) |
| 98 | STOMPÓR Piotr | 2247 | | Open M | 83 | 01:59:39 | 04:03:48 | 05:54:40.45 | 05:54:40.45 | +02:21:31 (39.9%) | 7:26 | 8.1 (60.4%) |
| 99 | SZOTA Magdalena | 2254 | DCWRP | Open K | 16 | 02:14:15 | 04:12:17 | 05:55:39.25 | 05:55:39.25 | +02:22:30 (40.1%) | 7:27 | 8 (59.7%) |
| 100 | NAWROCKI Szymon | 2180 | | Open M | 84 | 02:13:29 | 04:12:14 | 05:55:39.85 | 05:55:39.85 | +02:22:30 (40.1%) | 7:27 | 8 (59.7%) |
| 101 | KOLECKI Jakub | 2119 | | Open M | 85 | 02:04:16 | 04:05:24 | 05:56:08.80 | 05:56:08.80 | +02:22:59 (40.2%) | 7:27 | 8 (59.7%) |
| 102 | HOLUBOWSKI Szymon | 2092 | | Open M | 86 | 02:11:46 | 04:09:43 | 05:56:10.75 | 05:56:10.75 | +02:23:01 (40.2%) | 7:28 | 8 (59.7%) |
| 103 | PIWOWARCZYK Magdalena | 2207 | | Open K | 17 | 02:15:03 | 04:13:34 | 05:56:19.50 | 05:56:19.50 | +02:23:10 (40.2%) | 7:28 | 8 (59.7%) |
| 104 | URBANEK Joanna | 2266 | | Open K | 18 | 02:12:47 | 04:13:52 | 05:56:42.75 | 05:56:42.75 | +02:23:33 (40.2%) | 7:28 | 8 (59.7%) |
| 105 | MAJ Michał | 2154 | | Open M | 87 | 02:05:30 | 04:06:28 | 05:56:54.65 | 05:56:54.65 | +02:23:45 (40.3%) | 7:28 | 8 (59.7%) |
| 106 | SALACHNA - NOWAK Magdalena | 2230 | STAY INSANE/BIEGAM Z ABS | Open K | 19 | 02:08:00 | 04:08:18 | 05:57:08.40 | 05:57:08.40 | +02:23:59 (40.3%) | 7:29 | 8 (59.7%) |
| 107 | LISOWSKI Jacek | 2147 | STAY INSANE | Open M | 88 | 02:08:00 | 04:08:14 | 05:57:08.50 | 05:57:08.50 | +02:23:59 (40.3%) | 7:29 | 8 (59.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---|-----------|------|------------------------|----------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 108 | KIBART Robert | 2115 | | Open M | 89 | 01:57:16 | 04:03:37 | 05:57:56.60 | 05:57:56.60 | +02:24:47 (40.5%) | 7:30 | 8 (59.7%) |
| 109 | JĘDRZEJCZYK Maja | 2105 | SANOK BIEGA | Open K | 20 | 02:09:39 | | 05:58:27.60 | 05:58:27.60 | +02:25:18 (40.5%) | 7:30 | 8 (59.7%) |
| 110 | CZARNIECKI Michał | 2051 | WOLSKI KOLEKTYW BIEGOWY | Open M | 90 | 02:08:35 | 04:10:31 | 05:58:42.15 | 05:58:42.15 | +02:25:33 (40.6%) | 7:31 | 8 (59.7%) |
| 111 | OWCZAREK Izabela | 2191 | SLEZAKTEAM | Open K | 21 | 02:10:14 | 04:11:10 | 05:59:02.50 | 05:59:02.50 | +02:25:53 (40.6%) | 7:31 | 8 (59.7%) |
| 112 | MAZGAJ Tomasz | 2163 | ŚPOT | Open M | 91 | 02:13:28 | 04:08:46 | 05:59:05.50 | 05:59:05.50 | +02:25:56 (40.6%) | 7:31 | 8 (59.7%) |
| 113 | SADAJ Anna | 2228 | ANIA I CHŁOPAKI | Open K | 22 | 02:08:37 | 04:16:47 | 05:59:44.15 | 05:59:44.15 | +02:26:35 (40.7%) | 7:32 | 8 (59.7%) |
| 114 | OWOC Tomasz | 2192 | PKO BANK POLSKI / ADIDAS RUNNERS WARSAW | Open M | 92 | 02:09:28 | 04:12:27 | 06:03:25.40 | 06:03:25.40 | +02:30:16 (41.3%) | 7:37 | 7.9 (59.0%) |
| 115 | BOŻĘTKA Waldemar | 2032 | NOWY STYL RUNNING TEAM | Open M | 93 | 02:06:06 | 04:09:08 | 06:03:25.85 | 06:03:25.85 | +02:30:16 (41.3%) | 7:37 | 7.9 (59.0%) |
| 116 | STAWIŃSKI Michał | 2245 | | Open M | 94 | 01:57:55 | 03:57:12 | 06:04:20.75 | 06:04:20.75 | +02:31:11 (41.5%) | 7:38 | 7.9 (59.0%) |
| 117 | HOLÓWKA Sławomir | 2295 | | Open M | 95 | 02:12:34 | 04:11:55 | 06:04:33.10 | 06:04:33.10 | +02:31:23 (41.5%) | 7:38 | 7.9 (59.0%) |
| 118 | ULIKOWSKA Martyna | 2265 | TEAM DFBG | Open K | 23 | 02:09:38 | 04:16:55 | 06:04:42.50 | 06:04:42.50 | +02:31:33 (41.6%) | 7:38 | 7.8 (58.2%) |
| 119 | GUZIK Łukasz | 2089 | GO APTIV! | Open M | 96 | 02:05:42 | 04:09:13 | 06:05:39.00 | 06:05:39.00 | +02:32:29 (41.7%) | 7:39 | 7.8 (58.2%) |
| 120 | PIECUCH Karolina | 2202 | | Open K | 24 | 02:07:29 | 04:11:59 | 06:06:48.65 | 06:06:48.65 | +02:33:39 (41.9%) | 7:41 | 7.8 (58.2%) |
| 121 | WYPIJEWSKI Jakub | 2281 | | Open M | 97 | 02:05:06 | 04:07:37 | 06:08:11.55 | 06:08:11.55 | +02:35:02 (42.1%) | 7:43 | 7.8 (58.2%) |
| 122 | DOMERACKI Mariusz | 2058 | | Open M | 98 | 02:05:33 | 04:09:03 | 06:08:46.60 | 06:08:46.60 | +02:35:37 (42.2%) | 7:43 | 7.8 (58.2%) |
| 123 | TOŚ Piotr | 2259 | | Open M | 99 | 02:10:21 | 04:13:29 | 06:09:47.20 | 06:09:47.20 | +02:36:38 (42.4%) | 7:45 | 7.7 (57.5%) |
| 124 | KARASIŃSKI Radek | 2111 | 18 PUŁK ARTYLERII NOWA DĘBA | Open M | 100 | 02:10:21 | 04:13:24 | 06:09:47.35 | 06:09:47.35 | +02:36:38 (42.4%) | 7:45 | 7.7 (57.5%) |
| 125 | AWRUK Agata | 2014 | KOMOSA CREW | Open K | 25 | 02:17:30 | | 06:10:11.00 | 06:10:11.00 | +02:37:01 (42.4%) | 7:45 | 7.7 (57.5%) |
| 126 | GROMEK Edyta | 2086 | SZYBCIEJ NIE DAM RADY/NIEMCE TEAM | Open K | 26 | 02:14:43 | 04:18:28 | 06:10:34.05 | 06:10:34.05 | +02:37:24 (42.5%) | 7:46 | 7.7 (57.5%) |
| 127 | DORCZUK Agata | 2059 | | Open K | 27 | 02:14:41 | 04:19:56 | 06:10:52.85 | 06:10:52.85 | +02:37:43 (42.5%) | 7:46 | 7.7 (57.5%) |
| 128 | KILJANSKI Kamil | 2305 | | Open M | 101 | 02:17:26 | 04:21:21 | 06:10:56.25 | 06:10:56.25 | +02:37:47 (42.5%) | 7:46 | 7.7 (57.5%) |
| 129 | PAULOVICZ Marianna | 2198 | | Open K | 28 | 02:18:44 | 04:25:32 | 06:11:13.25 | 06:11:13.25 | +02:38:04 (42.6%) | 7:46 | 7.7 (57.5%) |
| 130 | ZIĘTARA-NOSEK Bożena | 2290 | KKM KALORYFER | Open K | 29 | 02:17:40 | 04:22:23 | 06:11:49.80 | 06:11:49.80 | +02:38:40 (42.7%) | 7:47 | 7.7 (57.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy | | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|-----------------------|-----------|------|--------------|-------------------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Górne 18.7km | Przybyszów 34.2km | netto 47.7km | brutto 47.7km | | | |
| 131 | CZABAN Ewa | 2048 | | Open K | 30 | 02:08:49 | 04:13:48 | 06:12:19.15 | 06:12:19.15 | +02:39:10 (42.8%) | 7:48 | 7.7 (57.5%) |
| 132 | STOPA Tomasz | 2248 | BASAJAUN | Open M | 102 | 02:10:53 | 04:17:37 | 06:12:40.05 | 06:12:40.05 | +02:39:30 (42.8%) | 7:48 | 7.7 (57.5%) |
| 133 | MARCZAK Sebastian | 2158 | | Open M | 103 | 02:11:05 | 04:20:01 | 06:14:38.15 | 06:14:38.15 | +02:41:29 (43.1%) | 7:51 | 7.6 (56.7%) |
| 134 | KRZYSZTOF Kamil | 2129 | | Open M | 104 | 02:05:55 | | 06:15:28.05 | 06:15:28.05 | +02:42:18 (43.2%) | 7:52 | 7.6 (56.7%) |
| 135 | ŁUKASZYK Radek | 2300 | KS WYTAPIANIE SADŁA | Open M | 105 | 02:11:05 | 04:18:14 | 06:15:38.10 | 06:15:38.10 | +02:42:28 (43.3%) | 7:52 | 7.6 (56.7%) |
| 136 | BĄKOWSKI Adam | 2017 | | Open M | 106 | 02:04:46 | 04:12:55 | 06:15:43.35 | 06:15:43.35 | +02:42:34 (43.3%) | 7:52 | 7.6 (56.7%) |
| 136 | TURNIAK Miłosz | 2263 | | Open M | 106 | 02:04:49 | 04:14:53 | 06:15:43.35 | 06:15:43.35 | +02:42:34 (43.3%) | 7:52 | 7.6 (56.7%) |
| 138 | DAWIDOWSKA Joanna | 2056 | HARPAGAN SOSNOWIEC | Open K | 31 | 02:15:23 | 04:23:46 | 06:16:18.50 | 06:16:18.50 | +02:43:09 (43.4%) | 7:53 | 7.6 (56.7%) |
| 139 | KRYSZKIEWICZ Tomasz | 2128 | | Open M | 108 | 02:10:11 | 04:20:14 | 06:17:36.70 | 06:17:36.70 | +02:44:27 (43.6%) | 7:54 | 7.6 (56.7%) |
| 140 | RZYMOWSKA Krystyna | 2226 | | Open K | 32 | 02:16:29 | 04:29:17 | 06:17:39.95 | 06:17:39.95 | +02:44:30 (43.6%) | 7:55 | 7.6 (56.7%) |
| 141 | DOROSZ Robert | 2060 | TEAM ZABIEGANEDNI | Open M | 109 | 02:12:37 | 04:19:43 | 06:18:28.35 | 06:18:28.35 | +02:45:19 (43.7%) | 7:56 | 7.6 (56.7%) |
| 142 | LEJMAN Adam | 2141 | | Open M | 110 | 02:14:06 | 04:23:25 | 06:19:11.45 | 06:19:11.45 | +02:46:02 (43.8%) | 7:56 | 7.5 (56.0%) |
| 143 | SOBCZAK Magdalena | 2239 | | Open K | 33 | 02:17:53 | 04:27:18 | 06:19:29.95 | 06:19:29.95 | +02:46:20 (43.8%) | 7:57 | 7.5 (56.0%) |
| 144 | TULA Renata | 2262 | | Open K | 34 | 02:15:19 | 04:27:03 | 06:20:09.65 | 06:20:09.65 | +02:47:00 (43.9%) | 7:58 | 7.5 (56.0%) |
| 145 | RZĘDZIAN Marcin | 2297 | ŁĘCZNA BIEGA | Open M | 111 | 02:10:47 | 04:22:36 | 06:21:24.85 | 06:21:24.85 | +02:48:15 (44.1%) | 7:59 | 7.5 (56.0%) |
| 146 | RAPACZ Andrzej | 2222 | | Open M | 112 | 02:07:49 | 04:15:01 | 06:21:42.50 | 06:21:42.50 | +02:48:33 (44.2%) | 8:00 | 7.5 (56.0%) |
| 147 | DOBRUT Krzysztof | 2057 | JD ŚLIMAKI | Open M | 113 | 02:08:58 | 04:23:31 | 06:22:37.35 | 06:22:37.35 | +02:49:28 (44.3%) | 8:01 | 7.5 (56.0%) |
| 148 | BELICA Daniel | 2018 | | Open M | 114 | 02:13:18 | 04:22:19 | 06:23:17.70 | 06:23:17.70 | +02:50:08 (44.4%) | 8:02 | 7.5 (56.0%) |
| 149 | KABZIŃSKI Marcin | 2110 | ANIA I CHŁOPAKI | Open M | 115 | 02:13:47 | 04:23:35 | 06:23:49.35 | 06:23:49.35 | +02:50:40 (44.5%) | 8:02 | 7.5 (56.0%) |
| 150 | PINDEL Piotr | 2203 | | Open M | 116 | 02:15:20 | 04:32:49 | 06:24:53.85 | 06:24:53.85 | +02:51:44 (44.6%) | 8:04 | 7.4 (55.2%) |
| 151 | BŁASZCZAK Jarosław | 2026 | IMPERIAL RUNNING TEAM | Open M | 117 | 02:05:04 | 04:16:15 | 06:24:57.05 | 06:24:57.05 | +02:51:47 (44.6%) | 8:04 | 7.4 (55.2%) |
| 152 | SZEWCZYK Monika | 2252 | KKM KALORYFER | Open K | 35 | 02:19:41 | 04:29:29 | 06:25:05.80 | 06:25:05.80 | +02:51:56 (44.6%) | 8:04 | 7.4 (55.2%) |
| 153 | PERLAK Magdalena | 2201 | TRAIL IS OUR WAY | Open K | 36 | 02:17:30 | 04:26:28 | 06:26:40.00 | 06:26:40.00 | +02:53:30 (44.9%) | 8:06 | 7.4 (55.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|-------------|----------------------------------|-----------|------|------------------------|----------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 154 | WILK Grzegorz | 2271 | RUN LOVING ANIMALS | Open M | 118 | 02:17:50 | 04:33:35 | 06:26:57.45 | 06:26:57.45 | +02:53:48 (44.9%) | 8:06 | 7.4 (55.2%) |
| 155 | KOTARSKI Marek | 2122 | KRS TKKF RELAKS WODZISŁAW ŚLĄSKI | Open M | 119 | 02:17:47 | 04:28:57 | 06:27:07.05 | 06:27:07.05 | +02:53:57 (44.9%) | 8:06 | 7.4 (55.2%) |
| 156 | CHODZIŃSKI Piotr | 2038 | | Open M | 120 | 02:14:03 | 04:20:35 | 06:27:19.75 | 06:27:19.75 | +02:54:10 (45.0%) | 8:07 | 7.4 (55.2%) |
| 157 | NIEDZIELA Michał | 2181 | | Open M | 121 | 02:14:00 | 04:29:47 | 06:27:34.80 | 06:27:34.80 | +02:54:25 (45.0%) | 8:07 | 7.4 (55.2%) |
| 158 | JAROŃ Magda | 2097 | | Open K | 37 | 02:19:37 | 04:36:55 | 06:28:08.95 | 06:28:08.95 | +02:54:59 (45.1%) | 8:08 | 7.4 (55.2%) |
| 159 | ANDRZEJEWSKI Michał | 2012 | | Open M | 122 | 02:25:05 | 04:31:02 | 06:29:09.60 | 06:29:09.60 | +02:56:00 (45.2%) | 8:09 | 7.4 (55.2%) |
| 160 | JEMIOŁA Paulina | 2104 | POGÓRZE ULTRA TRAIL | Open K | 38 | 02:17:49 | 04:32:00 | 06:30:44.55 | 06:30:44.55 | +02:57:35 (45.4%) | 8:11 | 7.3 (54.5%) |
| 161 | CIUPIŃSKA Magda | 2045 | #SZLACHTABIEGA | Open K | 39 | 02:18:15 | 04:34:13 | 06:31:09.95 | 06:31:09.95 | +02:58:00 (45.5%) | 8:12 | 7.3 (54.5%) |
| 162 | BARTELA Edyta | 2015 | DZIK KOMANDO | Open K | 40 | 02:13:56 | 04:32:03 | 06:31:34.45 | 06:31:34.45 | +02:58:25 (45.6%) | 8:12 | 7.3 (54.5%) |
| 163 | MALEWSKI Robert | 2157 | KB ORŁY Z KNUROWA | Open M | 123 | 02:19:50 | 04:32:23 | 06:32:58.90 | 06:32:58.90 | +02:59:49 (45.8%) | 8:14 | 7.3 (54.5%) |
| 164 | KUBIAK Rafał | 2132 | | Open M | 124 | 02:19:01 | 04:33:31 | 06:34:05.20 | 06:34:05.20 | +03:00:56 (45.9%) | 8:15 | 7.3 (54.5%) |
| 165 | NABORCZYK Sławomir | 2177 | | Open M | 125 | 02:20:09 | 04:32:57 | 06:34:41.30 | 06:34:41.30 | +03:01:32 (46.0%) | 8:16 | 7.3 (54.5%) |
| 166 | HENECZKOWSKI Łukasz | 2090 | BORN TO RUN | Open M | 126 | 02:11:52 | 04:28:14 | 06:34:49.75 | 06:34:49.75 | +03:01:40 (46.0%) | 8:16 | 7.2 (53.7%) |
| 167 | GOŁDYN Katarzyna | 2082 | INFINITY GYM | Open K | 41 | 02:26:32 | 04:40:44 | 06:35:56.50 | 06:35:56.50 | +03:02:47 (46.2%) | 8:18 | 7.2 (53.7%) |
| 168 | NAWROCKA-MUSZYŃSKA Paulina | 2179 | | Open K | 42 | 02:30:56 | 04:41:41 | 06:37:23.95 | 06:37:23.95 | +03:04:14 (46.4%) | 8:19 | 7.2 (53.7%) |
| 169 | STYRNA Bartosz | 2249 | | Open M | 127 | 02:13:43 | 04:32:13 | 06:38:03.55 | 06:38:03.55 | +03:04:54 (46.5%) | 8:20 | 7.2 (53.7%) |
| 170 | GAŁECKI Piotr | 2071 | KULAWE KONIE | Open M | 128 | 02:19:06 | 04:43:53 | 06:38:12.55 | 06:38:12.55 | +03:05:03 (46.5%) | 8:20 | 7.2 (53.7%) |
| 171 | PIWKO Maciej | 2205 | | Open M | 129 | 02:25:44 | 04:42:26 | 06:38:46.05 | 06:38:46.05 | +03:05:36 (46.5%) | 8:21 | 7.2 (53.7%) |
| 172 | BONDAR Krzysztof | 2030 | MOUNTAIN RUNNING GUIDES | Open M | 130 | 02:26:17 | 04:35:54 | 06:39:29.85 | 06:39:29.85 | +03:06:20 (46.6%) | 8:22 | 7.2 (53.7%) |
| 173 | KABALA Joanna | 2109 | ZDANOWSKI TRAIL TEAM | Open K | 43 | 02:26:44 | 04:37:36 | 06:39:53.00 | 06:39:53.00 | +03:06:43 (46.7%) | 8:22 | 7.2 (53.7%) |
| 174 | BENASIEWICZ Rafał | 2019 | | Open M | 131 | 02:17:34 | | 06:39:56.65 | 06:39:56.65 | +03:06:47 (46.7%) | 8:23 | 7.2 (53.7%) |
| 175 | LINNAMAGI Ott | 2145 | | Open M | 132 | 02:09:25 | 04:24:47 | 06:40:38.75 | 06:40:38.75 | +03:07:29 (46.8%) | 8:23 | 7.1 (53.0%) |
| 176 | ŚLUSARCZYK Edyta | 2255 | | Open K | 44 | 02:19:28 | 04:42:31 | 06:41:45.05 | 06:41:45.05 | +03:08:35 (46.9%) | 8:25 | 7.1 (53.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|-------------|--------------------------|-----------|------|---------------------|-------------------|--------------------|--------------------|-------------------|--------------|-------------|
| 177 | DANEL Roman | 2055 | | Open M | 133 | 02:17:33 | 04:40:55 | 06:42:45.65 | 06:42:45.65 | +03:09:36 (47.1%) | 8:26 | 7.1 (53.0%) |
| 178 | JASKÓLSKI Marcin | 2101 | GRUPA BIEGOWA CHTMO | Open M | 134 | 02:17:55 | 04:42:43 | 06:43:41.75 | 06:43:41.75 | +03:10:32 (47.2%) | 8:27 | 7.1 (53.0%) |
| 179 | GRZESIK Marcin | 2087 | GRUPA BIEGOWA CHTMO | Open M | 135 | 02:17:58 | 04:42:49 | 06:43:42.00 | 06:43:42.00 | +03:10:32 (47.2%) | 8:27 | 7.1 (53.0%) |
| 180 | PŁUCIŚ Małgorzata | 2208 | GRUPA BIEGOWA CHTMO | Open K | 45 | 02:17:57 | 04:40:59 | 06:43:42.05 | 06:43:42.05 | +03:10:32 (47.2%) | 8:27 | 7.1 (53.0%) |
| 181 | ŁATKOWSKI Łukasz | 2149 | GRUPA BIEGOWA CHTMO | Open M | 136 | 02:17:58 | 04:41:03 | 06:43:42.20 | 06:43:42.20 | +03:10:33 (47.2%) | 8:27 | 7.1 (53.0%) |
| 182 | ĆMIELIŃSKI Tomasz | 2053 | | Open M | 137 | 02:18:27 | 04:32:10 | 06:44:09.50 | 06:44:09.50 | +03:11:00 (47.3%) | 8:28 | 7.1 (53.0%) |
| 183 | SZELAĞIEWICZ Patrycja | 2250 | | Open K | 46 | 02:22:28 | 04:40:28 | 06:44:17.30 | 06:44:17.30 | +03:11:08 (47.3%) | 8:28 | 7.1 (53.0%) |
| 184 | PIWKO Wojciech | 2206 | | Open M | 138 | 02:25:05 | 04:44:05 | 06:44:22.85 | 06:44:22.85 | +03:11:13 (47.3%) | 8:28 | 7.1 (53.0%) |
| 185 | WYSZYŃSKI Marcin | 2282 | RELENTNES | Open M | 139 | 02:19:31 | 04:34:58 | 06:44:30.10 | 06:44:30.10 | +03:11:20 (47.3%) | 8:28 | 7.1 (53.0%) |
| 186 | KAWA Wioletta | 2112 | | Open K | 47 | 02:25:53 | 04:44:49 | 06:44:53.95 | 06:44:53.95 | +03:11:44 (47.4%) | 8:29 | 7.1 (53.0%) |
| 187 | PSZENNY Łukasz | 2215 | ULTRINO AMATEUR | Open M | 140 | 02:20:54 | 04:45:06 | 06:46:34.85 | 06:46:34.85 | +03:13:25 (47.6%) | 8:31 | 7 (52.2%) |
| 188 | KOZA Joanna | 2124 | LUBONIEWKA TEAM | Open K | 48 | 02:30:51 | 04:44:55 | 06:49:28.45 | 06:49:28.45 | +03:16:19 (47.9%) | 8:35 | 7 (52.2%) |
| 189 | BIENIAS-OWCZARCZYK Paulina | 2024 | | Open K | 49 | 02:17:09 | 04:41:28 | 06:49:31.35 | 06:49:31.35 | +03:16:22 (48.0%) | 8:35 | 7 (52.2%) |
| 190 | SADOWSKI Przemysław | 2229 | | Open M | 141 | 02:26:46 | 04:47:45 | 06:51:54.80 | 06:51:54.80 | +03:18:45 (48.3%) | 8:38 | 6.9 (51.5%) |
| 191 | ZAJĄC Anna | 2283 | | Open K | 50 | 02:28:00 | 04:50:48 | 06:52:05.70 | 06:52:05.70 | +03:18:56 (48.3%) | 8:38 | 6.9 (51.5%) |
| 192 | CZABAN Katarzyna | 2047 | KULAM SIĘ JAK GUMIKLYJZY | Open K | 51 | 02:33:16 | 04:52:50 | 06:52:21.55 | 06:52:21.55 | +03:19:12 (48.3%) | 8:38 | 6.9 (51.5%) |
| 193 | ŚWIĄTEK Przemysław | 2256 | | Open M | 142 | 02:17:35 | 04:46:22 | 06:52:31.95 | 06:52:31.95 | +03:19:22 (48.3%) | 8:38 | 6.9 (51.5%) |
| 194 | TYLUTKI Agnieszka | 2264 | | Open K | 52 | 02:28:25 | 04:52:35 | 06:53:02.35 | 06:53:02.35 | +03:19:53 (48.4%) | 8:39 | 6.9 (51.5%) |
| 195 | KOT Tomasz | 2121 | | Open M | 143 | 02:14:22 | 04:45:31 | 06:53:54.95 | 06:53:54.95 | +03:20:45 (48.5%) | 8:40 | 6.9 (51.5%) |
| 196 | POL Mateusz | 2211 | | Open M | 144 | 02:35:35 | 04:51:13 | 06:54:11.55 | 06:54:11.55 | +03:21:02 (48.5%) | 8:40 | 6.9 (51.5%) |
| 197 | FRYC Monika | 2068 | | Open K | 53 | 02:27:39 | 04:47:14 | 06:54:15.65 | 06:54:15.65 | +03:21:06 (48.5%) | 8:41 | 6.9 (51.5%) |
| 198 | KROWINSKI Michal | 2127 | | Open M | 145 | 02:26:25 | 04:45:20 | 06:54:47.55 | 06:54:47.55 | +03:21:38 (48.6%) | 8:41 | 6.9 (51.5%) |
| 199 | BOROWSKI Andrzej | 2031 | | Open M | 146 | 02:15:42 | 04:42:19 | 06:55:39.50 | 06:55:39.50 | +03:22:30 (48.7%) | 8:42 | 6.9 (51.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy | | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|-----------------------|-----------|------|--------------|-------------------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Górne 18.7km | Przybyszów 34.2km | netto 47.7km | brutto 47.7km | | | |
| 200 | LENKIEWICZ Aleksander | 2143 | WKURWTEAM | Open M | 147 | 02:29:45 | 04:49:13 | 06:56:55.65 | 06:56:55.65 | +03:23:46 (48.9%) | 8:44 | 6.9 (51.5%) |
| 201 | WÓJCICKI Marcin | 2278 | NOWYSTYL RUNNING TEAM | Open M | 148 | 02:14:27 | 04:55:03 | 06:57:08.05 | 06:57:08.05 | +03:23:58 (48.9%) | 8:44 | 6.9 (51.5%) |
| 202 | SOBCZYK-SPYT Agata | 2240 | | Open K | 54 | 02:22:08 | 04:53:44 | 06:57:36.95 | 06:57:36.95 | +03:24:27 (49.0%) | 8:45 | 6.9 (51.5%) |
| 203 | CISKOWSKA Weronika | 2044 | | Open K | 55 | 02:30:48 | 04:49:16 | 06:57:55.55 | 06:57:55.55 | +03:24:46 (49.0%) | 8:45 | 6.8 (50.7%) |
| 204 | MAGOCSY Helena | 2152 | | Open K | 56 | 02:32:50 | 04:55:23 | 06:57:58.60 | 06:57:58.60 | +03:24:49 (49.0%) | 8:45 | 6.8 (50.7%) |
| 205 | MAJERSKI Michał | 2155 | | Open M | 149 | 02:31:43 | 04:54:42 | 06:57:59.05 | 06:57:59.05 | +03:24:49 (49.0%) | 8:45 | 6.8 (50.7%) |
| 206 | PAPROCKI Bartłomiej | 2196 | | Open M | 150 | 02:21:29 | 04:49:30 | 06:58:40.80 | 06:58:40.80 | +03:25:31 (49.1%) | 8:46 | 6.8 (50.7%) |
| 207 | KUNIKOWSKA Aleksandra | 2135 | | Open K | 57 | 02:28:24 | 04:53:40 | 06:58:45.40 | 06:58:45.40 | +03:25:36 (49.1%) | 8:46 | 6.8 (50.7%) |
| 208 | SAMBORSKA Kinga | 2232 | | Open K | 58 | 02:35:27 | 04:55:31 | 07:00:14.45 | 07:00:14.45 | +03:27:05 (49.3%) | 8:48 | 6.8 (50.7%) |
| 209 | ZASADNI Paweł | 2286 | TEAM ENVOL SWIMRUN | Open M | 151 | 02:22:54 | 04:49:34 | 07:01:25.95 | 07:01:25.95 | +03:28:16 (49.4%) | 8:50 | 6.8 (50.7%) |
| 210 | PYKA Tomasz | 2218 | | Open M | 152 | 02:19:50 | 04:52:31 | 07:03:24.80 | 07:03:24.80 | +03:30:15 (49.7%) | 8:52 | 6.8 (50.7%) |
| 211 | OBERC Łukasz | 2303 | FINISZ RYMANÓW | Open M | 153 | 02:19:28 | 04:46:07 | 07:03:45.60 | 07:03:45.60 | +03:30:36 (49.7%) | 8:53 | 6.8 (50.7%) |
| 212 | BRZOZOWSKA Teresa | 2035 | KB MCKIS JAWORZNO | Open K | 59 | 02:29:22 | 04:52:40 | 07:03:49.90 | 07:03:49.90 | +03:30:40 (49.7%) | 8:53 | 6.8 (50.7%) |
| 213 | FUDAŁA Piotr | 2069 | | Open M | 154 | 02:27:36 | 04:53:33 | 07:03:50.20 | 07:03:50.20 | +03:30:41 (49.7%) | 8:53 | 6.8 (50.7%) |
| 214 | JÓZWIAK Mikołaj | 2108 | STG WARSZAWA | Open M | 155 | 02:26:15 | 05:01:17 | 07:06:20.80 | 07:06:20.80 | +03:33:11 (50.0%) | 8:56 | 6.7 (50.0%) |
| 215 | MOKRZYCKI Patryk | 2172 | SAINT-GOBAIN SQUAD | Open M | 156 | 02:39:33 | 05:08:17 | 07:06:46.35 | 07:06:46.35 | +03:33:37 (50.1%) | 8:56 | 6.7 (50.0%) |
| 216 | KARASIŃSKI Damian | 2301 | | Open M | 157 | 02:23:19 | 04:48:36 | 07:07:02.80 | 07:07:02.80 | +03:33:53 (50.1%) | 8:57 | 6.7 (50.0%) |
| 217 | KULAS Katarzyna | 2134 | | Open K | 60 | 02:33:52 | 04:51:45 | 07:07:16.25 | 07:07:16.25 | +03:34:07 (50.1%) | 8:57 | 6.7 (50.0%) |
| 218 | BIELIŃSKI Tomasz | 2023 | | Open M | 158 | 02:32:35 | 04:58:23 | 07:08:33.05 | 07:08:33.05 | +03:35:23 (50.3%) | 8:59 | 6.7 (50.0%) |
| 219 | CIMOSZKO Katarzyna | 2042 | BR - W STRONĘ ULTRA | Open K | 61 | 02:31:10 | 04:56:22 | 07:08:39.90 | 07:08:39.90 | +03:35:30 (50.3%) | 8:59 | 6.7 (50.0%) |
| 220 | ZAWITKOWSKI Bartosz | 2288 | | Open M | 159 | 02:19:52 | 04:47:34 | 07:09:42.45 | 07:09:42.45 | +03:36:33 (50.4%) | 9:00 | 6.7 (50.0%) |
| 221 | RYSZKO Grzegorz | 2224 | NEW BALANCE RUN CLUB | Open M | 160 | 02:17:15 | 04:51:06 | 07:10:24.05 | 07:10:24.05 | +03:37:14 (50.5%) | 9:01 | 6.6 (49.3%) |
| 222 | LEŃCZUK Andrzej | 2144 | | Open M | 161 | 02:25:23 | 04:55:08 | 07:12:52.60 | 07:12:52.60 | +03:39:43 (50.8%) | 9:04 | 6.6 (49.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|--|-----------|------|---------------------|-------------------|--------------------|--------------------|-------------------|--------------|-------------|
| 223 | TATRZANSKI Tomasz | 2258 | DZIKIE ŻYCIE RUN TEAM & KKB MOSIR KROSNO | Open M | 162 | 02:21:56 | 04:57:51 | 07:15:20.65 | 07:15:20.65 | +03:42:11 (51.0%) | 9:07 | 6.6 (49.3%) |
| 224 | GOLA Karolina | 2080 | | Open K | 62 | 02:41:14 | 05:07:23 | 07:19:00.90 | 07:19:00.90 | +03:45:51 (51.4%) | 9:12 | 6.5 (48.5%) |
| 225 | LARA Natalia | 2140 | WARRIORS ŁÓDŹ | Open K | 63 | 02:41:32 | 05:13:08 | 07:19:09.60 | 07:19:09.60 | +03:46:00 (51.5%) | 9:12 | 6.5 (48.5%) |
| 226 | CERAN Artur | 2036 | BRAVOSRUNTEAM | Open M | 163 | 02:21:23 | 05:07:41 | 07:20:01.95 | 07:20:01.95 | +03:46:52 (51.6%) | 9:13 | 6.5 (48.5%) |
| 227 | LEMIEC Agnieszka | 2306 | | Open K | 64 | 02:33:46 | 05:02:28 | 07:20:09.10 | 07:20:09.10 | +03:46:59 (51.6%) | 9:13 | 6.5 (48.5%) |
| 228 | NAGORSKI Jacek | 2178 | | Open M | 164 | 02:27:45 | 04:51:25 | 07:22:00.70 | 07:22:00.70 | +03:48:51 (51.8%) | 9:15 | 6.5 (48.5%) |
| 229 | GĘBSKI Sławomir | 2076 | KKM KALORYFER | Open M | 165 | 02:34:46 | 05:07:47 | 07:25:11.85 | 07:25:11.85 | +03:52:02 (52.1%) | 9:19 | 6.4 (47.8%) |
| 230 | PIOTROWSKA Anna | 2204 | KULAWE KONIE | Open K | 65 | 02:19:05 | 04:59:34 | 07:25:31.00 | 07:25:31.00 | +03:52:21 (52.2%) | 9:20 | 6.4 (47.8%) |
| 231 | KOZIOŁ Ewa | 2126 | RUNPROGRESS.PL TEAM | Open K | 66 | 02:47:47 | 05:17:39 | 07:27:20.15 | 07:27:20.15 | +03:54:11 (52.4%) | 9:22 | 6.4 (47.8%) |
| 232 | ŁAPIŃSKI Kamil | 2148 | CROSSBOX KASZUBY | Open M | 166 | 02:35:25 | 05:12:01 | 07:28:06.75 | 07:28:06.75 | +03:54:57 (52.4%) | 9:23 | 6.4 (47.8%) |
| 233 | MARKOWSKI Marek | 2161 | | Open M | 167 | 02:28:21 | 04:50:06 | 07:30:02.35 | 07:30:02.35 | +03:56:53 (52.6%) | 9:26 | 6.4 (47.8%) |
| 234 | ANDRZEJEWSKI Krzysztof | 2013 | | Open M | 168 | 02:28:20 | 04:51:49 | 07:30:02.50 | 07:30:02.50 | +03:56:53 (52.6%) | 9:26 | 6.4 (47.8%) |
| 235 | ZARZECKA Justyna | 2285 | | Open K | 67 | 02:40:00 | 05:15:49 | 07:31:00.05 | 07:31:00.05 | +03:57:50 (52.7%) | 9:27 | 6.3 (47.0%) |
| 236 | GILEWSKI Bartłomiej | 2077 | #NIEZESRAJSIE | Open M | 169 | 02:39:55 | 05:15:30 | 07:31:00.10 | 07:31:00.10 | +03:57:50 (52.7%) | 9:27 | 6.3 (47.0%) |
| 237 | MITEK Andrzej | 2170 | | Open M | 170 | 02:39:32 | 05:12:16 | 07:32:21.05 | 07:32:21.05 | +03:59:11 (52.9%) | 9:28 | 6.3 (47.0%) |
| 238 | MITEK Dorota | 2169 | | Open K | 68 | 02:39:31 | 05:12:13 | 07:32:21.10 | 07:32:21.10 | +03:59:11 (52.9%) | 9:28 | 6.3 (47.0%) |
| 239 | BIELIŃSKI Michał | 2022 | WERAARMY | Open M | 171 | 02:35:19 | 05:10:20 | 07:36:11.90 | 07:36:11.90 | +04:03:02 (53.3%) | 9:33 | 6.3 (47.0%) |
| 240 | SKALA Sabina | 2235 | | Open K | 69 | 02:29:49 | 05:02:13 | 07:36:27.05 | 07:36:27.05 | +04:03:17 (53.3%) | 9:34 | 6.3 (47.0%) |
| 241 | MARKIEWICZ Jarek | 2160 | TRIWAWA | Open M | 172 | 02:43:34 | 05:20:38 | 07:40:15.55 | 07:40:15.55 | +04:07:06 (53.7%) | 9:38 | 6.2 (46.3%) |
| 242 | DZIAMSKI Marcin | 2061 | TRIWAWA | Open M | 173 | 02:43:32 | 05:21:49 | 07:40:15.85 | 07:40:15.85 | +04:07:06 (53.7%) | 9:38 | 6.2 (46.3%) |
| 243 | WILCZEK Łukasz | 2270 | | Open M | 174 | 02:37:08 | 05:14:09 | 07:40:18.95 | 07:40:18.95 | +04:07:09 (53.7%) | 9:38 | 6.2 (46.3%) |
| 244 | WÓJTOWICZ Paweł | 2280 | | Open M | 175 | 02:53:24 | 05:31:27 | 07:41:34.90 | 07:41:34.90 | +04:08:25 (53.8%) | 9:40 | 6.2 (46.3%) |
| 245 | GLINKOWSKA Monika | 2079 | | Open K | 70 | 02:40:27 | 05:18:38 | 07:41:48.75 | 07:41:48.75 | +04:08:39 (53.8%) | 9:40 | 6.2 (46.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Puławy Górne 18.7km | Przybyszów 34.2km | Czas netto 47.7km | Czas brutto 47.7km | Różn | Tempo min/km | Tempo km/h |
|---|-------------------------------|-------------|----------------------|-----------|------|------------------------|----------------------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 246 | WIĘSIK Michał | 2269 | | Open M | 176 | 02:30:31 | 05:06:58 | 07:42:12.85 | 07:42:12.85 | +04:09:03 (53.9%) | 9:41 | 6.2 (46.3%) |
| 247 | NOWAK Karol | 2184 | | Open M | 177 | 02:40:45 | 05:24:33 | 07:42:33.60 | 07:42:33.60 | +04:09:24 (53.9%) | 9:41 | 6.2 (46.3%) |
| 248 | OLIMSKI Fabian | 2187 | ŁYDKATEAM | Open M | 178 | 02:39:26 | 05:18:21 | 07:43:03.05 | 07:43:03.05 | +04:09:53 (54.0%) | 9:42 | 6.2 (46.3%) |
| 249 | KUBAT Małgorzata | 2130 | | Open K | 71 | 02:44:54 | 05:24:29 | 07:43:39.90 | 07:43:39.90 | +04:10:30 (54.0%) | 9:43 | 6.2 (46.3%) |
| 250 | OCHREMIAK Aleksandra | 2186 | | Open K | 72 | 02:48:17 | 05:28:01 | 07:45:10.25 | 07:45:10.25 | +04:12:01 (54.2%) | 9:45 | 6.2 (46.3%) |
| 251 | JANKOWY Waldemar | 2095 | | Open M | 179 | 02:44:51 | 05:31:30 | 07:46:29.35 | 07:46:29.35 | +04:13:20 (54.3%) | 9:46 | 6.1 (45.5%) |
| 252 | WOŁOWIEC Krzysztof | 2276 | LABORATORYJNIE.PL | Open M | 180 | 02:34:31 | 05:24:25 | 07:49:01.85 | 07:49:01.85 | +04:15:52 (54.6%) | 9:49 | 6.1 (45.5%) |
| Przekroczony limit czasu: 08:00:00 | | | | | | | | | | | | |
| 253 | JĘDRZEJSKA Beata | 2107 | | Open K | 73 | 02:52:32 | 06:02:41 | 08:19:13.65 | 08:19:13.65 | +04:46:04 (57.3%) | 10:27 | 5.7 (42.5%) |
| 254 | MIKOŁAJCZYK Małgorzata | 2167 | MIRAZ RACE TEAM | Open K | 74 | 02:52:35 | 06:02:50 | 08:19:13.70 | 08:19:13.70 | +04:46:04 (57.3%) | 10:27 | 5.7 (42.5%) |
| 255 | MZYK Fabian | 2176 | STS BIEGATON | Open M | 181 | 02:52:02 | 05:57:22 | 08:32:07.95 | 08:32:07.95 | +04:58:58 (58.4%) | 10:44 | 5.6 (41.8%) |
| 256 | MAGOCSY Justyna | 2153 | | Open K | 75 | 03:11:19 | 06:06:28 | 08:38:37.90 | 08:38:37.90 | +05:05:28 (58.9%) | 10:52 | 5.5 (41.0%) |
| 257 | KARPIŃSKA Nina | 2307 | TEAM ZABIEGANEDNI | Open K | 76 | 03:25:55 | 06:49:58 | 09:53:32.40 | 09:53:32.40 | +06:20:23 (64.1%) | 12:26 | 4.8 (35.8%) |
| | CHOMA Marek | 2040 | PĘDZĄCE LENIWCE | Open M | | DNF | 04:24:07 DNF | DNF | DNF | | - | - (0.0%) |
| | LENART Wioleta | 2142 | | Open K | | 02:46:57 DNF | 05:50:07 DNF | DNF | DNF | | - | - (0.0%) |
| | RAKOWSKI Edward | 2221 | | Open M | | 02:14:51 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | CZAPIEWSKI Jacek | 2050 | MKS KLOPS | Open M | | 02:39:31 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | GAWRON Jakub | 2074 | AW - SZYBCIEJ - TEAM | Open M | | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 262 wynik(ów)